

OLLI at LSU

Osher Lifelong Learning Institute—For Learners Age 50 and Above



**BULLETIN
SPRING 2018**

outreach.lsu.edu/olli

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LSU
Continuing Education



Course Bulletin

Spring 2018

Welcome to OLLI at LSU

The Osher Lifelong Learning Institute at LSU is one of a network of 120 university-affiliated lifelong learning programs supported by The Bernard Osher Foundation. The Osher Lifelong Learning Institute, or OLLI, offers non-credit educational programs specifically developed for adults who are ages 50 and older; university connection and university support; robust volunteer leadership and sound organizational structure; and a diverse repertoire of intellectually stimulating courses.

We invite anyone who is interested to become an OLLI at LSU member. Membership entitles you to register in as many courses, field trips, or special events as you like. Come learn with us!

Our mission is to foster lifelong learning and individual growth for learners ages 50 and over by creating intellectually stimulating learning opportunities that enrich lives.

MEMBERSHIP

OLLI at LSU is open to anyone who meets its two requirements:

1. is 50 years old and older; and
2. enjoys learning!

The annual membership year is from July 1 to June 30. The membership fee is \$50. The fee covers the entire membership year, so join now to take advantage of this year's offerings. Membership entitles you to a wide range of benefits, including registering in as many noncredit OLLI courses as you like by paying course fees and any additional book or supply fees. An OLLI member may attend activities offered by any of the three chapters within OLLI at LSU: Cajun Prairie Chapter, Felicianas Chapter, or Lagniappe Chapter. See the inside back cover for guidelines on paying your membership fee.

OLLI MEMBERSHIP

Thanks to the fantastic help of so many dedicated OLLI members, OLLI at LSU has over 1100 members. Pass the word. Put some sparkle in a friend's eye. Learning in OLLI courses is fun!

Call 225-578-6763 to enroll or give the gift of OLLI to a friend. OLLI at LSU is one of 120 OLLIs located on university campuses in nearly 379 cities and towns throughout the US, together comprising more than 154,000 members.

OLLI AT LSU BENEFITS

- **Courses:** Experience learning something fun, challenging or amazing—200 choices this year.
- **Field Trips:** Visit special places throughout southern Louisiana and surrounding states.
- **Coffees:** Hear outstanding speakers on topics of current interest.
- **Nature Walks:** Enjoy naturalist-accompanied walks on the third Friday of the month in some of the most beautiful places in southern Louisiana and Mississippi.
- **OLLI NEWS:** A weekly e-mail newsletter listing upcoming OLLI activities and local interests.
- **OLLI Membership Directory:** An annual list of OLLI members.
- **Locations:** Programs offered at 15 locations throughout southern Louisiana.
- **LSU College of Music and Dramatic Arts Performing Arts Academy:** Discounted tickets to events.
- **LSU Museum of Art:** 10% discount on MOA Memberships at the Friend-level or higher.
- **LSU Library Privileges:** Check out up to 10 books or other materials at a time and have access to the University's more than 500 databases on campus.
- **LSU University Recreation Center (UREC):** Memberships available for OLLI members.
- **Campus Federal Credit Union:** Full membership privileges to OLLI members. Stop by one of their three branches in Baton Rouge (Main Branch at 3535 Nicholson Extension, Perkins Road Financial Center at 6230 Perkins Road, or the LSU Union Branch), or visit their website at campusfederal.org.
- **Special Access:** Other special membership benefits in your local community.
- **Best of all Benefits:** Friendships and learning with more than 1100 other OLLI at LSU lifelong learning members!

INCLEMENT WEATHER AND CLASS CANCELLATIONS

We sometimes have bad weather during the semesters and a class session needs to be canceled. We follow the EBR Parish School System for Lagniappe Chapter and the WFP School System for the Felicianas Chapter cancellations during the fall and spring semesters. Since schools are not in session during the summer, we will follow the LSU announcements of closings listed on the website: lsu.edu

HAVE QUESTIONS?

Give us a call at 225-578-6763 Monday–Friday, 8:00 a.m.–4:30 p.m., or visit our website at www.outreach.lsu.edu/olli

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Register online: www.outreach.lsu.edu/OLLI · Contact OLLI at LSU: 225-578-6763

LSU

Continuing Education

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Website: www.outreach.lsu.edu/OLLI
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CONTINUING EDUCATION STAFF REPRESENTATIVES

Doug Weimer, Executive Director
Joanne Johnson, Program Manager
Genedi Shamburger, Coordinator

EARLY BIRD SPECIAL FOR FELICIANAS & LAGNIAPPE CHAPTERS

Register early to qualify for the Early Bird Special! Register by Monday, February 5 and pay the early bird fee, printed with the course description. *On February 6, each course fee will increase by \$5.* If you usually mail your registration, please allow time for postal delivery to meet the February 5 deadline. Courses with low enrollment as of February 5 may be canceled. If you register by February 5 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees).

Course Calendars

COURSES BEGIN FEBRUARY 19

Felicianas Chapter Courses

(ST. FRANCISVILLE AREA)

SESSION 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00 a.m.–9:00 a.m. Basic Yoga (Day 1 of 2) OFBEYOG.(34) Grace Episcopal Church–Jackson Hall Instructor: Owen Kemp		8:00 a.m.–9:00 a.m. Basic Yoga (Day 2 of 2) OFBEYOG.(34) Grace Episcopal Church–Jackson Hall Instructor: Owen Kemp	
		9:00 a.m.–10:00 a.m. Beginning Yoga (Day 1 of 2) OFGEYOG.(4) West Feliciana Parish Library Instructor: Jane Simmons	9:00 a.m.–11:00 a.m. Keeping Minou & Fido Healthy, Happy, & Safe OFKMF.(1) First Baptist Church Instructor: Josette Lester	9:00 a.m.–10:00 a.m. Beginning Yoga (Day 2 of 2) OFGEYOG.(4) West Feliciana Parish Library Instructor: Jane Simmons
		9:00 a.m.–12:00 p.m. Basic Mosaics Using Stained Glass OFBMUSG.(5) West Feliciana Parish Library Instructor: Dianne Soileau	Understanding Self-Government OFUSG.(1) West Feliciana Parish Library Instructor: Jim Bolner, Sr.	
10:00 a.m.–12:00 p.m. Great Decisions 2018 OFGRDEC.(7) West Feliciana Parish Library Facilitator: Sam LeBlanc	10:00 a.m.–12:00 p.m. Estate & Disability Planning OFEDP.(1) West Feliciana Parish Library Instructor: Garrett Condon	10:15 a.m.–12:15 p.m. Happy Feet: Tap Your Cares Away! OFHFTC.(6) West Feliciana Parish Library Instructor: Jerisse Grantham	11:30 a.m.–1:30 p.m. Lunch 'n Learn: Adventure with Grit, Grace & Civility OFLNL.(3) The Conference Center at The Bluffs on Thompson Creek Instructor: William McClendon, III	10:15 a.m.–11:15 p.m. The Science & Practice of Yoga OFSPY.(1) West Feliciana Parish Library Instructor: Darlene Reaves
	Navigating the Internet OFNTI.(1) West Feliciana Parish Library Instructor: Ellen McDowell			
1:00 p.m.–3:00 p.m. Louisiana Stories OFLAS.(1) West Feliciana Parish Library Instructor: Olivia Pass		1:00 p.m.–4:00 p.m. Watercolor Painting Made Easy OFWCLR.(3) First Baptist Church Instructor: Lana Bernard Toniolo	1:30 p.m.–3:30 p.m. French Intermediate OFFRIN.(1) First Baptist Church Instructor: Sally Jones	
1:00 p.m.–4:00 p.m. Painting with Patti: Using Mixed Media OFPWPM.(1) First Baptist Church Instructor: Patti Lee Smith	1:00 p.m.–4:00 p.m. Bridge: Play of the Hand OFBFN.(4) West Feliciana Parish Library Instructor: Noelle LeBlanc	1:30 p.m.–3:30 p.m. Healthful Influences OFHI.(1) West Feliciana Parish Library Instructor: Jane Simmons	1:30 p.m.–4:00 p.m. Creative Confections: Decorating Cakes & Other Edibles OFCCDC.(1) West Feliciana Parish Library Instructor: Michelle Weller	
				6:30 p.m.–8:00 p.m. Wine Appreciation OFWINE.(5) Audubon Market Instructor: Various Speakers
				SATURDAY 9:00 a.m.–11:00 a.m. Playing Percentage Pickleball OFPPP.(1) West Feliciana Parish Sports Park Instructor: Pat Heurтин
SESSION 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:00 a.m.–9:00 a.m. Basic Yoga (Day 1 of 2) OFBEYOG.(35) Grace Episcopal Church–Jackson Hall Instructor: Owen Kemp		8:00 a.m.–9:00 a.m. Basic Yoga (Day 2 of 2) OFBEYOG.(35) Grace Episcopal Church–Jackson Hall Instructor: Owen Kemp	

