OLLI at LSU BULLETIN

Spring 2019 • Osher Lifelong Learning Institute

Courses are held at various locations on and off the LSU campus.
Welcome to OLLI at LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 122 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

OLLI at LSU is now a program of LSU Digital & Continuing Education. This new university division combines the Continuing Education programs with LSU Online credit degree programs, strengthening LSU’s focus on engagement with off-campus and lifelong learners.

We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. Come learn with us!

Our mission is to foster lifelong learning and individual growth for learners ages 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

**MEMBERSHIP**

OLLI at LSU is open to anyone who meets its two requirements:

1. is 50 years old and older; and
2. enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is $50. The fee covers the entire membership year, so join now to take advantage of this year’s offerings. Membership entitles you to a wide range of benefits, including registering in as many noncredit OLLI courses as you like by paying course fees and any additional book or supply fees.

OLLI at LSU members are part of a larger network of 122 OLLIs throughout the US, together comprising more than 1100 university campuses in nearly 379 cities and towns across the nation.

An OLLI member may attend activities offered by any chapter within OLLI at LSU: Felicianas Chapter or Lagniappe Chapter. See the inside back cover for more information to OLLI at LSU.

**OLLI MEMBERSHIP GUIDELINES ON PAYING YOUR MEMBERSHIP FEE.**

- **ILLUSTRATED EDITIONS:** OLLI members have access to a wide range of benefits, including registering in as many noncredit OLLI courses as you like by paying course fees and any additional book or supply fees. An OLLI member may attend activities offered by any chapter within OLLI at LSU: Felicianas Chapter or Lagniappe Chapter. See the inside back cover for guidelines on paying your membership fee.

**OLLI AT LSU BENEFITS**

- **Courses:** Experience learning something fun, challenging or amazing—200 choices this year.
- **Field Trips:** Visit special places throughout southern Louisiana and surrounding states.
- **Coffees:** Drink coffee and hear outstanding speakers on topics of current interest.
- **Nature Walks:** Enjoy naturalist-accompanied walks on the third Friday of the month in some of the most beautiful places in southern Louisiana and Mississippi.
- **OLLI NEWS:** A weekly email newsletter listing upcoming OLLI activities and local interests.
- **Locations:** Programs offered at 15 locations throughout southern Louisiana.
- **LSU Museum of Art:** 10% discount on LSU MOA memberships at the Friend level or higher.
- **LSU Library Privileges:** Check out up to 10 books or other materials at a time and have access to the University’s more than 500 databases on campus.
- **LSU Leisure Courses:** Try something new and get a 20% discount from the published course fee using a special OLLI discount code published in member publications (like the OLLI News).
- **Manship Theatre at the Shaw Center for the Arts:** Get a discount on films ($3) and live concerts ($5) at the Manship Theatre by typing “OLLI” in the discount code section during online checkout, or by requesting the “OLLI” discount when purchasing tickets at the box office.
- **LSU University Recreation Center (UREC):** Memberships available for OLLI members.
- **OLLI Membership Directory:** An annual list of OLLI members.
- **Campus Federal Credit Union:** Full membership privileges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535 Nicholson Extension, Perkins Road Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at campusfederal.org.
- **Special Access:** Other special membership benefits in your local community.
- **Best of All Benefits:** Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

**INCLEMENT WEATHER AND CLASS CANCELLATIONS**

We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we follow the LSU’s closing announcements (check online: www.lsu.edu).

**HAVE QUESTIONS?**

Give us a call at 225-578-2500 Monday–Friday, 8:00 a.m.–4:30 p.m., or visit the OLLI website at www.outreach.lsu.edu/OLLI for more information.

Register online: www.outreach.lsu.edu/OLLI · Contact OLLI at LSU: 225-578-2500

LIKE US ON FACEBOOK @OLLIatLSU

OSHER LIFELONG LEARNING INSTITUTE AT LSU

Digital & Continuing Education
1225 Pleasant Hall
Baton Rouge, LA 70803
Phone: 225-578-2500 Fax: 225-578-4800
Website: www.outreach.lsu.edu/OLLI
Email: OLLI@outreach.lsu.edu

DIGITAL & CONTINUING EDUCATION STAFF REPRESENTATIVES

Tara Stevens Trimble, Director
Lisa Graves, Senior Director
## Felicianas Chapter Courses

### Session 1

**Monday**
- 8:00 a.m.–9:00 a.m.
  - Basic Yoga OFBEYOG.(39)
    - Market Hall
    - Instructor: Owen Kemp

- 9:00 a.m.–10:00 a.m.
  - Beginning Yoga OFGEYOG.(10)
    - West Feliciana Parish Library
    - Instructor: Jane Simmons

- 10:00 a.m.–11:00 a.m.
  - Modern Art, Part 2 OFMOD.(1)
    - West Feliciana Parish Library
    - Instructor: Marchita Mauck

- 10:00 a.m.–11:00 a.m.
  - Chair Exercise OFCHE.(1)
    - First Baptist Church
    - Instructor: Pat Heurtin

**Tuesday**
- 8:00 a.m.–9:00 a.m.
  - Great Decisions 2019 OFGRDEC.(8)
    - West Feliciana Parish Library
    - Facilitator: Sam LeBlanc

- 1:00 p.m.–4:00 p.m.
  - Campaign Finance: From the Founders Forward OFCFCHC.(1)
    - West Feliciana Parish Library
    - Instructor: Linda Lightfoot

- 1:30 p.m.–3:30 p.m.
  - Acrylic Painting Made Easy OFAPME.(2)
    - First Baptist Church
    - Instructor: Patti Lee Smith

- 5:00 p.m.–7:00 p.m.
  - Creative Confections: Decorating Cakes & Other Edibles OFCCDC.(2)
    - First Baptist Church
    - Instructor: Michelle Waller

**Wednesday**
- 8:00 a.m.–9:00 a.m.
  - The Supreme Court & Race OFSCAR.(1)
    - West Feliciana Parish Library
    - Instructor: Jim Bolner, Sr.

- 1:00 p.m.–3:00 p.m.
  - A Bible Study by Jennifer Rothschild OFBSJR.(1)
    - West Feliciana Parish Library
    - Instructor: Carla McLemore

- 5:00 p.m.–7:00 p.m.
  - Wine Appreciation OFWINE.(7)
    - Audubon Market
    - Instructor: Various Speakers

**Thursday**
- 8:00 a.m.–9:00 a.m.
  - Early History of the Felicianas OFEHOF.(1)
    - West Feliciana Parish Library
    - Instructor: William McClendon, III

- 9:00 a.m.–10:00 a.m.
  - Beginning French, Continued OFFFBC.(12)
    - First Baptist Church
    - Instructor: Sally Jones

- 1:00 p.m.–3:00 p.m.
  - Field Trip: Writers & Readers Symposium: A Celebration of Literature & Art OFWRS.(5)
    - Hemingbough Convention Center

**Friday**
- 9:00 a.m.–10:00 a.m.
  - Field Trip: Writers Workshop Retreat OFWWBG.(5)
    - Hemingbough Convention Center

### Session 2

**Monday**
- 8:00 a.m.–9:00 a.m.
  - Basic Yoga OFBEYOG.(40)
    - Market Hall
    - Instructor: Owen Kemp

- 9:00 a.m.–10:00 a.m.
  - Beginning Yoga OFGEYOG.(11)
    - West Feliciana Parish Library
    - Instructor: Jane Simmons

### Inclement Weather and Class Cancellations

We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: www.lsu.edu
<table>
<thead>
<tr>
<th>Time</th>
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| 8:00 a.m.–11:00 a.m. | Introduction to Bird Watching: White Oak Plantation (4)  
Instructor: Jane Patterson | Tai Chi for Beginners: Williamsburg Senior Living (4)  
Community: John Howe | Williamsburg Senior Living (4)  
Community: John Howe | Tai Chi for Beginners: Williamsburg Senior Living (4)  
Community: John Howe |
| 9:00 a.m.–11:00 a.m. | Ballet & More for Fun & Fitness: White Oak Plantation (2)  
Instructor: Molly Buchmann | The Great Courses: Geological Wonders (1)  
Instructor: Tom Moore | Discovering a Coherent Christianity (1)  
University Baptist Church: Ron Perrett | Six in Six (1)  
St. James Place: Brian Pope |
| 9:15 a.m.–11:15 a.m. | Great Decisions 2019 (9)  
Broadmoor United Methodist Church  
Instructor: Nancy Sidener | March 2, 2019 (1)  
Broadmoor United Methodist Church  
Instructor: Erica Daigle | Keeping Yourself Safe (1)  
Broadmoor United Methodist Church: Linda Lightfoot | Passport to Italy, Level 2 (1)  
Broadmoor United Methodist Church: Fara Mabrey |
| 9:30 a.m.–10:45 a.m. | Basic Hatha Yoga (2)  
First Christian Church: Agnes Bickham | French Intermediate (18)  
Instructor: Denis Maguet | Blueberries, Citrus, Butterfly Plants, Plus OLPLUS (1)  
Broadmoor United Methodist Church: Marchita Mauck | Passport to Italy, Level 1 (15)  
Broadmoor United Methodist Church: Fara Mabrey |
| 10:00 a.m.–11:00 a.m. | Tai Chi for Beginners (7)  
Wesley Foundation: John Howe | Who Knew! & Tour of Historic Baton Rouge OLWK (1)  
St. James Place: Sue Potts | A History Smorgasbord (2)  
Broadmoor United Methodist Church: Trent James | Tai Chi for Beginners (7)  
Wesley Foundation: Henry Bradsher |
| 10:00 a.m.–12:00 p.m. | Movement in Art & Music (1)  
West Baton Rouge Museum: Jeannie Luckeatt | A History Smorgasbord (2)  
Broadmoor United Methodist Church: Henry Bradsher | Mexican Ink Art OLMA (3)  
Broadmoor United Methodist Church: Sandra Zaid | Jazz/Tap (6)  
Jeffie Jean Dance Studio: Jerisse Grantham |
| 11:30 a.m.–1:30 p.m. | The Great Courses: Geological Wonders (2)  
Broadmoor United Methodist Church: Tom Moore | Are You STILL Over 50? Current Advances in Medicine & Surgery (2)  
Broadmoor United Methodist Church: Francis Vanderwall | Current Moral Problems (3)  
Broadmoor United Methodist Church: Francis Vanderwall | A History Smorgasbord (2)  
Broadmoor United Methodist Church: Trent James |
| 9:00 a.m.–10:00 a.m. | Volunteer Needs: OLLI at LSU!  Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event?  Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc… If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu | Volunteer Needs: OLLI at LSU!  Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event?  Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc… If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu | Volunteer Needs: OLLI at LSU!  Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event?  Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc… If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu | Volunteer Needs: OLLI at LSU!  Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event?  Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc… If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu |
# Lagniappe Chapter Courses, continued