Lagniappe Chapter Courses

(BATON ROUGE AREA)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 a.m.–10:00 a.m. Tai Chi for Beginners (Day 1 of 2) OLTBW.(2) Williamsburg Senior Living Community Instructor: John Howe		9:00 a.m.–10:00 a.m. Tai Chi for Beginners (Day 2 of 2) OLTBW.(2) Williamsburg Senior Living Community Instructor: John Howe
9:00 a.m.–11:00 a.m. The Exciting Historical Fiction of Alexandre Dumas in Text & Film OLFAD.(2) St. James Place Instructor: Genedi Shamburger	9:00 a.m.–11:00 a.m. Understanding Self-Government OLUSG.(1) St. James Place Instructor: Jim Bolner, Sr.	9:00 a.m.–11:00 a.m. Ballet & More for Fun & Fitness OLBMF.(1) The Dancers' Workshop Instructor: Molly Buchmann	9:00 a.m.–11:00 a.m. The Musicality of Richard Rodgers OLMRRJ.(1) St. James Place Instructor: Brian Pope	
		French for Beginners OLFREJ.(2) St. James Place Instructor: Rita Kemp	Photography with iPhones & iPads OLPIPI.(4) University Baptist Church Instructor: Ron Perritt	
9:15 a.m.–11:15 a.m. Great Decisions 2018 OLGDEC.(3) Broadmoor United Methodist Church Instructor: Nancy Sidener	9:15 a.m.–11:15 a.m. Louisiana's Music & the Artists Who Created It OLMUS.(2) Broadmoor United Methodist Church Instructor: Rick Pitcher	9:15 a.m.–11:15 a.m. Architecture & Engineering as Art: Contemporary Structures in the US & Abroad OLAEA.(1) Broadmoor United Methodist Church Instructor: Marchita Mauck	9:15 a.m.–11:15 a.m. Azaleas & Grape Myrtles Plus OLGASE.(5) Broadmoor United Methodist Church Instructor: Claire Fontenot	
The History of Medicine in Louisiana OLHML.(2) Broadmoor United Methodist Church Instructor: Trenton James	Passport to Italy: Level 2 OLPAIT.(13) Broadmoor United Methodist Church Instructor: Fara Mabrey	French Intermediate OLFRIN.(15) Broadmoor United Methodist Church Instructor: Denise Magnat	Passport to Italy: Level 1 OLPAITA.(13) Broadmoor United Methodist Church Instructor: Fara Mabrey	
Let's Laugh (Again!) OLLLA.(2) Broadmoor United Methodist Church Instructor: Frances Billeaud	Vivre en Français OLFREN.(4) Broadmoor United Methodist Church Instructor: Denise Magnat			
Louisiana Stories OLLAS.(1) Broadmoor United Methodist Church Instructor: Olivia Pass				
9:30 a.m.–10:45 a.m. Basic Yoga (Day 1 of 2) OLBYOGA.(1) Broadmoor United Methodist Church Instructor: Agnes Bickham	9:45 a.m.–11:15 a.m. Enjoy a Laugh with Jewish Humor OLELJH.(2) Broadmoor United Methodist Church Instructor: Barry Weinstein	9:30 a.m.–10:45 a.m. Basic Yoga (Day 2 of 2) OLBYOGA.(1) Broadmoor United Methodist Church Instructor: Agnes Bickham		9:30 a.m.–11:30 a.m. Great Decisions 2018 OJGRDEC.(3) St. James Place Instructor: Nancy Sidener
10:00 a.m.–11:00 a.m. Tai Chi for Beginners (Day 1 of 2) OLTCB.(5) Wesley Foundation Instructor: John Howe			10:00 a.m.–11:00 a.m. Tai Chi for Beginners (Day 2 of 2) OLTCB.(5) Wesley Foundation Instructor: John Howe	10:00 a.m.–12:00 p.m. Jazz/Tap OLJATAP.(3) Jeffie Jean Dance Studio Instructor: Jerisse Grantham
11:30 a.m.–1:30 p.m. Ted Talks IV OLTEDT.(3) Broadmoor United Methodist Church Instructor: Tom Moore	11:30 a.m.–1:30 p.m. A History Smorgasbord OLHISM.(1) Broadmoor United Methodist Church Instructor: Henry Bradsher	11:30 a.m.–1:30 p.m. The Mississippi River OLMISR.(2) Broadmoor United Methodist Church Instructor: Edwin Lyon	11:30 a.m.–1:30 p.m. Herbs for Use & for Delight OLHUAD.(7) Broadmoor United Methodist Church Instructor: Sarah Liberta	
Tushkalusa Apalachee History & Culture OLTAHC.(1) Broadmoor United Methodist Church Instructor: John Vinson	An Introduction to the Religions of India: Jainism, Hinduism & Buddhism OLIRI.(1) Broadmoor United Methodist Church Instructor: Francis Vanderwall	Are You STILL Over 50? Current Advances in Medicine & Surgery OLYSOF.(2) Broadmoor United Methodist Church Moderator: Trenton James	Religions of the Far East & the Near East OLRFE.(1) Broadmoor United Methodist Church Instructor: Francis Vanderwall	
	Kate Chopin & Her Bayou Folk Stories OLKCBF.(1) Broadmoor United Methodist Church Instructor: Emily Toth			
	Natural History of the Mammals of Louisiana: A Survey with Emphasis on Ecological Niches OLNHML.(1) Broadmoor United Methodist Church Instructor: Vernon Wright			
	Passport to Italy: Level 3, Avanti! OLPAIA.(8) Broadmoor United Methodist Church Instructor: Fara Mabrey			

PHOTOGRAPH POLICY:
We often take pictures of OLLI participants and instructors for use in our print and electronic publications. If you do not want us to use your photograph, please notify the photographer at the event.

VOLUNTEER NEEDS:

Volunteer with OLLI at LSU! Are you interested in getting more involved with your chapter? Have you wondered how you can help with a course or an event? Our OLLI chapters are always looking for volunteers to help with course set up, events, coffees, etc... If you are interested, contact the OLLI at LSU office: olli@outreach.lsu.edu /// 225-578-6763