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<th>MONDAY</th>
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<td>12:00 p.m.–3:00 p.m.</td>
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<td>1:00 p.m.–3:30 p.m.</td>
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<tr>
<td>Contemporary Painting Techniques: Still Lifes OLCPT.(3)</td>
<td>Broadmoor United Methodist Church Instructor: Sandra Zaid</td>
<td>Our Lives in Film OLOLF.(2)</td>
<td>The Blake at The Grove Instructor: Peter Callery</td>
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<tr>
<td>Fabulous Felines, Part 2 OLFELF.(4)</td>
<td>Broadmoor United Methodist Church Instructor: Trish Kaplan</td>
<td>The Cold War in Eastern Europe OLCWAR.(1)</td>
<td>Broadmoor United Methodist Church Instructor: Karl Roeder</td>
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<td>The Fertile Crescent OLTFC.(1)</td>
<td>Broadmoor United Methodist Church Instructor: William Stickle</td>
<td>Spanish for Beginners, Part 1 OLSFB.(5)</td>
<td>Broadmoor United Methodist Church Instructor: Merrie Lee Logan</td>
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<td>Spanish for Beginners, Part 1 OLSFB.(5)</td>
<td>Broadmoor United Methodist Church Instructor: Merrie Lee Logan</td>
<td>Spanish for Intermediates, Part 2 OLSPIN.(3)</td>
<td>Broadmoor United Methodist Church Instructor: Merrie Lee Logan</td>
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<td>The History of Anti-Semitism OLCWAR.(1)</td>
<td>Williamsburg Senior Living Community Instructor: Barry Weinstein</td>
<td>The History of Anti-Semitism OLCWAR.(1)</td>
<td>Broadmoor United Methodist Church Instructor: Vernon Wright</td>
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<td>Great Decisions 2019 OLGDEC.(8)</td>
<td>St James Place Instructor: Nancy Sidener</td>
<td>The Psalms: Ancient &amp; Modern OLPRL.(2)</td>
<td>St. James Place Instructor: Tip Tipton</td>
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<tr>
<td>Line Dance OLLID.(19)</td>
<td>Jeffie Jean Dance Studio Instructor: Jerisse Grantham</td>
<td>Life Writing OLIFEW.(20)</td>
<td>Broadmoor United Methodist Church Instructor: Patt Roberson</td>
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<td>Music of the American Rivers OLMAR.(1)</td>
<td>Williamsburg Senior Living Community Instructor: Barry Weinstein</td>
<td>English Choral Music OLECM.(1)</td>
<td>Broadmoor United Methodist Church Instructor: Charlie Fryling</td>
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<tr>
<td>Yiddish &amp; Yinglish OLYY.(1)</td>
<td>Williamsburg Senior Living Community Instructor: Barry Weinstein</td>
<td>Landscapes of America, Part 2 OLLA.(2)</td>
<td>St. James Place Instructor: Charlie Fryling</td>
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<td>9:30 a.m.–10:45 a.m.</td>
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<td>Basic Hatha Yoga OLBHY.(3)</td>
<td>First Christian Church Instructor: Agnes Bickham</td>
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## EARLY BIRD SPECIAL
Register early to qualify for the Early Bird Special! Register by Monday, February 4 and pay the early bird fee, printed with the course description. On February 5, each course fee will increase by $5. If you usually mail your registration, please allow time for postal delivery to meet the February 4 deadline. Courses with low enrollment as of February 4 may be canceled. If you register by February 4 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees).
Acrylic Painting Made Easy
Patti guides you toward completing a painting using acrylics. Learn about the versatility of this medium using various techniques. Starting with a landscape, learn how to use different techniques and brushes to achieve the desired effects. Beginners are welcome. Prepare to be amazed with the results!

Note: This is a four-week course; a supply list is provided.

Time & Dates: 10:00 a.m.–4:00 p.m., Wed., Feb. 20, 27, Mar. 6, 13
Course Code: OFAPME(2)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Patti Lee Smith
Coordinator: Carla McLemore, 225-939-2545

Beginning Yoga
Have you been curious about yoga and its benefits? Discover the basics of breathing, stretching, and relaxation. Class is gentle and no prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and wear comfortable clothing that does not impede your activity.

Time & Dates: 9:00 a.m.–10:00 a.m., Wed. & Fri., Feb. 20, 22, 27, Mar. 1, 6, 8, 13, 15, 20, 22, 27, 29, Apr. 3, 5, 10, 12, 17, 19, 24, 26
Course Code: OFGYOG(10)
Course Fee: $55 (Early Bird Fee: $50)
Instructor: Jane Simmons
Coordinator: Carla Meaux, 225-721-2740

A Bible Study by Jennifer Rothschild
Participate in a Bible study using Jennifer Rothschild’s video-based workbook, Me, Myself, & Lies: A Thought Closet Makeover. Rather than struggling with unhealthy thoughts and emotions, learn to replace them with the truth from God’s Word. Clean out the junk in your thought closet and replace it with positive truths.

Time & Dates: 10:00 a.m.–3:00 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OFBRSJ.R(I)
Text: Me, Myself & Lies: A Thought Closet Makeover, by Jennifer Rothschild (available from instructor at first class)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Carla McLemore
Coordinator: Patti Lee Smith, 225-245-4341

Chair Exercise
Come spend two hours a week exercising, stretching, and relaxing with former YMCA Fitness Director, Pat Heurtin, guiding you through a safe exercise program. For safety reasons, bring a yoga mat to place on the floor beneath the chair to prevent slipping. Avoid eating for at least an hour prior to class. Dress in comfortable, non-binding clothing to enhance your exercise experience. Please note that some exercises will be done standing, using the chair for balance.

Note: Additional information will be emailed to all persons who enroll in the class.

Time & Dates: 10:00 a.m.–11:00 a.m., Tues. & Thurs., Feb. 21, 26, 28, Mar. 5, 7, 12, 19, 21, 26, 29

Confection Creations: Decorating Cakes & Other Edibles
Learn the basics of edible decorations. All materials will be provided. Taught by Michelle, Edibles Text:

Course Code: OFCHE.(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Pat Heurtin
Coordinator: Derrill Heurtin, 225-784-2731

Great Decisions 2019
Great Decisions, the centerpiece of the longest-running civic education program in the United States devoted to foreign affairs, empowers readers to discuss global issues shaping U.S. foreign policy and the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. Planned topics for 2019: Refugees and Global Migration; The Middle East: Regional Disorder; Nuclear Negotiations: Back to the Future?; The Rise of Populism in Europe; Decoding U.S.-China Trade; Cyber Conflicts and Geopolitics; The United States and Mexico: Partnership Tested; State of the State Department and Diplomacy. We can find an ongoing discussion of issues and purchase the textbook at the Great Decisions website: www.fpa.org/great_decisions.

Note: This is an eight-week course. Purchase textbook online prior to first class. Class limit is 20.

Time & Dates: 10:00 a.m.–12:00 p.m., Mon., Feb. 18, 25, Mar. 4, 11, 18, 25, Apr. 1, 8
Course Code: OFGDRDEC.(8)

Great Decisions 2019 Briefing Book, by the Foreign Policy Association
Course Fee: $45 (Early Bird Fee: $40)
Facilitator: Sam LeBlanc
Coordinator: Virginia Smith, 225-635-6162

Happy Feet: Tap Your Cares Away!
Have you always wanted to tap dance? Don’t miss this opportunity to learn. Wear hard-soled shoes (or tap shoes, if you have them) and enjoy the rhythmical sounds of your feet. It is fun and great exercise! Make this course your healthy choice. Be careful, though; you might get hooked! Why? Because you will leave this course with happy feet!

Time & Dates: 10:15 a.m.–12:15 p.m., Wed., Feb. 20, 27, Mar. 6, 13, 20, 27
Course Code: OFHFTC.(7)
Course Fee: $25 (Early Bird Fee: $20)
Instructor: William McClendon, III
Coordinator: Georgia LaCour, 225-635-1833

Chapter 1

Several aspects of the French language are covered in this introductory course. Become familiar with correct pronunciation of French sounds, and practice these sounds through reading and repetition. Learn common vocabulary and English meanings, and use this vocabulary in realistic conversations. Basic grammar points are discussed as needed. Cultural information is intermingled among all the lessons. Feel more confident and motivated to continue your study of the French language.

Time & Dates: 1:00 p.m.–3:30 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OFFBBC.(2)
Course Fee: $45 (Early Bird Fee: $40)
Instructor: Sally Jones
Coordinator: TBD

Time & Dates: TBD
Course Fee: TBD
Instructor: TBD
Coordinator: TBD

Early Bird Special
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Intermediate Bridge

Continue learning bridge in a fun and friendly atmosphere. Emphasis is on playing of the hand. Time is divided between instruction and actual playing hands with guidance of the instructor. It is not necessary for you to have taken the previous course, but a basic familiarity with bridge is suggested.

Time & Dates: 1:00 p.m.–4:00 p.m., Mon., Feb. 18, 25, Mar. 4, 11, 18, 25
Course Code: OFBFBN(5)
Course Fee: $45 (Early Bird Fee: $40)

Text: The Fun Way to Serious Bridge, by Harry Lampert
Instructor: Noelle LeBlanc
Coordinator: Tanya Stroud, 225-654-0009

Modern Art, Part 2

The explorations of artists building on the work of the Impressionists and Post-Impressionists laid the foundations for early modern art prior to WWI. Investigate the analytical and synthetic Cubism invented between 1908-1914 by Pablo Picasso and Georges Braque and look at modernism in Europe between the world wars. This includes Russian art, the Bauhaus in Germany, Dada, Surrealism, and the influence of these “isms” on sculpture and architecture of the period.

Time & Dates: 9:00 a.m.–11:00 a.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code: OFMOD(I)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Marchita Mauck
Coordinator: TBD

Natural History of Amphibians & Reptiles of Louisiana

Learn about the common species in Louisiana and the ecological niches occupied by each. Photographs are used to help identify most species. Explore each species’ habitat (terrestrial or aquatic, upland and lowland, pine woods, or oak woods), foods, breeding areas, and reproductive characteristics (egg laying or live birth, parental care or not, and special reproductive characteristics (egg laying or live birth, parental care or not, and special reproductive characteristics (egg laying or live birth, parental care or not, and special life histories). Groups covered include salamanders (14 species), frogs and toads (17 species—which included), turtles (23 species), lizards (8 species), snakes (34 species) and alligator (1 species). Discuss the impact of harvesting frogs, turtles, snakes, and alligators.