Lagniappe Chapter Courses

(BATON ROUGE AREA)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	12:00 p.m.–3:00 p.m. Contemporary Painting Techniques: Still Lifes OLCPT.(1) Broadmoor United Methodist Church Instructor: Sandra Zaid	12:00 p.m.–2:30 p.m. Film Stories OLFILMS.(19) Broadmoor United Methodist Church Instructor: Peter Callery	12:00 p.m.–3:00 p.m. Mexican Art: Ink & Acrylic Painting on Weaved Paper OLMA.(1) Broadmoor United Methodist Church Instructor: Sandra Zaid	
1:00 p.m.–3:00 p.m. Introduction to Bird Watching OLBIRD.(2) Williamsburg Senior Living Community Instructor: Jane Patterson				12:30 p.m.–2:30 p.m. Line Dance OLLID.(16) Jeffie Jean Dance Studio Instructor: Jerisse Grantham
1:45 p.m.–3:45 p.m. Special Topics in Marine Biology OLMARBIO.(1) Broadmoor United Methodist Church Instructor: William Stickle	1:45 p.m.–3:45 p.m. Art & Nature Appreciation OLANA.(2) Broadmoor United Methodist Church Instructor: Charles Fryling, Jr.	1:45 p.m.–3:45 p.m. LSU Football History with Bud Johnson OLLFH.(2) Broadmoor United Methodist Church Instructor: Bud Johnson	1:45 p.m.–3:45 p.m. At Work in BR: Six Community Organizations OLAWBR.(1) Broadmoor United Methodist Church Instructor: Linda Lightfoot	
	The Concerto from Vivaldi & Bach to Brahms OLCVB.(1) Broadmoor United Methodist Church Instructor: Alison McFarland	Spanish for Beginners: Part 3 OLSPE.(3) Broadmoor United Methodist Church Instructor: Merrie Lee Logan	Life Writing OLIFEW.(17) Broadmoor United Methodist Church Instructor: Patt Roberson	
	Spanish for Beginners: Advanced OLSFBA.(1) Broadmoor United Methodist Church Instructor: Merrie Lee Logan	The Middle East from 1918 to 1973 OLTME.(1) Broadmoor United Methodist Church Instructor: Karl Roider	Shakespeare & Renaissance Medicine OLSHAKS.(8) Broadmoor United Methodist Church Instructor: Erica Daigle	
	A Thirty-Third Opera Season OLOPERA.(4) Broadmoor United Methodist Church Instructor: Thomas Beard		Spanish for Beginners: Part 1 OLSFB.(4) Broadmoor United Methodist Church Instructor: Merrie Lee Logan	
2:00 p.m.–4:00 p.m. A History Smorgasbord OLHSJ.(1) St. James Place Instructor: Henry Bradsher	2:00 p.m.–4:00 p.m. The Rise & Fall of the Third Reich OLRAFJ.(2) St. James Place Instructor: Greg Tomlinson	2:00 p.m.–4:00 p.m. Ted Talks IV OLTEDTJ.(3) St. James Place Instructor: Tom Moore	2:00 p.m.–4:00 p.m. Weight Control & Sugar Addiction OLWCSA.(1) St. James Place Instructor: Lawrence (Sal) Guidry	
		Why Are You Laughing? OLWAYL.(1) Williamsburg Senior Living Community Instructors: Smiley Anders & David Grouchy		
		6:15 p.m.–8:15 p.m. Campaign Finance from the Founders Forward OLCFFF.(1) St. James Place Instructor: Linda Lightfoot		
6:30 p.m.–9:00 p.m. Flicks & Food: Mysteries OLFCLICK.(23) Juban's Restaurant Instructor: Donald Beale				

EARLY BIRD SPECIAL FOR FELICIANAS & LAGNIAPPE CHAPTERS

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CAJUN PRAIRIE CHAPTER COURSE LOCATIONS

LSU–Eunice, Community Classroom Education Building, Eunice

FELICIANAS CHAPTER COURSE LOCATIONS

Audubon Market, 5452 Live Oak Centre Dr, St. Francisville

The Conference Center at the Bluffs on Thompson Creek, 14233 Sunrise Way, St. Francisville

First Baptist Church, 12404 LA Hwy 10, Old Fellowship Hall, St. Francisville

Grace Episcopal Church–Jackson Hall, 11621 Ferdinand St, St. Francisville

Hemingbough, 10101 LA Hwy 965, St. Francisville

West Feliciana Parish Library, 5114 Burnett Rd, St. Francisville

West Feliciana Parish Sports Park, 10226 West Feliciana Pkwy, St. Francisville

LAGNIAPPE CHAPTER COURSE LOCATIONS

Broadmoor United Methodist Church, 10230 Mollylea Dr, Baton Rouge

East Baton Rouge Parish Library, 7711 Goodwood Blvd, Baton Rouge

First Christian Church, 8484 Old Hammond Hwy, Baton Rouge

Jeffie Jean Dance Studio, 11600 S Harrell's Ferry Rd, Baton Rouge

Juban's Restaurant, 3739 Perkins Rd, Baton Rouge

St. James Place, Theater Room, 333 Lee Dr, Baton Rouge

University Baptist Church, 5775 Highland Rd, Baton Rouge

Wesley Foundation, 333 E Chimes Street, Baton Rouge

Williamsburg Senior Living Community, 5445 Government St, Baton Rouge

Course Descriptions

COURSES BEGIN FEBRUARY 19

Cajun Prairie Chapter

All courses coordinated by LSU-E Continuing Education, 337-550-1390

Le Café Cajun

Meet for coffee and rich Cajun French conversation filled with local color and memoirs of the Cajun past, *en Cajun*. Special bonus on the first Friday of each month: Cajun Music Jam Session! Beginners and novices welcome, both in speaking French and playing instruments. This is a place to learn!

Course Fee: \$0

Felicianas Chapter

Session 1

Basic Mosaics Using Stained Glass

Discover a fun and easy way to create a work of art! Learn basic surface preparation and how to use nippers to break and shape glass into small pieces called tesserae. Learn how to attach the tesserae to your base to create your mosaic. After letting your work dry 24 to 48 hours, grout your piece to bring the design all together. Two to three pieces can be completed, depending on how fast you work.

Time & Dates: 9:00 a.m.–12:00 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OFBMUSG.(5)

Course Fee: \$50 (Early Bird Fee: \$45)

Supply Fee: \$25 is due at first class.

Instructor: Dianne Soileau

Coordinator: Ronnie Weatherly, 225-635-5252

Basic Yoga

Breathe, stretch, and relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This course meets continuously during the semester sessions and intersessions.

Time & Dates: 8:00 a.m.–9:00 a.m., Tues. & Thurs., Feb. 20, 22, 27, Mar. 1, 6, 8, 13, 15, 20, 22, 27, 29, Apr. 3, 5, 10, 12, 17, 19, 24, 26

Course Code: OFBEYOG.(34)

Course Fee: \$55 (Early Bird Fee: \$50)

Instructor: Owen Kemp

Coordinator: Georgia LaCour, 225-635-1833

Beginning Yoga

Have you been curious about yoga and its benefits? Learn the basics of breathing, stretching, and relaxation.

The activity is gentle, and no prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Do not eat for at least two hours before class, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity.

Time & Dates: 9:00 a.m.–10:00 a.m., Wed. & Fri., Feb. 21, 23, 28, Mar. 2, 7, 9, 14, 16, 21, 23, 28, 30

Course Code: OFGEYOG.(4)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Jane Simmons

Coordinator: Carla Bowman, 225-721-2740

Bridge: Play of the Hand

Continue learning bridge in a fun and friendly atmosphere. Emphasis is on playing of the hand. Time is divided between instruction and playing actual hands with instructor guidance. If you did not take the previous novice bridge course, a basic familiarity with bridge is recommended.

Note: This is a five-week course.

Time & Dates: 1:00 p.m.–4:00 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20

Course Code: OFBFN.(4)

Course Fee: \$45 (Early Bird Fee: \$40)

Text: *The Fun Way to Serious Bridge*, by Harry Lampert

Instructor: Noelle LeBlanc

Coordinator: Tanya Stroud, 225-654-0009

Creative Confections:

Decorating Cakes & Other Edibles

Don't miss this special opportunity to learn the art of decorating special occasion cakes and other edibles. Experience "hands-on" decorating techniques, including leveling, filling, icing, piping, and creating letters, flowers, and borders. Michelle demonstrates and guides students in actual decorating skills during class.

Note: This is a five-week course.

Time & Dates: 1:30 p.m.–4:00 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22

Course Code: OFCCDC.(1)

Supply Fee: \$35 is due at first class.

Instructor will provide all supplies.

Course Fee: \$40 (Early Bird Fee: \$35)

Instructor: Michelle Weller

Coordinator: Georgia LaCour, 225-635-1833

Estate & Disability Planning

Do you want to leave the legal consequences of aging and death to chance? What do you do if a loved one dies? How will you be taken care of when you are older? Who will pay for it? Who inherits your property if you die? What about taxes? How do you create a will? Do you need a living will or a power of attorney? What about a living trust? Get answers to these questions and more related to getting your affairs in order. Discuss the practical steps of how to plan for the future, for

your estate, as well as for your role in caring for others. Learn about the legal concepts surrounding the substantive law of inheritance, successions, property rights, and other related topics, with questions and answers.

Note: This is a two-week course.

Time & Dates: 10:00 a.m.–12:00 p.m., Tues., Mar. 20, 27

Course Code: OFEDP.(1)

Course Fee: \$15 (Early Bird Fee: \$10)

Instructor: Garrett Condon

Coordinator: Ralph Schomburg, 281-682-2802

French Intermediate

Several aspects of the French language are covered in this course. Use correct pronunciation of French sounds, and practice these sounds through reading and repetition. Expand your knowledge of common vocabulary, and use this vocabulary in realistic conversations. Basic grammar points are discussed as needed. Cultural information is intermingled among all the lessons. Gain confidence and motivation to continue your study of the French language.

Time & Dates: 1:30 p.m.–3:30 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OFFRIN.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *French Conversation* by Eliane Kurbegov, and *Complete French Grammar* by Annie Heminway (both are part of the *Practice Makes Perfect* series by McGraw-Hill), and any French/English pocket dictionary

Instructor: Sally Jones

Coordinator: Penny Brouillette, 225-635-4159

Great Decisions 2018

The centerpiece of the longest-running civic education program in the United States devoted to foreign affairs, Great Decisions empowers readers to discuss global issues shaping U.S. foreign policy and the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. Find an ongoing discussion of issues at: www.fpa.org/great_decisions/ or become a Facebook fan of Great Decisions.

Note: This is an eight-week course; class will not meet Apr. 2. Please purchase textbook prior to first class.

Time & Dates: 10:00 a.m.–12:00 p.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26, Apr. 9, 16

Course Code: OFGRDEC.(7)

Course Fee: \$45 (Early Bird Fee: \$40)

Text: *Great Decisions 2018 Briefing Book*, by The Foreign Policy Association (publisher)

Facilitator: Sam LeBlanc

Coordinator: Virginia Smith, 225-635-6162

Happy Feet: Tap Your Cares Away!

Have you always wanted to tap dance? Don't miss this opportunity to learn.

Wear hard-soled shoes (or tap shoes, if you have them) and enjoy the rhythmical sounds of your feet. It is great fun and great exercise! Make this course your healthy choice. Be careful, though; you might get hooked! Why? Because you will leave this course with happy feet!

Time & Dates: 10:15 a.m.–12:15 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OFHFTC.(6)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Jerisse Grantham

Coordinator: Georgia LaCour, 225-635-1833

Healthful Influences

Examine the healing benefits of essential oils, and the variety of conditions they can be used to affect. Explore using herbs in cooking and their real nutritional and palliative value. Discover the effects of toxic vs. nontoxic materials found in household cleaners and other products. Local experts in gardening, healing, and Chinese medicine offer commentary on specific oils and healing; growing and cooking with herbs; and making your home clean and healthful without exposure to toxic chemicals. Become informed about the basic benefits of these materials and how to use them in your daily life.

Note: This is a four-week course.

Time & Dates: 1:30 p.m.–3:30 p.m., Wed., Feb. 21, 28, Mar. 7, 14

Course Code: OFHI.(1)

Course Fee: \$25 (Early Bird Fee: \$20)

Instructor: Jane Simmons

Coordinator: Carolle Olinde, 225-937-0830

Keeping Minou & Fido Healthy, Happy & Safe

Spend six weeks with our animal shelter's veterinarians as they explain the important reasons behind excellent pet care. Topics include: How to live with the constant perils of heart worms and keep your dog safe; animal behavior and how to handle food aggression, dog fighting, accidents in the house; your pet's parasites and diseases including herpes virus, feline leukemia, FIV, ringworm, tapeworms, etc., and which ones you can catch; what is animal neglect and animal cruelty and what to do when you see it; microchipping: what it is, how it is done and maintained; feral cat populations and how to manage them; and the Trap, Neuter, Return program—what it is and how it helps.

Time & Dates: 9:00 a.m.–11:00 a.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OFKMF.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Josette Lester

Coordinator: Josette Lester, 225-229-6787

Louisiana Stories

Discover the work of authors who have written about Louisiana in meaningful ways. Read and discuss short stories by authors such as Lafcadio Hearn, Grace

King, Kate Chopin, William Faulkner, Lyle Saxon, Arna Wendell Bontemps, Zora Neale Hurston, Shirley Ann Grau, Ernest Gaines, James Lee Burke, and John William Corrington. Purchase or borrow a copy of Ben Forkner's *Louisiana Stories* for access to most of the works; other short stories are provided by the instructor.

Time & Dates: 1:00 p.m. –3:00 p.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OFLAS.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *Louisiana Stories*, by Ben Forkner

Instructor: Olivia Pass

Coordinator: Ada White, 225-978-1328

Lunch 'n Learn: Adventure with Grit, Grace & Civility

Join us for a fun time at the Conference Center at The Bluffs on beautiful Thompson Creek for lunch and learning through "Adventure with Grit, Grace, and Civility." Explore four related adventures: Examining the Lens Through Which We Look; Leading Lessons Learned from Our First Three Presidents; Fun Encounters with Creativity; and Sensing Things Imaginatively.

Note: This is a four-week course; course fee includes meals and handouts.

Time & Dates: 11:30 a.m.–1:30 p.m., Thurs., Feb. 22, Mar. 1, 8, 15

Course Code: OFLNL.(3)

Course Fee: \$80 (Early Bird Fee: \$75)

Instructor: William McClendon, III

Coordinator: Stacey King, 225-635-6643

Navigating the Internet

The Internet is the best of things and the worst of things! In this age of wisdom and foolishness, we turn to the Internet for just about everything. Review some basics (including security issues, browsers, storage, cookies, email, and organization) and how to use the Internet effectively to find out what you need without pulling your hair out!

Note: This is a four-week course.

Time & Dates: 10:00 a.m.–12:00 p.m., Tues., Feb. 20, 27, Mar. 6, 13

Course Code: OFNTI.(1)

Course Fee: \$25 (Early Bird Fee: \$20)

Instructor: Ellen McDowell

Coordinator: Carolle Olinde, 225-937-0830

Painting with Patti: Using Mixed Media

Have fun painting using mixed media to create an art project each week. Find form and beauty using pastels, watercolor, salt, sponges, Sharpie pens, and more! Each class includes demonstrations and exercises that utilize previous skills, as well as developing new ones. No experience is needed; novices are welcome. Find joy in discovering your creative self!

Note: This is a four-week course.

Time & Dates: 1:00 p.m.–4:00 p.m., Mon., Feb. 19, 26, Mar. 5, 12

Course Code: OFPWPM.(1)

Supply Fee: \$20 is due at first class.

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Patti Lee Smith

Coordinator: Carla McLemore, 225-939-2545

Playing Percentage Pickleball

For experienced players who wish to learn how to play and hit high-percentage-point shots, and greatly reduce errors made by over-hitting. Focus on placement over power. Learn how to improve your soft game and strategies to take your game to the next level. Wear clothing that allows free movement, and bring water and a hand towel. Be prepared to live without your cell phone during class instruction and practice times. Using the West Feliciana Pickleball Club's ball machine, fine-tune your basic strokes: forehand and backhand ground strokes, overheads, volleys, dinks, and lobs. Our guest instructor is Robert Kelly, a highly ranked tournament player.

Note: \$5 facility usage fee is due at first class in cash, or checks payable to West Feliciana Parish Parks & Recreation (or WFPPR).