Time & Dates: 1:30 p.m.–3:30 p.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code: OFNAR(2)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Vernon Wright
Coordinator: Ada White, 225-978-1328

Richard Rohr:
Applying His Wisdom to the Second Half of Life

Explore the book, Falling Upwards: A Spirituality for the Two Halves of Life, and excerpts of a video presentation by Father Rohr on this topic. Focus on how to live in the second half of life, including finding the silver linings and blessings in suffering and failure. Class members are encouraged to share life experiences where this has been evident. Learn about the use of the Enneagram to better understand ourselves and how to relate to others, and take an on-line test to determine your Enneagram number. Throughout the course, other works and resources by Fr. Rohr will be introduced. As you learn about Fr. Rohr and his teachings, you may agree that he is one of the wisest persons alive today offering some of the most practical advice to be found on how to live in this complicated time.

Time & Dates: 10:00 a.m.–12:00 p.m., Wed., Feb. 20, 27, Mar. 13, 20, 27
Course Code: OFFRWT(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: David Treppendahl
Coordinator: Ellen Williams, 210-275-0988

The Supreme Court & Race

Analyze the ways that the U.S. Supreme Court has interpreted constitutional and statutory provisions relating to race. Examine the Court’s most important decisions dealing with slavery, and the Court’s interpretation of key constitutional and federal legislation in areas such as: civil and voting rights, affirmative action, school desegregation, and accommodations, housing, education, employment, criminal justice, national security, interracial marriage, and affirmative action.

Time & Dates: 9:00 a.m.–11:00 p.m., Thu., Feb. 21, 28, Mar. 14, 21, 28
Course Code: OFSCAR(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Jim Bolmer, Sr
Coordinator: Arlene Colmer, 225-634-9851

Wine Appreciation

Come join us for a unique wine tasting and food pairings experience at the Audubon Market in St. Francisville. Representatives from local wineries and distributors explain the fine qualities of their various wines and introduce new flavors. Suggestions and samples of food and dessert pairings will be enjoyed by all.

Note: This is a four-week course. $35 supply fee payable to Audubon Market is due at first class.

Time & Dates: 6:30 p.m.–8:00 p.m., Fri., Mar. 8, 15, 22, 29
Course Code: OFSWINE(7)
Course Fee: $25 (Early Bird Fee: $20)
Instructor: Various Speakers
Coordinator: Francy Schomburg, 225-635-6448

Basic Yoga

Breathe, stretch, and relax your way to a healthier life. No prior yoga experience is needed; however, you must be able to sit comfortably on yoga mat on the floor. Wear comfortable clothes and bring a yoga mat.

Time & Dates: 9:00 a.m.–3:30 p.m., Sun., Feb. 17
Course Code: OFWRSB(5)
Course Fee: $200
Coordinator: Missy Couhig, 504-427-0421

Lagniappe Chapter

Session 1

Are You STILL Over 50?

Current Advances in Medicine & Surgery

Learn from healthcare providers about diseases, age-related conditions, and ways you can maintain your quality of life and reduce disabilities. This ongoing series presents practicing physicians and other healthcare professionals in our community who discuss what their specialty can offer seniors in their healthcare needs.

Topics and presenters include:

February 18

Pathology: Turning a Deep Breath—Rales, Bronchi, Wheezes, Cough, Asthma, COPD, and Intensive Care. by William Hines, MD

Emergency Medicine: Don’t Just Stand There, Do Something—Where to Go and What to Do. by James Linford, MD

Neurosurgery: Brain and spinal cord—The body is forgiving but the brain is not. by Allen Joseph, MD

Nephrology: What do kidneys have to do with it all? by Robert Kenney, MD

Orthopedic Surgery: Wear and tear of joints and robotics, by Neil Linschoten, MD

Hematology: The blood and all that is in it, by Vince Cataldo, MD.

Time & Dates: 11:30 a.m.–1:30 p.m., Wed., Feb. 20, 27, Mar. 13, 20, 27
Course Code: OLYSOF(3)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Trent James
Coordinator: Karen Egedy, 225-937-7089

Field Trips

Writers & Readers Symposium: A Celebration of Literature & Art

Mark your calendar for an event featuring regional authors at Hemingbough Convention Center in St. Francisville, sponsored by A Celebration of Literature and Art, Inc. Authors selected include the Louisiana Poet Laureate, Dr. Jack Bedell, as well as Erin Spindler, C. H. Lawler, and others to be announced. Also, Alysson Fot Bourque leads a panel on “Publishing to Publicize” Saturday afternoon.

Time & Dates: 8:30 a.m.–3:30 p.m., Sat., Feb. 16
Course Code: OFWRS(5)
Course Fee: In advance, $35; at the door, $65
Coordinator: Missy Couhig, 504-427-0421

Lagniappe

Basic Hatha Yoga

Enjoy yoga and learn to enrich your lifestyle using basic yoga and breath with movement in this co-ed class. Breathe, stretch, and relax your way to improved posture, endurance, and flexibility. Wear comfortable clothes and bring a yoga mat, block and strap, (blanket/towel optional). No prior yoga experience is necessary; however, you must be able to sit comfortably on yoga mat on the floor to practice seated poses and be able to transition to standing poses. Join this class of wonderful yogis, discovering the present moment while gaining strength and core stability. Leave your shoes, cell phone, and the rest of the outside world, outside.

Time & Dates: 9:00 a.m.–11:00 a.m., Mon., Feb. 18, 25, Mar. 4, 11, 18, 25
Course Code: OLBMBF(2)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Molly Buchman
Coordinator: TBD

Blueberries, Citrus, Butterfly Plants, Plus

Want to grow blueberries and citrus in your landscape? Want to have plants in your yard that attract butterflies, bees, and hummingbirds near your house? Learn from several guest speakers. Dr. James shares his knowledge about butterflies and moths. Frances Falcon updates us on the use of “Carefree Roses” in the landscape. Richard Babin shows us how to put irrigation to our container plants. Join us to learn how to use natural landscape using native plants that do well in Louisiana.
Course Code: OLPPLUS(T)
Instructor: Claire Fontenot
Coordinator: Jack Carmena, 225-924-9925

The Cold War in Eastern Europe
Examine the Cold War from the perspective of the Soviet Union and its satellite countries in Eastern Europe. The Soviet system began as a thoroughly Stalinized creation, but after Stalin’s death in 1953, his successors saw that it was not providing the social and economic conditions that create a prosperous and satisfied citizenry. From 1953 to 1989 the Communist leadership of the USSR and its satellites tried to create those conditions and ultimately failed. This course focuses on how that happened.

Time & Dates: 1:45 p.m.–3:45 p.m., Wed., Feb. 20, 27, Mar. 6, 13, 20, 27
Course Code: OLCWAR(T)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Karl Roider
Coordinator: Joyce Siegel, 225-928-3700

Come Follow Me:
Beyond Sunday Worship—Directives, Challenges, Dangers
Join us for a meditative journey taken from the instructor’s forthcoming book of the same title. It will be a journey that presumes faith in a God of love and faith in oneself as a believer in Jesus who presumes faith in a God of love and faith in oneself as a believer in Jesus who proclaimed the coming of a Kingdom like no other. Seek understanding through exposition of sacred Scripture, meditation, and personal reflection on such topics as the mythology behind the birth of Jesus in a stable, the meaning of the radical call to Christian discipleship, the compromise of civil religion, true joy, and the danger of following Jesus too closely. Take advantage of this chance for a deeper interiorization of one’s faith, like never before.

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code: OLCFM(T)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Francis Vanderwall
Coordinator: TBD

Contemporary Painting Techniques: Still Lives
Make fresh-looking paintings with bold complimentary colors and energetic brushstrokes. Working from two different still lifes, learn beginning painting concepts or sharpen technical skills, depending on your prior experience. Learn how to identify values, mix accurate colors, create strong compositions, and use palette knives and loose brushstrokes. The range of texture and effects that you can use with acrylics is endless. Learn how to reduce a still life into basic shapes to create a strong composition as the foundation of a solid still life. No experience is necessary. Everyone works at their own pace.

Note: A supply list provided prior to the first day of class.

Time & Dates: 12:00 p.m.–3:00 p.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code:OLCPT(3)
Course Fee: $50 (Early Bird Fee: $45)
Instructor: Sandra Zaid
Coordinator: TBD

Current Moral Problems
Explore moral philosophy beginning with the origin of morality. Study particular moral problems such as poverty, environmental ethics, fractured personal relationships, euthanasia, abortion, sex, pornography, animal welfare, racial and cultural prejudices, and the death penalty.

Time & Dates: 11:30 a.m.–1:30 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLCMP(3)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Francis Vanderwall
Coordinator: TBD

Discovering a Coherent Christianity
Examine the reasons so many Christians are uncomfortable with basic questions dealing with the nature and character of God, how God treats imperfect people in this life, the efficacy of prayer, God’s will, faith and works, and other elements of faith; and discover a logical path that leads to coherent answers to these questions and others. Learn about critical issues regarding the nature of scripture and interpretation, biblical authority, church doctrine and tradition, and the teachings of Jesus. Develop a set of guiding principles that allows building a coherent theology and understanding of Christianity that is needed in the 21st century.

Time & Dates: 9:00 a.m.–11:00 a.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLDCC(T)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Ron Perrit
Coordinator: Jenny Hastings, 225-205-2455

English Choral Music
England has one of the most important traditions of choral music, from the Medieval period to present day, and including music for the great choir festivals. Learn about compositions from about 1650 to 1950, including well-loved works of Henry Purcell, Edward Elgar, Gustav Holst, Henry Howells, and Ralph Vaughan Williams.

Time & Dates: 1:45 p.m.–3:45 p.m., Wed., Feb. 20, 27, Mar. 6, 13, 20, 27
Course Code: OLCFM(T)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Alison McFarland
Coordinator: TBD

Fabulous Felines, Part 2
Part 1 is not a prerequisite, and you do not have to be a cat person to enjoy this class; dog people and others are welcome as we discuss a plethora of information on a variety of health issues for cats. Topics include: What can I catch from my cat?; vaccines, nutrition, cancer, and what is toxic to cats; how cats age; cat and flower cures. Other topics include: ways to keep cats happy and fun things to do with and for your cat; can you teach an old cat new tricks?; and Trish’s favorite things for cats (from litter pans and scoopers to toys). Dr. Lacie Lee from Sherwood South Animal Hospital will visit as a guest speaker. If you want to be an informed human for your beloved furry one, come join us in continuing our journey of learning about fabulous felines!

Note: This is a five-week course that starts one week after most courses.