Time & Dates: 9:00 a.m.–11:00 a.m., Sat., Feb. 24, Mar. 3, 10, 17, 24, 31

Course Code: OFPPP.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Pat Heurtin

Coordinator: Jodie Cotten, 225-939-4180

The Science & Practice of Yoga

Learn the science and practice of yoga, whether you are an instructor, a participant in a practice, or are interested in beginning. Using an edX online course by the University of Texas, Arlington, examine the practice of yoga and discuss the scientific research on the physical and mental health benefits of yoga and meditation, along with how you can apply these principles to your everyday life.

Note: This is a four-week course.

Time & Dates: 10:15 a.m.–11:15 a.m., Fri., Feb. 23, Mar. 2, 9, 16

Course Code: OFSPY.(1)

Course Fee: \$15 (Early Bird Fee: \$10)

Instructor: Darlene Reaves

Coordinator: Janie Simmons, 225-235-5552

Understanding Self-Government

Examine the evolution of political ideas, institutions, and practices relating to self-government. Topics to be explored: types and forms of government, the experiment with representative government in the United States, critiques of self-government, and the historical and social forces posing challenges to self-government.

Time & Dates: 9:00 a.m.–11:00 a.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OFUSG.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Jim Bolner, Sr.

Coordinator: Dawn Hoyle, 225-635-6448

Watercolor Painting Made Easy

Learn to create a watercolor painting that represents your uniqueness as an artist. Enjoy creating compositions by incorporating design elements that ensure your success. No experience is necessary. Discover the tools of color

theory, relationship of shapes, and how value can bring life to your paintings. Learn to create a focal point to give your art impact and highlight your personal purpose in your final creation.

Note: Bring three of your sketches and photos/pictures that inspire you.

Time & Dates: 1:00 p.m.–4:00 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OFWCLR.(3)

Supply Fee: \$35 is due at first class.

Instructor will provide all supplies.

Course Fee: \$50 (Early Bird Fee: \$45)

Instructor: Lana Bernard Toniolo

Coordinator: Olivia Pass, 225-302-3524

Wine Appreciation

Come join us for a unique wine tasting and food pairings experience at the Audubon Market in St. Francisville. Representatives from local wineries and distributors explain the fine qualities of their various wines and introduce new flavors. Suggestions and samples of food and dessert pairings will be enjoyed by all.

Note: This is a four-week course.

Time & Dates: 6:30 p.m.–8:00 p.m., Fri., Feb. 23, Mar. 2, 9, 16

Course Code: OFWINE.(5)

Course Fee: \$20 (Early Bird Fee: \$15)

Supply Fee: \$35 (payable to Audubon Market) is due at first class.

Instructor: Various Speakers

Coordinator: Dawn Hoyle, 225-635-6448

Session 2

Basic Yoga

Breathe, stretch, and relax your way to a healthier life. No prior yoga experience is needed. When coming to class, please keep your talking to a minimum, remove your shoes, and leave your cell phone in the car. Come to class on an empty stomach, be early, bring a yoga mat, and wear comfortable clothing that does not impede your activity. This course meets continuously during the semester sessions and intersessions.

Time & Dates: 8:00 a.m.–9:00 a.m., Tues. & Thurs., May 1, 3, 8, 10, 15, 17, 22, 24, 29, 31, June 5, 7, 12, 14, 19, 21, 26, 28, July 3, 5

Course Code: OFBEYOG.(35)

Course Fee: \$55 (Early Bird Fee: \$50)

Instructor: Owen Kemp

Coordinator: Georgia LaCour, 225-635-1833

Field Trips

Writers & Readers Symposium:

A Celebration of Literature & Art

Mark your calendar for a date with regional authors at Hemingbough Convention Center in St. Francisville, sponsored by A Celebration of Literature and Art, Inc. Authors selected are Catharine Savage Brosman, John Kemp, Michael H. Rubin, Genaro K Lú Smith, and M.O. Walsh. Register prior to the day of the event to get the best discount.

Time & Dates: 8:30 a.m.–3:30 p.m., Sat., Feb. 17

Course Code: OFWRS.(4)

Course Fee: In advance, \$55; at the door, \$65

Coordinator: Missy Couhig, 504-427-0421

Writers Workshop Retreat

Author Genaro K Lú Smith leads this writers retreat for fiction and nonfiction authors. Bring your previously written work to be critiqued, and complete writing assignments during the workshop. Beginning writers are welcome. Enjoy a fun and productive small-group workshop environment (enrollment is limited to ten participants).

Time & Dates: 9:00 a.m.–3:30 p.m., Sun., Feb. 18

Course Code: OFWWBG.(4)

Course Fee: \$200

Coordinator: Missy Couhig, 504-427-0421

Lagniappe Chapter

Architecture & Engineering as Art: Contemporary Structures in the US & Abroad

We often look at architecture and civil engineering projects as basically practical applications to meet specific needs. Limited budgets too frequently eliminate the possibilities for imaginative design for large projects, but there are exceptions. Discover fascinating public buildings, such as schools, libraries, museums, churches, bridges, and even some purely whimsical structures, that amaze and delight the eye.

Time & Dates: 9:15 a.m.–11:15 a.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLAEA.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Marchita Mauck

Coordinator: Claire Fontenot, 225-753-1100

Are You Still Over 50? Current Advances in Medicine & Surgery

Join us for a series of talks on medical issues of interest to the 50 and older crowd. Speakers and topics include: Dementia: Once a beautiful mind, Jeffery Keller, PhD; Plastic Surgery: How to make things better, James W. Wade, MD; Palliative Care: When enough is enough, Mark Kantrow, MD; Peripheral Vascular Surgery: When your piping fails, P. Michael Davis, Jr., MD; Medical Genetics: What's in your jeans (genes)? Duane Superneau, MD; Trauma Surgery: The "golden hour" after an accident, Benjamin Martinez, MD.

Time & Dates: 11:30 a.m.–1:30 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLYSOF.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Moderator: Trenton James

Coordinator: Karen Egedy, 225-937-7089

Art & Nature Appreciation

Do you know the language of esthetics? Can you read art as the artist does? The visual arts are more or less related, for they are based on the same visual elements and the same principles of

composition, whether it be painting, photography, landscape design, or architecture. The esthetic appreciation of nature is based on these same elements and principles. Explore these design criteria as we examine the works of outstanding artists of the natural world, such as John Bateman, Georgia O’Keeffe, Walter Anderson, William Bartram, Ansel Adams, Roberto Burle Marx, Claude Monet, and Charlie Harper. Learn to read art esthetically, as the artist does, and gain a deeper appreciation for both the creative products of artists and the natural world around you.

Time & Dates: 1:45 p.m.–3:45 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLANA.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Charles Fryling, Jr.

Coordinator: JoAnn Fryling, 225-921-4149

At Work in BR:

Six Community Organizations

Meet the leaders of six organizations that work to improve the quality of life in Baton Rouge: Adam Knapp, president and CEO of Baton Rouge Area Chamber of Commerce; Brod Bagert, lead organizer of Together Baton Rouge; Mark Drennen, CEO of Capital Area Finance Authority; John Spain, executive vice president, Baton Rouge Area Foundation; Elizabeth “Boo” Thomas, president and CEO, Center for Planning Excellence; and Sid Newman, executive director, Crime Stoppers.

Time & Dates: 1:45 p.m.–3:45 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLAWBR.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Linda Lightfoot

Coordinator: Jenny Hastings, 225-205-2455

Azaleas & Crape Myrtles Plus

Crape myrtles are considered a favorite plant in this area. Wouldn’t you like to know how to prune them, along with azaleas and hibiscus so that the plants will compliment, and not detract from, the other parts of the landscape? Join us as we grow plants from seed. Dr. James shows us how to grow camellias that bloom (some varieties are fragrant) and how to prevent most insects and diseases. Roses are covered as to selecting and growing them. Join us if you like to garden, have other people to do the work, or just want to know about plants that do well in this area.

Time & Dates: 9:15 a.m.–11:15 a.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLGASE.(5)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Claire Fontenot

Coordinator: Jack Carmena, 225-924-9935

Ballet & More for Fun & Fitness

Learn the fundamentals of ballet appropriate for beginners, or to challenge former dancers who would like to return to the world of lilting melodies and beautiful posture! Everyone is encouraged to work at their own level to get their bodies moving in ways that

are both beautiful and beneficial. Using the basic French terminology, learn the classical ballet class structure, emphasizing areas of fitness including strength, balance, coordination, flexibility, and agility in age-appropriate ways. In addition, try conditioning exercises from the world of modern dance as well as forays into classical dance pantomime and dance history. We may have a few sore muscles, but we will also have fun and learn that the studio mirror can be our friend! Wear ballet shoes or socks.

Note: Class will not meet Mar. 14.

Time & Dates: 9:00 a.m.–11:00 a.m., Wed., Feb. 21, 28, Mar. 7, 21, 28, Apr. 4

Course Code: OLBMF.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Molly Buchmann

Coordinator: TBD

Basic Yoga

Enjoy yoga and learn to enrich your lifestyle using basic yoga. Breathe, stretch, and relax your way to improved posture, endurance, and flexibility. No prior yoga experience is necessary. Poses are modified to participant ability and desire to practice. Leave your shoes, cell phone, and the outside world outside. Wear comfortable clothes and bring a yoga mat (block and strap optional).

Time & Dates: 9:30 a.m.–10:45 a.m., Mon. & Wed, Feb. 19, 21, 26, 28, Mar. 5, 7, 12, 14, 19, 21, 26, 28

Course Code: OLBHYOGA.(1)

Course Fee: \$45 (Early Bird Fee: \$40)

Instructor: Agnes Bickham

Coordinator: Yvonne Harding, 225-936-3160

Campaign Finance from the Founders Forward

Investigate money in politics—particularly in elections for President and Congress. Trace the development of campaign finance practices from the country’s founding, the laws passed to govern them, and the decisions by the Supreme Court that have upheld or struck down those laws.

Time & Dates: 6:15 p.m.–8:15 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLCFFF.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Linda Lightfoot

Coordinator: Jenny Hastings, 225-205-2455

The Concerto from Vivaldi & Bach to Brahms

The concerto was reinvented several times between its origin in the 18th century and the mid-20th century. The most common solo instrument is the piano, but there are many examples of concertos for various strings, trumpet, French horn, oboe, bassoon, and clarinet. There are even some oddities, like concertos for harmonica, one for tuba, and a concerto for a pianist who lost his right arm in WW1. Come hear concertos by Vivaldi, Corelli, Bach, Haydn, Beethoven, Mendelssohn, Tchaikovsky, Grieg, Brahms, Ravel, and Vaughan Williams.

Time & Dates: 1:45 p.m.–3:45 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLCVB.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Alison McFarland

Coordinator: Pat Ketelsen, 225-766-3688

Contemporary Painting

Techniques: Still Lifes

Make fresh-looking paintings with bold complimentary colors and energetic brushstrokes. Working from two different still lifes from photographs or from direct observation, learn beginning painting concepts or sharpen technical skills, depending on your prior experience. Learn how to identify values, mix accurate colors, create strong compositions, and use palette knives and brushstrokes. The range of texture and effects that you can use with acrylics is endless. Make several sketches to build confidence and to help really explore how a strong composition can be the foundation of a solid still life painting. A handout with information on five basic principles of design for your own study is provided. No experience necessary. Everyone works at their own pace and level.

Time & Dates: 12:00 p.m.–3:00 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLCPT.(1)

Supplies: Supply list is provided prior to the first day of class.

Course Fee: \$50 (Early Bird Fee: \$45)

Instructor: Sandra Zaid

Coordinator: TBD

Enjoy a Laugh with Jewish Humor

Get ready for lots of laughter! Trace the history and development of Jewish humor over the past millenia and learn how our Jewish sense of humor has helped us survive, even in the most dire circumstances. Come prepared to offer your most humorous stories from your own background. In the past, this course has proved to be a lot of fun for all.

Time & Dates: 9:45 a.m.–11:15 a.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLELJH.(2)

Course Fee: \$30 (Early Bird Fee: \$25)

Instructor: Barry Weinstein

Coordinator: Tip Tipton, 225-248-6281

The Exciting Historical Fiction of Alexandre Dumas in Text & Film

Nineteenth-century author Alexandre Dumas remains one of France’s most popular and prolific writers. Following his post as Royal Scribe, he began expressing in adventurous prose his passion for historical figures and their brushes with scandal, romance, and crime. He penned novels and plays that have been enjoyed in 100-plus languages. Delve into the history of the actual figures who captivated Dumas’ attention, read select excerpts, view film clips, and watch a full-length movie. Ready to learn about the *real* Musketeers and discover exactly who was *The Man in the Iron Mask*? What of the decadent French Queen Margot or scandalous Italian Borgia family? And

the brilliant Count of Monte Cristo—who was he? Come be fascinated and amazed as you discover the real-life individuals that shaped the exciting novels of one of the most celebrated authors known to France.

Time & Dates: 9:00 a.m.–11:00 a.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLHFAD.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Genedi Shamburger

Coordinator: Alice Ducote, 225-647-1027

Film Stories

As food should nourish our bodies, so stories should nourish our spirits. At each session, review a handout providing background materials, as well as questions to stimulate reflection and discussion; then watch a film or television show, and discuss it. The instructor chooses the films or television shows for each session with input from those who have previously participated in this course. To find out which stories will be seen, contact the instructor or coordinator.

Time & Dates: 12:00 p.m.–2:30 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLFILMS.(19)

Course Fee: \$45 (Early Bird Fee: \$40)

Instructor: Peter Callery

Coordinator: Kathy Bosworth, 225-766-2349

Flicks & Food: Mysteries

This series focuses on a genre of perennial popularity in American Cinema, the mystery. Our viewing selection leans toward the whodunit style and includes two films based on Agatha Christie works. The films for the series are *Witness for the Prosecution* (1957), *Deathtrap* (1982), and *Evil Under the Sun* (1982).

Note: Dinner is included in the course fee.

Time & Dates: 6:30 p.m.–9:00 p.m., Mon., Feb. 19, Mar. 5, 19

Course Code: OLFCLICK.(23)

Course Fee: \$115 (Early Bird Fee: \$110)

Instructor: Donald Beale

Coordinator: Suzan Hoover, 225-614-5513

French for Beginners

Continuing our work in the fall beginning French course, review pronunciation and vocabulary learned previously, then focus on new vocabulary not covered in the fall. *The Visual Phrase Book and CD* is used as a base. Vocabulary and the rich French culture is presented with a slide show. Register for this class even if you didn’t take the fall class. If you want to start to learn French or refresh what you learned years ago, this is the course!

Time & Dates: 9:00 a.m.–11:00 a.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLFRBEJ.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *Visual Phrase Book and CD EW Travel*, by DK Publishing, available online

Instructor: Rita Kemp

Coordinator: TBD

French Intermediate

Do you have a grasp of basic French, including numbers, months, weather terms, days of the week, and use of the present and *passé composé* tenses? Join us to reach the next level of comprehension and spoken French! Read an easy novel in French and discuss French customs and traditions. Please bring the textbooks with you on the first day of class. *Bonne journée!*

Time & Dates: 9:15 a.m.–11:15 a.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLFRRIN.(15)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *French Now! Level 1 with Audio CDs*, by Kendris & Kendris; and *Un Été Pas Comme Les Autres* by Huguette Zahler

Instructor: Denise Magnat

Coordinator: TBD

Great Decisions 2018

The longest-running civic education program in the United States devoted to foreign affairs, Great Decisions empowers citizens to discuss global issues shaping U.S. foreign policy and the world. The briefing book provides historical background, current U.S. policy and alternative policy options, informative maps and detailed graphs, suggested readings and resources, as well as opinion ballots for each topic. Planned topics for 2018: The waning of Pax Americana; Russia's foreign policy; China and America: the new geopolitical equation, Media and foreign policy; Turkey: a partner in crisis; U.S. global engagement and the military; South Africa's fragile democracy; Global health: progress and challenges. One can find an ongoing discussion of issues at www.fpa.org/great_decisions/ or become a fan of Great Decisions on Facebook.