Time & Dates: 1:45 p.m.–3:45 p.m., Mon., Feb. 25, Mar. 11, 18, 25
Course Code: OLFALAFEL(4)
Course Fee: $30 (Early Bird Fee: $25)
Instructor: Trish Kaplan
Coordinator: Dennis Demcheck, 225-276-1922

The Fertile Crescent
Humans settled in the Fertile Crescent and developed agriculture, animal husbandry, and methods of food storage to support large, dense, sedentary, and stratified societies, and enabled the production of technology, political organization, and writing, along with epidemic diseases. While grains provided most human calories, fish and shellfish provided a significant portion of the protein in the ancient human diet. In the modern United States, the bulk of fish and shellfish comes from Alaska and the Fertile Fisheries Crescent, stretching from Mobile Bay to the Caspian Sea. Over 95% of the United States commercial fish and shellfish catch is dependent upon estuaries for spawning and nursery functions, estuaries that require adequate freshwater and nutrient supply. Discuss and understand the impact of the world’s largest drainage basin and fifth largest discharge river worldwide, the Mississippi, and its impact on the fisheries.

Time & Dates: 1:45 p.m.–3:45 p.m., Mon., Feb. 18, 25, Mar. 4, 11, 18, 25
Course Code: OLFFC(T)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: William Stickle
Coordinator: TBD

Film Stories
As food should nourish our bodies, so stories should nourish our spirits. At each session, review a handout providing background materials, as well as questions to stimulate reflection and discussion; then watch a film or television show, and discuss it. The instructor chooses the films or television shows for each session with input from those who have previously participated in this course. To find out which stories will be seen, contact the instructor or coordinator.

Time & Dates: 1:00 p.m.–3:30 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLFILMS(22)
Course Fee: $45 (Early Bird Fee: $40)
Instructor: Peter Callery
Coordinator: Kathy Bosworth, 225-766-2349

Genealogy Using DNA Tests
Have you taken a DNA test and want to know more about how to apply it to your family history project? Learn about the types of DNA tests available and how to use them, basic genetics and how it applies to your DNA test results, and how to use online tools. Time is allotted for questions.

Note: This is a three-week course.

Time & Dates: 1:45 p.m.–3:45 p.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code: OLDNA(2)
Course Fee: $25 (Early Bird Fee: $20)
Instructor: Mitch Pratt
Coordinator: Linda Gray, 225-603-9220

The Theological: A Jewish Perspective
In the late 1800s, the German Biblecist Julius Wellhausena inaugurated a modern approach to the study of the Bible by attributing its authorship to human hands. His analysis was based on the language, style, subject matter, and, to a degree, the timelines contained in holy writ. Our study spans the intertestamental period, from the time of the Alexander the Great in 330 BCE to about 200 CE, 130 years after the fall of the Temple in Jerusalem, as well as some modern historical findings of some Jewish writers. And the writings of the Jews from late Temple times codified in the first book of the Talmud. The contextual influences of historical events, economic conditions, political controversies, and the composition of society help to inform our understanding of the Bible.
The Great Courses: Geographical Wonders
Shaped by erosion, plate tectonics, volcanic eruptions, and other processes over the course of billions of years, Earth is a planet of immense variety. Impressive geological scenes are everywhere. But only a select few—whether astonishing valleys, mountains, waterfalls, or other formations—qualify as geological wonders that are not only memorable and worth a special trip, but also tell us something profound about the way the world works. Take a tour of The World's Greatest Geological Wonders: 36 Spectacular Sites, courtesy of The Great Courses series.

Note: This course is being held at two locations.

Broadmoor United Methodist Church
Time & Dates: 11:30 a.m. –1:30 p.m., Mon., Feb. 18, 25, Mar. 4, 11, 18, 25
Course Code: OLGCGW(2)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Tom Moore
Coordinator: Karen Egey, 225-937-7089

St. James Place
Time & Dates: 9:00 a.m. –11:00 a.m., Wed., Feb. 20, 27, Mar. 6, 13, 20, 27
Course Code: OLCGGW(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Tom Moore
Coordinator: Jenny Hastings, 225-205-2455

Great Decisions 2019
Great Decisions, the centerpiece of the longest-running civic education program in the United States devoted to foreign affairs, empowers readers to discuss global issues shaping U.S. foreign policy and the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. Planned topics for 2019: Refugees and Global Migration; The Middle East: Regional Disorder; Nuclear Negotiations: Back to the Future?; The Rise of Populism in Europe; Decoding U.S.-China Trade; Cyber Conflicts and Geopolitics; The United States and Mexico: Partnership Tested; State of the State Department and Diplomacy. One can find an ongoing discussion of issues and purchase the textbook at the Great Decisions website. www.gp.org/great_decisions/

Note: This is an eight-week course and is being held at two locations. Purchase textbook online prior to first class.

Broadmoor United Methodist Church
Time & Dates: 9:15 a.m. –11:15 a.m., Mon., Feb. 18, 25, Mar. 4, 11, 18, 25, Apr. 1, 8
Course Code: OLGRED(9)
Course Fee: $40 (Early Bird Fee: $35)
Instructor: Nancy Sidener
Coordinator: Marguerite Davis, 225-929-7988

St. James Place
Time & Dates: 2:00 p.m. –4:00 p.m., Mon., Feb. 18, 25, Mar. 4, 11, 18, 25, Apr. 1, 8
Course Code: OLGRDEC(8)
Course Fee: $40 (Early Bird Fee: $35)
Instructor: Nancy Sidener
Coordinator: Linda Gray, 225-928-1059

Introduction to Bird Watching
For those folks who love to look at birds, but haven’t a clue what they’re looking at, we cover basics of binoculars and field guides, as well as other tools for bird identification. Learn where to find great birds around the state of Louisiana and when to look. Binoculars and field guides are provided for those that do not have their own.

Note: This is a four-week course and starts later than others.

Time & Dates: 8:00 a.m. –11:00 a.m., Mon., Mar. 11, 18, 25, Apr. 1
Course Code: OLBBIRD(4)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Jane Patterson
Coordinator: TBD

Jazz/Tap
Come enjoy a fun and energetic form of dance—jazz. Get ready to move! We start with a thorough warm-up and stretching exercises, then dance across the floor learning a fun jazz routine. It is a great way to enjoy the love of dance. Try something new and find your passion for jazz dancing. For tap, wear hardsoled shoes and enjoy the rhythmical sounds of your feet. Both jazz and tap are such fun and provide great exercise! Make this course your healthy choice. Be careful, you might get hooked!

Time & Dates: 10:00 a.m. –12:00 p.m., Fri., Feb. 22, Mar. 1, 8, 15, 22, 29
Course Code: OLJATAP(6)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Jerisse Grantham
Coordinator: Rackie Burt, 225-603-9537

Keeping Yourself Safe
Protect yourself from fake news, computer woes, identity theft, fraud, and other crimes. Learn fire prevention strategies and gun safety. Guest speakers include a media literacy professor, a computer expert, a federal prosecutor, a fire department representative, and a firearms instructor.

Time & Dates: 9:15 a.m. –11:15 a.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLSAFE(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Linda Lightfoot
Coordinator: Jenny Hastings, 225-205-2455

Landscapes of America, Part 2
Continue your dazzling photographic trip across our amazing country through photographs of some of America’s most amazing landscapes. Discover the specific physiographic regions that make each area unique. See how the composite pattern of landforms, drainage features, soils, climate, vegetation and land use affects human actions, creativity, and politics. Witness the incredible beauty of some of our national parks, learn about our wildlife areas, historic sites and other protected places, as well as some gardens and structures influenced by the land itself.

Note: Part I of this course is not a requisite for taking Part 2

Time & Dates: 2:00 p.m. –4:00 p.m., Tues., Feb. 19, 26, Mar.5, 12, 19, 26
Course Code: OLLA(2)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Charlie Frying
Coordinator: JoAnn Frying, 225-921-2069

Life Writing
Begin or continue writing the story of your life. Share reading, writing, and critiquing with classmates. Prepare a valuable family document by searching back through your life to link one generation to another—something you’ve probably been meaning to do. This is a fun and productive opportunity. Bring pen and paper.

Time & Dates: 1:45 p.m. –4:15 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLLIFEW(20)
Course Fee: $40 (Early Bird Fee: $35)
Instructor: Patt Roberson
Coordinator: Alton Barksdale, 225-673-1776

Line Dance
Come have a great time showing off all your best dance moves! Line dancing is a line of dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed into music styles like disco, pop, Cajun, and Latin. In line dancing, the balance of male and female partners doesn’t matter, so sign up for this course either as a single or a couple. The fun begins with “Boot Scootin’ Boogie” and ends with the “Froze.”

Time & Dates: 12:30 p.m. –2:30 p.m., Fri., Feb. 22, Mar. 1, 8, 15, 22, 29
Course Code: OLLID(19)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Jerisse Grantham
Coordinator: TBD

Mexican Ink Art
Use black ink to create a large Aztec-inspired piece of art on woven paper imported from Mexico. Working from
various examples, transfer with pencil, trace with India ink, and paint a tropical bird with bright acrylic paints. Surround it with intricate symbols as shown on the instructor’s catalog of patterns. Learn the narrative behind this ancient technique through audiovisually designed and finished pieces of art. Experience a meditative class with your brush at hand. All or no drawing skills are welcome! Email the instructor for digital images of this art form.

Note: $14 at the first class.

Time & Dates: 11:30 a.m.–1:30 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLMAM(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Jeannie Luckett
Coordinator: TBD

Modern Art, Part 2
The explorations of artists building on the work of the Impressionists and Post-Impressionists laid the foundations for early modern art prior to WWII. Investigate the analytical and synthetic Cubism invented between 1908-1914 by Pablo Picasso and Georges Braque and look at modernism in Europe between the world wars. This includes Russian art, the Bauhaus in Germany, Dada, Surrealism, and the influence of these “isms” on sculpture and architecture of the period.

Course Code: OLMOD(2)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Marchita Mauck
Coordinator: Claire Fontenot, 225-753-1100

Movement in Art & Music
Explore movement in art and music through the West Baton Rouge Museum’s traveling exhibit, Square Roots (art from the collection of Lawrence and Gay Square), and the museum’s latest permanent installation, a Juke Joint exhibit. Observe art from the Square Collection featuring sculptures by artists including Tina Allen, Elizabeth Catlett, Charles Dickerson, John Ray, Jacob Lawrence, and Ed Dwight depicting dance and movement. Then, tour the Juke Joint exhibit to learn about local blues music legends and see sculptures of dancers and musicians created by local artist, Ronald Trahan. Enjoy lectures, performances, and demonstrations by artists and art collectors, historians, dancers, and musicians. Create a piece of art to keep that incorporates an expressive form of movement.

Note: This course does not meet on Mar. 4. Location is the West Baton Rouge Museum.

Time & Dates: 10:00 a.m.–12:00 p.m., Mon., Feb. 18, 25 Mar. 11, 18, 25, Apr. 1
Course Code: OLMAM(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Jeannie Luckett
Coordinator: Marcia Correll, 225-244-4142

Music of the American Rivers
Take a virtual musical journey along the length of the Mississippi and its tributaries, the Tennessee and the Cumberland. Travel from New Orleans, through the length of the Mississippi and its tributaries, as well as other greats made recordings. Nashville, on the Cumberland, gives us a wealth of country music by singers, songwriters, and bands, including Willie Nelson and Dolly Parton.

Note: This is a five-week course.

Time & Dates: 1:30 p.m.–3:00 p.m., Fri., Mar. 1, 8, 15, 22, 29
Course Code: OLMOAR(1)
Course Fee: $25 (Early Bird Fee: $20)
Instructor: Barbara Sims
Coordinator: TBD

Natural History of Reptiles & Amphibians in Louisiana
Learn about the common amphibian and reptile species in Louisiana and the ecological niches occupied by each. Photographs are used to help identify most species. Explore habitat (terrestrial or aquatic, upland and lowland, pine or oak woods), foods, breeding areas, and reproductive characteristics (egg laying or live birth, parental care or not, and special life histories). Groups covered include salamanders (14 species), frogs and toads (7 species, including the typical calls of each), turtles (23 species), lizards (8 species), snakes (34 species), and alligators (1 species). Understand harvesting and its impact on frogs, turtles, snakes, and alligators.

Time & Dates: 145 p.m.–3:45 p.m., Thurs., Feb. 21, 28 Mar. 7, 14, 21, 28
Course Code: OLMAR(2)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Vernon Wright
Coordinator: Ada White, 225-978-1328

Our Lives in Films
As food should nourish our bodies, so should stories should nourish our spirits. At each session, we watch a film, review a handout providing background materials and questions to stimulate reflection and discussion, and then discuss the film. The instructor chooses the films or television shows for each session with input from those who have previously participated in this course. To find out which stories will be seen, contact the coordinator.

Time & Dates: 100 p.m.–3:30 p.m., Wed., Feb. 20, 27 Mar. 6, 13, 20, 27
Course Code: OLOLF(2)
Course Fee: $45 (Early Bird Fee: $40)
Instructor: Peter Callery
Coordinator: Kathy Bosworth, 225-766-2349

Passport to Italy, Level 1
Learn Italian from a native speaker. For travelers who want to have a better understanding of the Bel Paese and its language. Emphasis is on developing oral skills, building a practical vocabulary and understanding the culture, history, and geography of Italy. No books are necessary; handouts are provided by the instructor.

Note: This is an eight-week course.

Time & Dates: 11:00 a.m.–1:30 p.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26 Apr. 2, 9
Course Code: OLPAIT(5)
Course Fee: $45 (Early Bird Fee: $40)
Instructor: Fara Mabrey
Coordinator: TBD

Passport to Italy, Level 2
Continue to explore the Bel Paese and its beautiful language. This course is designed for participants who already have a knowledge of basic Italian, such as pronunciation, greetings, masculine and feminine articles, and nouns.

Note: This is an eight-week course.

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26 Apr. 2, 9
Course Code: OLPAIT(5)
Course Fee: $45 (Early Bird Fee: $40)
Instructor: Fara Mabrey
Coordinator: TBD

Passport to Italy, Level 3: Avanti!
If you have a good knowledge of Italian grammar and vocabulary, and want to reinforce your ability to converse in Italian, join us. Learn more about the history, the art, and the customs of the Bel Paese.

Note: This is an eight-week course.

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26 Apr. 2, 9
Course Code: OLPITA(10)
Course Fee: $45 (Early Bird Fee: $40)
Instructor: Fara Mabrey
Coordinator: Meri Sheehan, 225-755-2179

The Psalms: Ancient & Modern
Who wrote the psalms? Why were they written? How were they used by the early Israelites? What means have been used to express the psalms throughout history? Where are the psalms found in current practice? And why is it important to examine and employ the psalms in the 21st century? Explore all of these questions, and more. The focus is on a literary examination rather than theological explication of selected psalms. Oh, and there will be singing!

Time & Dates: 2:00 p.m.–4:00 p.m., Wed., Feb. 20, 27 Mar. 6, 13, 20, 27
Course Code: OLFASC(9)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Tip Tipton
Coordinator: TBD

Semester at a Glance
Come hear several of our instructors give a preview of their courses for the spring session before you register.

Note: This free event will be presented at three locations on the dates and times indicated below.

St. James Place
Time & Dates: 130 p.m.–3:30 p.m., Mon., Jan. 21
Course Code: OLSAGJ(16)
instructor: Spring 2019
Coordinator: Kathy Bosworth, 225-766-2349

First Christian Church
Time & Dates: 100 p.m.–2:30 p.m., Wed., Jan. 23
Course Code: OLSAGB(16)
Instructor: Spring 2019
Coordinator: Kathy Bosworth, 225-766-2349

Williamsburg Senior Living Community
Time & Dates: 130 p.m.–3:30 p.m., Fri., Jan. 25
Course Code: OLSAGW(6)
Instructor: Spring 2019
Coordinator: Kathy Bosworth, 225-766-2349

Six in Six
Join us as we explore six important musicals in six weeks. Each week, we examine in detail how one show evolved. Discuss the creators, the years, and the motivating force of a major musical, using an extensive video library of performances and interviews with the participants. Our six musicals are: Rodgers and Hammerstein’s Oklahoma!, Frank Loesser’s Guys and Dolls, Lerner and Loewe’s My Fair Lady, Stephen Sondheim’s/Jule Styne’s Gypsy, Jerry Herman’s Mame and Disney’s Beauty And The Beast. If you want to experience legendary Broadway performances and explore behind the scenes of these musicals, this is the course for you!

Time & Dates: 9:00 a.m.–1:00 a.m., Thurs., Feb. 21, 28 Mar. 7, 14, 21, 28
Course Code: OLSIS(1)
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Brian Pope
Coordinator: Jane Honeycutt, 225-766-5090

Spanish for Beginners, Part 1
Learn oral and written skills, such as pronunciation and simple questions and answers. Also learn beginning grammar intermingled with learning about the interesting cultures. The required text is used for future courses, also. All of us can learn a new language!

Time & Dates: 1:45 p.m.–3:45 p.m., Tues., Feb. 19, 26 Mar. 5, 12, 19, 26
Course Code: OLSFB(5)
Text: Spanish Now, Level One, 7th or 8th Ed. By Ruth Silverstein
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Merrie Lee Logan
Coordinator: TBD

Spanish for Beginners, Part 2
Continue your study of Spanish based on the Part 2 course, using the same book. Review and reinforce your pronunciation and oral/written skills with further emphasis on questions and answers. Continue to learn more grammar, especially the uses of verbs. Expand your vocabulary and use of idioms as well as your knowledge of cultures.

Time & Dates: 1:45 p.m.–3:45 p.m., Thurs., Feb. 21, 28 Mar. 7, 14, 21, 28
Course Code: OLSFB(5)
Text: Spanish Now, Level One, 7th or 8th Ed. By Ruth Silverstein
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Merrie Lee Logan
Coordinator: TBD

Spanish for Intermediates, Part 2
Continue learning more about the different verb tenses and how to use them as well as learning other new grammar concepts. Review and reinforce your pronunciation and oral/written skills with further emphasis on questions and answers. Expand your vocabulary and use of idioms. Continue learning about the interesting cultures.
TBD
Coordinator:
Course Fee: $35 (Early Bird Fee: $30)
Instructor: Merrie Lee Logan
Coordinator: TBD

The Supreme Court & Race
Analyze the ways that the U.S. Supreme Court has interpreted constitutional and statutory provisions relating to race. Examine the Court's most important decisions dealing with slavery, and the Court's interpretation of key constitutional and federal legislation in areas such as: civil and voting rights, public accommodations, housing, education, criminal justice, national security, intermarriage, and affirmative action.

Time & Dates: 9:00 a.m.–11:00 a.m., Tues., Feb. 19, 26, Mar.5, 12, 19, 26
Course Code: OLSCAR(7)
Instructor: Jim Bolner, Sr.
Coordinator: Dick Najolia, 225-757-1389

Tai Chi for Beginners
Tai chi originated in China as a mind-body practice derived from martial arts. It requires you to slowly move your body and constantly regulate your breath. This low-impact exercise lowers stress and improves physical well-being, especially for seniors. Learn some tai chi movements and exercises designed to increase core muscle strength, and improve balance and flexibility. Wear comfortable clothes and non-skid shoes.

Note: This course is being held at two locations

Wesley Foundation
Time & Dates: 10:00 a.m.–11:00 a.m., Mon. & Thurs., Feb. 18, 21, 25, 28, Mar. 4, 7, 11, 14, 18, 21, 25, 28
Course Code: OLTCB(7)
Instructor: John Howe
Coordinator: Cathy Hansen, 225-603-5357

Williamsburg Senior Living Community
Time & Dates: 9:00 a.m.–10:00 a.m., Wed. & Fri., Feb. 20, 22, 27, Mar. 1, 6, 8, 13, 15, 20, 22, 27, 29
Course Code: OLTBW(4)
Instructor: John Howe
Coordinator: TBD

A Thirty-Fifth Opera Season
Enjoy and learn about a single opera or singer each week. Explore three operas and a tribute to Dimitri Hvorostovsky. Andreas Giger, LSU Professor of Musicology, presents an opera of his choice. Dugg McDonough, Michael Borowitz, and LSU singers will discuss and present selections from their major spring production.

Time & Dates: 2:00 p.m.–4:00 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLOPERA(6)
Instructor: Thomas Beard
Coordinator: Ken Nelson, 225-769-7842

Tuskalusa Apalachee History & Culture
Examine ways the Apalachees (Louisiana tribe) use herbs for everyday health problems (joint pain, swellings, tiredness, etc.). Join us on herb walks to study lawn-dwelling plants, as well as images and slide presentations in the classroom. Explore the role of tribal mineral baths and elements (fire, smoke, etc). Understanding the Apalachee culture helps us to interpret the tribe’s medicine choices. Examine traditional dress, courtship and marriage, language, and trade (hunting, fishing, farming).