Note: This is an eight-week course and is being held at two locations.

Broadmoor United Methodist Church

Time & Dates: 9:15 a.m.–11:15 a.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26, Apr. 2, 9

Course Code: OLGRDEC.(3)

Course Fee: \$45 (Early Bird Fee: \$40)

Text: *Great Decisions 2018 Briefing Book*, by The Foreign Policy Association (publisher)

Instructor: Nancy Sidener

Coordinator: Marguerite Davis, 225-929-7988

St. James Place

Time & Dates: 9:30 a.m.–11:30 a.m., Fri., Feb. 23, Mar. 2, 9, 16, 23, 30, Apr. 6, 13

Course Code: OJGRDEC.(3)

Course Fee: \$45 (Early Bird Fee: \$40)

Text: *Great Decisions 2018 Briefing Book*, by The Foreign Policy Association (publisher)

Instructor: Nancy Sidener

Coordinator: Linda Gray, 225-928-1059

Herbs for Use & for Delight

Herbs grow wild all over the planet, are easily cultivated in our gardens, and provide infinite possibilities for study, exploration, and invention. Explore some of those possibilities, with a special

focus on popular culinary herbs that star both in the spring garden and on the spring table. Get a selection of herbs for your home garden, along with recipes and other supplies, and learn to grow and use herbs to make quick, easy, and delicious dishes based on classroom demonstrations and samplings.

Note: \$25 is due at first class for plants/supplies.

Time & Dates: 11:30 a.m.–1:30 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLUHAD.(7)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Sarah Liberta

Coordinator: Carol Pierpont, 225-803-6851

The History of Medicine in Louisiana

Explore the healthcare available to the peoples who made our state unique and prosperous from pre-European times though the 19th century. Through stories and period illustrations, understand the medicine and health practices of the indigenous Native Americans; the claiming of this land and waterways by European powers; the coming of the many ethnic groups along with their medical traditions; the disease epidemics that afflicted so many and cut short lives; the impact of slavery; the Civil War and how it changed medicine; the influence of Charity Hospital in New Orleans; and the folk medicine practices that have played an important role in medical treatment. Medical traditions of Louisiana provide a wealth of exceptional and fascinating tales.

Time & Dates: 9:15 a.m.–11:15 a.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLHML.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Trenton James

Coordinator: TBD

A History Smorgasbord

Join us for a lecture series with topics selected by Fall 2017 class members. Topics include: Rearranging the world—how geology continually changes maps, including Darwin's role in geology; What really killed the dinosaurs? Probably not that hit from space; Who were the first Americans? Evidence that people and technology first came from across the Atlantic; Viking adventures, from Canada to Sicily; Deceiving the Nazis in World War II; and Was bombing Hiroshima necessary?

Note: This course is being held at two locations.

Broadmoor United Methodist Church

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLHISM.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Henry Bradsher

Coordinator: Karen Egedy, 225-937-7089

St. James Place

Time & Dates: 2:00 p.m.–4:00 p.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLHSJ.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Henry Bradsher

Coordinator: Mary Johnson, 225-344-3375

Introduction to Bird Watching

Learn to identify birds in your yard and in the wild. Learn how to use binoculars and field guides, and discover tips for bird identification. One class meeting focuses on hummingbirds in particular, and another on how to attract birds to your yard. Put theory into practice by going on the optional field trips. The field trips will be scheduled for weekday mornings based on the availability of the class members.

Note: This is a four-week course.

Time & Dates: 1:00 p.m.–3:00 p.m., Mon., Feb. 19, 26, Mar. 5, 12

Course Code: OLBIRD.(2)

Course Fee: \$25 (Early Bird Fee: \$20)

Instructor: Jane Patterson

Coordinator: TBD

An Introduction to the Religions of India: Jainism, Hinduism & Buddhism

Survey the religions of India, beginning with Jainism. Study the main beliefs of Hinduism including the wants of the human being, the four paths, the four yogas, and the four different kinds of people. Explore the four stages of life, the stations of life, and other important Hindu beliefs. To understand Buddhism, learn about the Buddha and his Enlightenment, the four noble truths, the noble eight-fold path, nirvana, the sangha, bhakti, and the bodhisattva. Examine the role of Hinduism and Buddhism in the world today.

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLIRI.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *The Enduring Quest*, by Francis W. Vanderwall

Instructor: Francis Vanderwall

Coordinator: TBD

Jazz/Tap

Come enjoy a fun and energetic form of dance—jazz. Get ready to move! We start with a thorough warm-up and stretching exercises, then dance across the floor learning a fun jazz routine. It is a great way to enjoy the love of dance. Try something new and find your passion for jazz dancing. For tap, wear hard-soled shoes and enjoy the rhythmical sounds of your feet. Both jazz and tap are such fun and provide great exercise! Make this course your healthy choice. Be careful, you might get hooked!

Time & Dates: 10:00 a.m.–12:00 p.m., Fri., Feb. 23, Mar. 2, 9, 16, 23, 30

Course Code: OLJATAP.(3)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Jerisse Grantham

Coordinator: Mackie Burt, 225-603-9537

Kate Chopin & Her Bayou Folk Stories

Kate Chopin (1850–1904) was fascinated by Louisiana characters—proud Creoles, saucy Cajuns, eager busybodies, all full of passion and vitality. Her first

published short story collection, *Bayou Folk Stories* (1894), introduced American readers to the Cane River country, and to Louisiana folkways and special secrets. She wrote about dialects and regional mannerisms, unique foods, aftershocks from the Civil War, and universal themes—love, death, loyalty, and revenge. We'll read the 23 stories in *Bayou Folk* and see what a sly innovator she was, and how she was misunderstood in her time—especially when she wrote about such taboo subjects as domestic violence and sexual leanings.

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLKCBF.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *Bayou Folk Stories*, by Kate Chopin

Instructor: Emily Toth

Coordinator: Kathy Bosworth, 225-766-2349

Let's Laugh (Again!)

Humor is a peculiar thing—different people don't always laugh at the same things. Explore comedy and comedians we've laughed at or with through the years. Examine aspects of humor and forms of delivering it that have been popular through the years: vaudeville performers, the radio years, television comedy, and some writers of humor we've enjoyed along the way. Stage performers, stand-up comedians, and memorable comedic films are remembered as we move along from one-liners, to a few shock jocks, to performers who use other angles to make us laugh. Time permitting, we may also look into humor via our email boxes, avoiding political and other offensive jibes, naturally.

Time & Dates: 9:15 a.m.–11:15 a.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLLLA.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Frances Billeaud

Coordinator: TBD

Life Writing

Begin or continue writing the story of your life. Share reading, writing, and critiquing with classmates. Prepare a valuable family document by searching back through your life to link one generation to another—something you've probably been meaning to do. This is a fun and productive opportunity. Bring pen and paper.

Time & Dates: 1:45 p.m.–3:45 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLIFEW.(17)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Patt Roberson

Coordinator: Alton Barksdale, 225-673-1776

Line Dance

Come have a great time showing off all your best dance moves! Line dancing is a line of dancers executing a sequence of steps at the same time. It has a strong country music base, but has crossed into music styles like disco, pop, Cajun, and Latin. In line dancing, the balance

of male and female partners doesn't matter, so sign up for this course either as a single or a couple. The fun begins with "Boot Scootin' Boogie" and ends with the "Freeze."

Time & Dates: 12:30 p.m.–2:30 p.m., Fri., Feb. 23, Mar. 2, 9, 16, 23, 30

Course Code: OLLID.(16)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Jerisse Grantham

Coordinator: JoAnn Monjure, 225-293-1763

Louisiana Stories

Discover the work of authors who have written about Louisiana in meaningful ways. Read and discuss short stories by authors such as Lafcadio Hearn, Grace King, Kate Chopin, William Faulkner, Lyle Saxon, Arna Wendell Bontemps, Zora Neale Hurston, Shirley Ann Grau, Ernest Gaines, James Lee Burke, and John William Corrington. Purchase or borrow a copy of Ben Forkner's *Louisiana Stories* for access to most of the works; other short stories are provided by the instructor.