Note: This is an eight-week program

Time & Dates: 11:30 a.m.–1:30 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28, Apr. 4, 11
Course Code: OLTABC(3)
Instructor: Sue Potts
Coordinator: TBD

Vikings on Screen
The Vikings remain one of the most interesting and mysterious historical groups, and the media's portrayal of their culture is likewise fascinating. Join us as we watch a variety of screen portrayals of the Vikings and Norse culture, including: The Vikings (1958), When the Raven Flies (1984), The 13th Warrior (1999), Thor (2011), and scenes from the History Channel's television series Vikings. Enjoy lively discussion about these films and shows in the context of Norse mythology and culture in medieval Scandinavia, the British Isles, and northern Europe. Skål!

Time & Dates: 9:15 a.m.–11:15 a.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code: OLVF(1)
Instructor: John Vinnson
Coordinator: TBD

Vivre En Francais
Use the knowledge of the French language that you have acquired from previous courses to reinforce your ability to converse in French. You should have a good grasp of past, future, subjunctive, and conditional tenses. Additionally, you should have a solid base knowledge of grammar usage skills.

Time & Dates: 9:15 a.m.–11:15 a.m., Tues., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code: OLFREN(7)
Instructor: Denise Magnat
Coordinator: Claire Fontenot, 225-753-1100

Who Knew? A Tour of Historic Baton Rouge
Explore Baton Rouge history in your own back yard! Our first meeting is in the classroom for a slide show to introduce the Historic District of Baton Rouge. Then we'll get out of the classroom to visit several important sites: the Governor's Mansion, built in 1963 by Governor Jimmy Davis and renovated by Governor Mike Foster; the memorial to Huey Long and the new State Capitol, including an elevator ride to the 27th floor observation deck; the Capitol Park Museum, which tells the exciting story of Louisiana's history, unique culture, and economic development; one of the oldest, most historic, and beautiful buildings in Baton Rouge, the Old State Capitol; and finally, the Louisiana White House—Huey Long's Governor's Mansion. Built in 1930, nine governors lived in the Mansion, which has been rescued from neglect by the Foundation for Historical Louisiana.

Note: This course begins and ends later than others; one location has an admission fee, and several have gift shops.

Time & Dates: 10:00 a.m.–12:00 p.m., Tues., Mar. 12, 19, 26, Apr. 2, 9
Course Code: OLWK(1)
Instructor: Sue Potts
Coordinator: TBD

Women's Short Stories
Enjoy and learn about a single opera or singer each week. Explore three operas and a tribute to Dimitri Hvorostovsky. Andreas Giger, LSU Professor of Musicology, presents an opera of his choice. Dugg McDonough, Michael Borowitz, and LSU singers will discuss and present selections from their major spring production.

Time & Dates: 2:00 p.m.–4:00 p.m., Thurs., Feb. 21, 28, Mar. 7, 14, 21, 28
Course Code: OLHY(1)
Instructor: Barry Weinstein
Coordinator: TBD

Yiddish & Yinglish
Learn the origin of the Yiddish language and attempt to understand the nature of Yiddish! Discover familiar examples of Yiddish-isms that have become part of American English. Learn about the role of the Yiddish Theatre in the development of Jewish comedy and Jewish comedians, illustrated with selected examples (with English subtitles, of course).

Time & Dates: 2:00 p.m.–4:00 p.m., Thurs., Feb. 19, 26, Mar. 5, 12, 19, 26
Course Code: OLHY(1)
Instructor: Barry Weinstein
Coordinator: TBD

Session 2

Basic Hatha Yoga
Enjoy yoga and learn to enrich your lifestyle using basic yoga and breath with movement. Breathe, stretch, and relax your way to improved posture, endurance, and flexibility. Wear comfortable clothes and bring a yoga mat, block, and strap (blanket/howel optional). No prior yoga experience is necessary; however, you must be able to sit comfortably on a yoga mat on the floor to practice seated poses and be able to transition to standing poses. Join this co-ed class of wonderful yogis, discovering the present moment while gaining strength and core stability. Leave your shoes, cell phone, and the rest of the outside world, outside.

Time & Dates: 9:30 a.m.–10:45 a.m., Mon. & Wed., Apr. 1, 3, 8, 10, 15, 17, 29, May 1, 6, 8
Course Code: OLHY(1)
Instructor: Agnes Bickham
Coordinator: Fran Martin, 225-436-9584

Register early to qualify for the Early Bird Special! Register by Monday, February 4 and pay the early bird fee, printed with the course description. On February 5, each course fee will increase by $5. If you usually mail your registration, please allow time for postal delivery to meet the February 5 deadline. Courses with low enrollment as of February 4 may be canceled. If you register by February 4 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees).
Instructor Biographies

Donald Beale has an MALA from LSU in general humanities with an emphasis on film studies. He has done additional graduate coursework in English, with a concentration in American literature and film. He has taught composition and technical writing for the LSU English department and a course on Russian cinema for the Department of Foreign Languages & Literatures. He is the director of Distance Learning Programs at LSU Digital & Continuing Education.

Thomas Beard has a PhD from Duke University and is an alumni professor emeritus of economics at LSU. He received both his bachelor’s and master’s degrees from LSU. Beard is an opera enthusiast and collector of opera recordings.

Agnes Bickham attended Shambhava School of Yoga in Kona, Hawaii, after practicing yoga for many years. She earned her RYT 200 in Hatha-based tradition. After certification, she has been employed as a yoga instructor at the Women’s Wellness Center in Baton Rouge for seven-plus years, and is still employed there. She has taught at various other studios. Agnes believes yoga is a stabilizing practice that grounds students, promoting a sense of well-being, strength, and confidence.

Jim Bolner, Sr., professor emeritus of political science (LSU), received his PhD in political science from the University of Virginia. His area of expertise is American constitutional law and history. He has taught at LSU and several universities in the United States and France. Since his retirement from LSU in 1999, he has taught courses in the OLLI program on American politics and digital photography.

Henry Bradsher has, in his not-exactly-retirement, lectured on cruise ships all over the world. Multiple trips stimulated a variety of lecture subjects based on his career as a foreign correspondent, and later, intelligence analyst, on every continent except Antarctica. Other subjects were researched out of curiosity arising from extensive reading.

Molly Buchmann is artistic director of the Baton Rouge Ballet Theatre and retired head of dance and founder of the dance minor program in the LSU School of Theatre. She is co-owner of The Dancers’ Workshop, which for over 40 years has trained Baton Rouge dancers. She is an American Ballet Theatre Certified Teacher and cocreator of Baton Rouge’s popular The Nutcracker: A Tale from the Bayou. As the choreographer of over 60 musicals, she has worked with people of all ages, dancers and non-dancers alike, and believes that ballet can be fun and beneficial for everyone.

Peter Callery is a Jesuit priest with a BA in philosophy and an MDiv in theology. He taught in high schools for 36 years. He is currently a retreat director at Manresa House of Retreats in Convent, Louisiana. He has long had an interest in how the stories that we experience affect our own life stories.

Erica Daigle, PhD, University of Iowa, is a native of Louisiana and received her BS and MA from LSU. Her primary research interest is English Renaissance literature and medicine, especially Shakespeare. She also has a special interest in ancient literature and cultures.

Claire Fontenot has been a master gardener for 15 years. She presently coordinates the volunteers at BREC Independence Park Botanic Garden, where she has developed an American Daylily Society display garden, and the Louisiana iris and ginger displays. She continues to provide information about home gardens to OLLI members and interested members of the public.

Charles Fyngling, Jr., FASLA, earned his BS in landscape architecture from Syracuse University and his MS from the Graduate School of Design at Harvard University. His special expertise as a landscape architect is the field of design esthetics. He joined the LSU School of Landscape Architecture faculty in 1967. He created “Views of the American Landscape,” a core humanities course, using his photographs extensively to illustrate his lectures, and showing the impact of the land on artists, writers, photographers, poets, and others. His special interest since childhood has been the natural world, whether it’s the desert southwest, the Rocky Mountains, or the Atchafalaya Basin. Every place is special to him.

Joel Goldman is a retired veterinarian. He also earned a master’s degree in German. He has studied Yiddish, Hebrew, and Spanish. He has interacted with the Christian community by presenting multiple lessons on the inter-testamental period at First United Methodist Church in Baton Rouge. He has taught for several years as an OLLI instructor. He is a member of Beth Shalom Synagogue in Baton Rouge.

Jerisse Grantham owns the Jeffie Jean Dance Studio, which her mother started more than 75 years ago. Grantham teaches all forms of dance at the studio, and at public and private schools in the Baton Rouge area. She is a 12-year adjunct faculty member of Tulane University in the theater and dance department. She is also certified to teach by Dance Masters of America. She earned her BS from LSU, and has enjoyed the art of teaching and sharing the passion of dance for more than 30 years.

Pat Heurtin holds a MEd +30 hours. She is a retired teacher, having taught and coached health, physical education, and English 23 years at the high school level, and educational teaching methods two years at the university level. Following her teaching retirement, she served seven years as the physical director for the Lake Charles YMCA. After retiring from the YMCA, she served as the public information officer for the Calcasieu Parish Library System. She now stays very busy serving as an ambassador for pickleball in the West Feliciania area.

John Howe is retired from the LSU School of Medicine, where he was director of the LSU Family Practice Residency Program and family medicine department head for 23 years. He graduated from Tulane Medical School. He has studied tai chi for eight years under John Langlois. He enjoys introducing others to this ancient Chinese practice of movement meditation, which has proven health benefits.

Trenton L. James, MD, FAAFP, is a retired, board-certified family physician who still serves as a preceptor for residents in family medicine and medical students from Tulane and LSU. James serves as Medical Director of the Quality Innovation Network/Quality Improvement Organization for Medicare in Louisiana, which improves the quality of healthcare and patient safety in hospitals, nursing homes, home health and hospice agencies, and in provider offices across the state.

Sally Jones retired from the East Baton Rouge School System after teaching French and English at both middle and high school levels over the course of 20 years. She graduated from LSU’s College of Education with a major in French education and a minor in English education. Jones began her teaching career at Central Middle School, and then moved on to Central and Zachary High Schools before finishing her teaching years at Northeast High in Pride.

Trish Kaplan has a master’s degree in education from George Washington University and has been a member and instructor at OLLI about 10 years. An avid advocate for cats, she delights in teaching people about cats so the two species can live in harmony with each other. She is an active volunteer at the local state-of-the-art cat adoption center, Cat Haven, and is currently owned by four cats. Her greatest teaching moment was when she overhead a student say, “I’ve had cats for eight years and I never knew that!”

Owen Kemp has been a yoga instructor for several years, and received her yoga training through the Living Yoga program at the Barsana Dham Ashram in Austin, Texas. She attended training sessions at the Omega Institute in Rhinebeck, N.Y., and various venues around the country and internationally. Owen’s yoga style is best described as flow.

Noelle LeBlanc has been playing bridge since she was 14 years old (more than half a century!). She played bridge almost thirty years in the New Orleans officially sanctioned duplicate bridge game at the Bridge Center of New Orleans. Noelle has great expertise in both bidding and playing of the hand as evidenced by the accumulation of numerous master points over the years. Presently, she plays both duplicate and rubber bridge in the St. Francisville area.

Sam LeBlanc is a retired attorney and former head of the Adams & Reese law firm. He received a BA from Georgetown
University, JD from Tulane Law (1963), and MS in environmental law from Tulane Law (1991).

Linda Lightfoot, BA journalism and political science, University of Mississippi, is retired from The Advocate where she worked 42 years, the last 15 as executive editor. She has put together several OLLI courses with guest lecturers on Louisiana institutions and issues facing the state.

Merrie Lee Logan and her husband moved to Louisiana from the Midwest. She attended the University of Iowa before graduating from LSU with a degree in French, Spanish, and English. Merrie Lee taught languages in public and private schools for 20 years and is excited to be part of OLLI.

Jeannie Luckett has a BS degree in art education from LSU. After teaching in the classroom and area museum and after-school enrichment programs, she joined the staff of the West Baton Rouge Museum and has been with the museum’s Education Department for the past 24 years. Over the years, she has designed and implemented programs, activities, and themed tours to accompany exhibits, including lectures, workshops, trips, tours, performances, receptions, camps, teachers’ institutes, and festivals.

Fara Mabrey is a native of Italy who has taught Italian and French in schools in both Italy and France. She has a bachelor’s degree in foreign languages from the Università Di Bari and has lived in Switzerland and France for extended periods of time. She has taught Italian for LSU Leisure Courses since January 2001.

Denise Magnat has a BA in education from the University of Algiers, North Africa. She has taught French as a foreign language to all age groups for 40 years in several countries in Africa, Europe, and the South Pacific, a few states in the US, and for twelve years with the OLLI at LSU program.

Marchita Mauck has a PhD from Tulane University, and is retired from the LSU College of Art & Design.

William McClendon, III, is a retired lawyer and mediator who practiced for almost fifty years and who has been teaching college-level courses and seminars in negotiation and communication for over 35 years. He was educated at Tulane University, where he earned a BA in history and an LLB in law. He has won many awards and is listed in Who’s Who in the World. He is the author of Deal Makers: Negotiating More Effectively Using Timeless Values. His course at Western North Carolina University was made a requirement for all graduate engineers. Through a business exchange to San José, Costa Rica, he learned conversational Spanish.

Carla McLemore is an experienced Bible study teacher who attended the Cincinnati Bible Seminary and has taught locally for 15 years. She began sharing her longtime love of scripture when she was a mother of young children. She is a retired document specialist and an accomplished seamstress. Carla currently serves as the costume designer for her church’s musicals. She enjoys spending time with her husband and grandchildren, sewing, and teaching a ladies’ Bible study.

Alison McFarland is an associate professor of musicology at LSU, and received her PhD from University of California, Santa Barbara, in 1999. McFarland won a Fulbright Fellowship to Rome and several other research grants in Italy and England. Her work has been published in national and international journals.

Tom Moore, PE, received a BS in mechanical engineering from University of Kansas, and completed post-graduate studies in management and engineering at UCLA and the University of Delaware. He graduated from the U.S. Army Command and General Staff College, at Fort Leavenworth, Kansas, and is a colonel, U.S. Army (retired). Through his engineering and military professions, and through serving with the Olympics as a judge and director in the sport of marksmanship, he has traveled to all seven continents and 106 countries and faraway places.

Jane Patterson is an avid birder and gardener and greatly enjoys sharing both pursuits with others. She is the current president and education chair for the Baton Rouge chapter of the National Audubon Society, and has taught birding through LSU Leisure Courses for several years.

Ronald Perritt has a BS in physics, and MS and PhD degrees in electrical engineering. Now retired, he previously taught electrical engineering at LSU and Georgia Tech, and worked for many years at Dow Chemical Company in computer-based process control. He has taught several OLLI courses on iPhones and iPads, and understanding iCloud.

Brian Pope, MA, University of Texas at Austin, is well known in the Baton Rouge arts community. He is the host of “Center Stage,” a weekly one-hour radio show on WRKF that examines a topic or theme dealing with musical theater. A retiree of the Dow Chemical Company, Brian has produced more than 30 musicals locally and has appeared in more than a dozen musical productions. He was inducted into the Theatre Baton Rouge Hall of Fame in June of 2012. He is an adjunct instructor at Northwestern State University, where he teaches a course in musical theater history and literature.

Sue Potts’ highest degree is an Educational Specialist in administration and supervision (30 specific hours above a masters in education) from LSU. After 40 years of teaching middle school and high school history in the EBR Parish School System, Potts retired to become an independent tour guide in the Baton Rouge area. Currently Potts serves as a volunteer guide at the Old Governor’s Mansion, Old State Capitol, and the new Governor’s Mansion. She has been a plantation guide for several of the riverboats that dock in the Baton Rouge area.

Mitch Pratt is an avid amateur genealogist. He enjoys sharing his knowledge of DNA testing as it applies to researching family history. Mitch has previously taught this subject at OLLI and has spoken on the subject at local society meetings. Mitch retired from ExxonMobil after 35 years in human resources management and holds a BS in mechanical engineering from the University of Iowa.

Patt Roberson earned a PhD in mass communication from University of Southern Mississippi. She is a retired journalism professor, former business manager of The Southern Review, bingo caller for a charity, ad rep for the Baton Rouge Ballet Theatre, and avid recycler. She grew up in the Panama Canal Zone and lives in a geodesic dome in Baker with two black cats and two stray dogs.

Karl Roider is an alumni professor emeritus at LSU. In his 45 years of teaching there, he taught courses on Eastern Europe, the Balkans, World War I, the Ottoman Empire, European Military History, and various seminars on different topics dealing with Eastern and Southeastern Europe. He has taught many courses for OLLI, beginning in the 1990s and continuing until today.

Nancy Sidener earned her AB at University of California, Berkeley, and her PhD at UC, Davis. Before retiring, she taught economics at the University of Colorado, Colorado Springs, and part-time at LSU, while directing the Louisiana Council for Economic Education.

Barbara Sims worked closely with founder Sam Phillips (the man who discovered Elvis) at Sun Record Company in launching several trend-setting singers.

Jane Simmons has been a yoga instructor for several years, and received her yoga training through the Living Yoga program at the Barsana Dham Ashram in Austin, Texas. She attended training sessions at the Omega Institute in Rhinebeck, New York, and various venues around the country and internationally. Jane’s yoga style is best described as flow. Through her yoga practice and teaching, she has studied other aspects and influences on health and incorporated the use of essential oils associated with healing and stress relief into her yoga classes. She has studied the health claims of using herbs, and avoiding toxins in household cleaners.

Patti Lee Smith is a native of Ohio and longtime resident of Louisiana. She is a lifelong artist who has always found a way to express her creative self. While making time for her love of art, she also married, raised four children, and pursued a nursing career. From tender children’s portraits to beautiful landscapes, her works impress the viewer with her artistic insight. Now retired and living at Lake Rosemound, she enjoys traveling, grandchildren, Bible study, and her art studio.

William Stickle received his PhD from the University of Saskatchewan, Regina in biology with a minor in oceanography. He worked in zoology and physiology and then biological sciences at LSU from 1972-2015, where he taught Marine Communities, Environmental Physiology, and Human Physiology. He also developed the LSU Marine Biology in Southeast Alaska Program, which has included 249 LSU students in the last 10 years. Stickle has published 97 research papers and graduated 15 MS students and 11 PhD students.

Julius R. “Tip” Tipton is a retired Presbyterian Church (USA) minister and active composer. He has 17 published musical compositions to his credit. Tipton also has had several major musical works performed, including recent performances by New Orleans Gay Men’s Chorus and the Baton Rouge Symphony Orchestra and Chorus. In other words, Tip is a composer of note(s).

Emily Toth is a longtime professor at LSU, where she has taught courses about women’s lives and writings, humor, food, Louisiana literature, and more. She has a PhD in the humanities from Johns Hopkins University, where she wrote her dissertation on Kate Chopin. She is the author of eleven published books, including two biographies of Kate Chopin (one nominated for a Pulitzer Prize), one of Grace Metalious, an award-winning historical novel, and two books of advice to academic professionals from her alter ego “Ms. Mentor.” For nearly 20 years, the Chronicle of Higher Education online has published Ms. Mentor’s advice columns.

David Treppendahl, from Woodville, Mississippi, graduated from the US Naval Academy in 1974 and served as a naval officer for five years. He and his family lived in Baton Rouge until 2002 and then moved to St. Francisville. While his livelihood has been commercial real estate, he always had a passion for reading, learning, and exchanging ideas. In 2014, he was introduced to the teachings of Richard Rohr. Reading many of his books and attending encounters with Fr. Rohr have modified his once theologically conservative beliefs to a much more open perspective and taught him how to most effectively live out his second half of life.

Francis Vanderwall is professor emeritus of theology at Our Lady of the Lake College, taught for the RSI program, and teaches for the diaconate programs for the Catholic Diocese of Baton Rouge. He is a spiritual director and pastoral counselor who presented retreats at the Jesuit Retreat House in Grand Coteau, and Manresa in Louisiana, as well as retreat houses and spirituality centers in Arizona, California, Missouri, New York, and elsewhere, for many years. The author of five books on prayer, spirituality, and psychology, he belonged to the Jesuit order for almost 30 years.

John Vinson is trained in Tushkalusa Apalachee tribal medicine (herbals, water therapy, health foods, etc.). He has taken health and nutrition classes at Arizona State and has taught at Mesa Community College. He is a Certified Nurse Assistant (National Nurse Aide Assessment Program, NNAAP). Vinson has served as Apalachee Daktari (Tribal Health Advisor) for 20-plus years.

Barry L. Weinstein earned his Doctor of Hebrew Letters, Master of Arts in Hebrew Letters and his rabbinc ordination from Hebrew Union College-Jewish Institute of Religion (HUC-JIR), in Cincinnati, Ohio. While at HUC-JIR, he spent a year at the College-Institute in Jerusalem, Israel. He earned his bachelor’s degree, cum laude, from Union College, Schenectady, New York. Upon his rabbinic ordination, Weinstein served Temple Israel in Omaha, from 1971-1983. From 1983 to 2008 he served as rabbi of Congregation B’nai Israel in Baton Rouge, where he is now rabbi emeritus. He is in his ninth year as rabbi to Temple Sinai in Lake Charles. Michelle Weller is a cake decorator and former business owner. She has been a member of I.C.E.S. (International Cake Exploration Society) since 1994 and studied from numerous master decorators through the years, including Nicholas Lodge. She has made special-occasion cakes and pastries out of her commercial kitchen for St. Francisville-area residents for over 24 years. Michelle is recently retired from the business world and ready to share her artistry and expertise with others.

Vernon Wright retired in 2004 after 26 years at LSU and seven years in wildlife and fisheries in Iowa and Illinois, specializing in the use of statistics to monitor and manage wildlife species. He received degrees from Iowa State University (BS), Purdue University (MA), and Washington State University (PhD in zoology). After completing a postdoctoral program at Cornell University (biometrics), he worked as an experimental statistician at LSU. He then switched to the LSU Department of Forestry, Wildlife & Fisheries as a professor of wildlife where he worked on alligators, water fowl, eagles, and other birds and reptiles.

Sandra Zaid is a native of Guatemala and has been teaching art several years, most recently in Pennsylvania. She earned a bachelor’s degree in fine arts with a concentration in painting, and a minor in art history from Kutztown University. Her passion is to teach intuitive art and help students build their own confidence in their own artistic journey. She was recognized as a certified urban artist by Eastern University, Philadelphia, where she did public art. Philadelphia was her hometown for 17 years until she recently moved to Baton Rouge.

CANCELLATION POLICY
Courses with low enrollment may be canceled before the course begins. If you are interested in a course, it is very important that you register as early as possible. LSU reserves the right to cancel or make changes in courses under these conditions.

REFUND POLICY
If your plans change, please let us know five business days prior to the course start date and we will begin the refund process. If you attend the first meeting of the course and decide you would like to discontinue the course, an OLLI credit for the full amount will be given if you send a written request that is received in the OLLI at LSU office before the second course meeting. If you wish to transfer into another course, please contact the OLLI at LSU office at olli@outreach.lsu.edu. If a course is canceled by LSU, you will receive a full refund for the course.

If you paid for a course that is canceled using a credit card, a full refund can be credited to your credit card account within five working days if you request us to do so. If you paid using a check, a full refund can take up to 8 weeks to receive. (LSU’s policy: a check refund requires a 30-day delay to ensure the check has been deposited by the bank. At that point your name will be submitted as an applicant for a University ID number, as the University no longer uses social security numbers for auditing purposes. Once your ID number is received by the Digital & Continuing Education office, the refund request will be processed.)

ACCOMMODATIONS FOR PERSONS WITH DISABILITIES
To arrange accommodations for persons with disabilities, contact the OLLI office:
225-578-2500 or olli@outreach.lsu.edu
## Felicianas Chapter

### Session 1
- Acrylic Painting Made Easy ......................................................... $30
- Basic Yoga ............................................................................... $48
- Beginning French, Continued .................................................. $40
- Beginning Yoga ......................................................................... $50
- A Bible Study by Jennifer Rothschild .................................. $30
- Campaign Finance: From the Founders Forward ............... $30
- Chair Exercise ........................................................................... $30
- Creative Confections: Decorating Cakes & Other Edibles .... $20
- Non-Member Fee: ................................................................. $35
- Early History of the Felicianas ............................................... $20
- Great Decisions 2019 ............................................................ $40
- Happy Feet: Tap Your Cares Away! ...................................... $30
- Intermediate Bridge ............................................................... $40
- Modern Art, Part 2 ................................................................. $30
- Natural History of Amphibians & Reptiles of Louisiana ..... $30
- Richard Rohr: Applying His Wisdom to the Second Half of Life $30
- The Supreme Court & Race ..................................................... $30
- Wine Appreciation ................................................................. $20

### Session 2
- Basic Yoga ................................................................................. $50
- Beginning Yoga ......................................................................... $48
- Field Trip ................................................................................... $15
- Writers & Readers Symposium: A Celebration of Literature & Art $55
- Writers Workshop Retreat ......................................................... $200

## Lagniappe Chapter

### Session 1
- Are You STILL Over 50? Current Advances in Medicine & Surgery $30
- Ballet & More for Fun & Fitness ................................................. $30
- Blueberries, Citrus, Butterfly Plants, Plus ............................. $30
- The Cold War in Eastern Europe .......................................... $30
- Come Follow Me: Beyond Sunday Worship: Directives, Challenges, Dangers $30
- Contemporary Painting Techniques: Still Lifes ...................... $45
- Current Moral Problems .......................................................... $30
- Discovering a Coherent Christianity ..................................... $30
- English Choral Music .............................................................. $30
- Fabulous Felines, Part 2 ........................................................... $25
- The Fertile Crescent ............................................................... $30
- Film Stories .............................................................................. $40
- Flicks & Food: There Is Nothing Like a Dame (OBE) ........... $125
- French Intermediate ............................................................... $30
- Genealogy Using DNA Tests ................................................... $20
- The Gospels: A Jewish Perspective ........................................ $30
- The Great Courses: Geological Wonders – BUMC ............ $30
- The Great Courses: Geological Wonders – SJP .................. $30
- Great Decisions 2019 – BUMC ............................................... $40
- Great Decisions 2019 – SJP ...................................................... $40
- The History of Anti-Semitism ............................................... $30
- A History Smorgasbord – BUMC ............................................ $30
- A History Smorgasbord – SJP ............................................... $30
- Introduction to Bird Watching ................................................ $30
- Jazz/Tap ............................................................................... $30
- Keeping Yourself Safe ............................................................. $30
- Landscapes of America, Part 2 .............................................. $30
- Life Writing .............................................................................. $35
- Line Dance .............................................................................. $30
- Mexican Ink Art ................................................................. $30
- Modern Art, Part 2 ................................................................. $30
- Movement in Art & Music ...................................................... $30
- Music of the American Rivers .............................................. $25
- Natural History of Reptiles & Amphibians in Louisiana .... $30
- Our Lives in Films ................................................................. $40
- Passport to Italy, Level 1 ...................................................... $40
- Passport to Italy, Level 2 ...................................................... $40
- Passport to Italy, Level 3: Avanti! ........................................... $40
- The Psalms: Ancient & Modern ........................................... $30
- Semester at a Glance – FCC ............................................... $0
- Semester at a Glance – SJP .................................................... $0
- Six in Six ............................................................................... $30
- Spanish for Beginners, Part 1 ............................................... $30
- Spanish for Beginners, Part 3 ............................................... $30
- Spanish for Intermediates, Part 2 ........................................ $30
- The Supreme Court & Race .................................................... $30
- Tai Chi for Beginners – Wesley ............................................ $30
- Tai Chi for Beginners – Williamsburg .................................. $30
- A Thirty-Fifth Opera Season ................................................ $30
- Tushkalusa Aplachee History & Culture ......................... $40
- Vikings on Screen ................................................................. $30
- Vivre En Francais .................................................................. $30
- Women’s Short Stories ......................................................... $30
- Yiddish & Yiglish ................................................................. $30

## Session 2
- Basic Hatha Yoga ................................................................. $40

### Course Fee Total: $ ____________________

**NOTE:** You must have an active OLLI at LSU 2018–2019 membership to register for courses.

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**SPRING 2019 COURSES** Check the courses in which you wish to register.

**FEES LISTED BELOW ARE EARLY BIRD PRICES. AFTER FEBRUARY 4, ALL COURSE FEES ARE $5 MORE THAN THE PRICE LISTED BELOW.**

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**MEMBERSHIP:** YOU MUST HAVE AN ACTIVE OLLI AT LSU MEMBERSHIP TO REGISTER FOR COURSES.

To enjoy OLLI at LSU, you must have an active membership before you can register for courses and other fun activities. Membership for July 1, 2019 - June 30, 2019, entitles you to the many OLLI benefits listed on page 2. Your yearly membership fee is $50. This is a non-refundable, tax-deductible donation. Membership may be paid by credit card or check. Check your membership status by calling LSU Enrollment Services at 225-578-2500. See Payment Options on the back page.

Please check your chapter: Felicianas Lagniappe

**DONATE TO OLLI AT LSU**

Consider joining your OLLI friends on the Honor Roll of Donors List for 2018–2019. Your optional donation helps ensure OLLI continues to offer a quality program at bargain prices. Donations also help to support OLLI scholarships. Donations are non-refundable, tax deductible, and appreciated. Gifts can be made in a variety of forms, including outright gifts of cash, securities and real estate, or through planned giving solutions. Your gift may be eligible for the Company Match Program. Donations may be made by credit card or check (make check payable to the LSU Foundation). Contact the OLLI office at 225-578-2500 for details. See Payment Options on the back page.

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**SPRING 2019 REGISTRATION - Please complete contact information.**

Name
Address (city) (state) (zip)
Telephone
Email

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**Call 225-578-2500 for Registration Assistance!**

Help is available 8:00 am – 4:30 pm weekdays. Service representatives are on standby to assist you.

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**Enter your course fees**

**Mark your calendars with the summer semester dates!**

July 8 – August 2, 2019
PAYMENT OPTIONS

Membership: $ \quad \text{Donation: $} \quad \text{Course Fee Total: $}

PAYING BY CREDIT CARD

All fees may be paid by credit card online, or mailing your credit card number on this registration form, or by calling Enrollment Services at 225-578-2500. This includes membership fees, donations, and course fees. Go to www.outreach.lsu.edu/olli and pay with a credit card. VISA, MasterCard, Discover, and American Express are accepted.

PAYING BY CHECK

MEMBERSHIP FEES (ALSO CONSIDERED A DONATION):

Make check payable to LSU Foundation for $50 and be sure to indicate “membership” in the memo. Please mail membership payment directly to the OLLI at LSU office in Pleasant Hall, not directly to LSU Foundation, so your fees can be applied directly to the OLLI account.

ADDITIONAL DONATIONS:

Make check payable to LSU Foundation and be sure to indicate “donation” in the memo. You can combine your membership payment and additional donations on one check. Please mail all donations to the OLLI at LSU office in Pleasant Hall, not directly to LSU Foundation, so your donation can be applied directly to the OLLI account.

COURSE FEES:

Make check payable to LSU for all course fees.

MAIL PAYMENTS

Complete this registration form, whether paying by credit card or by check, and mail to:

OLLI at LSU, 1225 Pleasant Hall, LSU, Baton Rouge, LA 70803-1520.

Card #: \quad \text{Expiration Date: MM/YY} \quad \text{Signature} \quad \checkmark \text{Visa} \quad \checkmark \text{MasterCard} \quad \checkmark \text{Discover} \quad \checkmark \text{American Express}

LSU Enrollment Services staff are available to take your registration with a credit card from 8:00 a.m.–4:30 p.m., Monday–Friday. Call 225-578-2500.