Time & Dates: 9:15 a.m.–11:15 a.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLLAS.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *Louisiana Stories*, by Ben Forkner

Instructor: Olivia Pass

Coordinator: Beverly Tipton, 225-248-6281

Louisiana's Music & the Artists Who Created It

Louisiana has a very rich and diverse musical heritage, and many of its musicians have become famous worldwide. Sample several different styles and many influential musical artists through the use of audio recordings and video footage.

Time & Dates: 9:15 a.m.–11:15 a.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLMUS.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Rick Pitcher

Coordinator: TBD

LSU Football History with Bud Johnson

Football history is more than just dates and scores! Learn about key individuals and events that helped LSU become nationally prominent in collegiate athletics. The athletes and coaches who gained national and international recognition, such as Y.A. Tittle, Jimmy Taylor, Billy Cannon, Jerry Stovall, Tommy Casanova, Bert Jones, Paul Dietzel, and Charlie McClendon are highlighted. Did you know that Huey Long, besides being a powerful political figure in LA, was the Tigers' biggest fan? Find out how he influenced LSU sports!

Time & Dates: 1:45 p.m.–3:45 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLLFH.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Bud Johnson

Coordinator: Larry Hubbard, 225-767-3309

Mexican Art: Ink & Acrylic Painting on Weaved Paper

Create a large folk piece of art by painting bright, tropical birds on an organic weaved paper called *amate* (pronounced "ah-MAH-tay") with black ink and acrylic paints. Working from various vivid examples of Mexican folk art, learn how to push the boundaries of a rather traditional visual thinking by drawing intricate symbols and transferring them directly to weaved paper. Once transferred, ink-draw the outlines of the design as demonstrated by the instructor and then paint the entire design. Draw your own image of tropical birds or use the instructor's template. Explore Aztec art, its symbolism, and the process of the creation and painting of bark paper. All levels of drawing skill are welcome.

Time & Dates: 12:00 p.m.–3:00 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLMA.(1)

Course Fee: \$50 (Early Bird Fee: \$45)

Supply Fee: \$14 is due at first class for

India ink pen and weaved paper.

Supply list of additional items will be provided prior to the first day of class.

Instructor: Sandra Zaid

Coordinator: TBD

The Middle East from 1918 to 1973

At the end of the First World War, Britain and France divided the Arab lands of the Ottoman Empire between them. They called their new possessions "mandates" authorized by the new League of Nations, but in reality they governed them like French and British colonies. It did not last. The Arab peoples asserted their independence, and after the Second World War, neither the British nor the French had the will or the resources to maintain their empires. Inserted into the new political reality of the Middle East was the arrival of European Jews, which led in 1948 to the creation of the state of Israel and to wars in 1948, 1956, 1967, and 1973. The goal of the course is to understand something of today's Middle East by discussing how it came to be.

Time & Dates: 1:45 p.m.–3:45 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLTME.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Karl Roider

Coordinator: Joyce Siegel, 225-928-3700

The Mississippi River

We live within a few miles of the Mississippi River, one of the most important and fascinating rivers in the world. Take advantage of this opportunity to learn about the river and its history and culture. Topics to be covered include the natural environment, Native Americans, the colonial river, steamboats and navigation, flooding and flood control, river culture, literature, and art. Enjoy a virtual trip down the river, illustrated by videos. Special attention is given to historic and natural sites you can visit along the river.

Time & Dates: 11:30 a.m.–1:30 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLMISR.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Edwin Lyon

Coordinator: TBD

The Musicality of Richard Rodgers

Richard Charles Rodgers composed the music for more than 900 songs and 43 Broadway musicals. He is best known for his songwriting partnerships with lyricists Lorenz Hart and Oscar Hammerstein II. His compositions have had a significant impact on popular music up to the present day, and have an enduring, broad appeal. Some of his shows with Hart include: *Jumbo*, *On Your Toes*, *Babes in Arms*, *The Boys from Syracuse*, and *Pal Joey*; and songs such as "Where or When," "My Funny Valentine," "The Lady Is a Tramp," and "Bewitched, Bothered and Bewildered." His musicals with Hammerstein include: *Oklahoma!*, *Carousel*, *South Pacific*, *The King and I*, and *The Sound of Music*, and songs such as "Oh, What a Beautiful Mornin'," "If I Loved You," "You'll Never Walk Alone," "Some Enchanted Evening," "Getting to Know You," "My Favorite Things," "Climb Ev'ry Mountain," and "Do-Re-Mi." Join us as we explore the life and work of this great American composer through interviews and performances.

Time & Dates: 9:00 a.m.–11:00 a.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLMRRJ.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Brian Pope

Coordinator: Jane Honeycutt, 225-766-5090

Natural History of the Mammals of Louisiana: A Survey with Emphasis on Ecological Niches

Explore such diverse animals as monotremes (egg-laying mammals from Australia), marsupials (opossums), insectivores (moles, shrews), and bats. Also included are primates (not man), lagomorpha (rabbits), many species of rodents, whales, carnivores, and the hoofed mammals. A review is also included of large mammals lost in the Pleistocene extinction (10,000 years ago) in North America, with a focus on those known to be from Louisiana.

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLNHML.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Vernon Wright

Coordinator: Ada White, 225-978-1328

Passport to Italy: Level 1

Learn Italian from a native speaker. For travelers who want to have a better understanding of the *Bel Paese* and its language. Emphasis is on developing oral skills, building a practical vocabulary, and understanding the culture, history, and geography of Italy. No books are necessary. Handouts are provided by the instructor.

Note: This is an eight-week course.

Time & Dates: 9:15 a.m.–11:15 a.m., Thurs.,

Feb. 22, Mar. 1, 8, 15, 22, 29, Apr. 5, 12

Course Code: OLPAITA.(13)

Course Fee: \$45 (Early Bird Fee: \$40)

Instructor: Fara Mabrey

Coordinator: TBD

Passport to Italy: Level 2

Continue to explore the *Bel Paese* and its beautiful language. This course is designed for participants who already have a knowledge of basic Italian, such as pronunciation, greetings, and masculine and feminine articles and nouns.

Note: This is an eight-week course.

Time & Dates: 9:15 a.m.–11:15 a.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27, Apr. 3, 10

Course Code: OLPAITT.(13)

Course Fee: \$45 (Early Bird Fee: \$40)

Text: *Easy Italian - Step by Step*, by Paola Nanni-Tate

Instructor: Fara Mabrey

Coordinator: TBD

Passport to Italy: Level 3, *Avanti!*

If you have a good knowledge of Italian grammar and vocabulary, and want to reinforce your ability to converse in Italian, join us. Learn more about the history, the art, and the customs of the *Bel Paese*.

Note: This is an eight-week course.

Time & Dates: 11:30 a.m.–1:30 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27, Apr. 3, 10

Course Code: OLPAIA.(8)

Course Fee: \$45 (Early Bird Fee: \$40)

Text: *Advanced Italian - Step by Step*, by Paola Nanni-Tate

Instructor: Fara Mabrey

Coordinator: TBD

Photography with iPhones & iPads

Learn about iPhone and iPad camera features, settings, taking photos and videos, editing photos and videos, the photos app, how photos and videos are organized, finding items quickly, making albums, sharing your photos and videos, backup techniques and iCloud storage options. Make sure your device is using iOS 11.02 (or higher) operating system, or some features covered in the course will not be available. Only Apple iOS devices are covered in this course; we are not discussing similar features on other brands of smartphones and tablets.

Time & Dates: 9:00 a.m.–11:00 a.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLPIPIP.(4)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Ron Perritt

Coordinator: TBD

Religions of the Far East & the Near East

Explore the religions of China and Japan including Confucianism, with a focus on the emphasis on correct or right behavior and Taoism and the Tao, with a consideration of *wu-wei*. Examine the relationship between Christianity, Confucianism, and Taoism. Study the Japanese religion of Shintoism and the unique Japanese

interpretation of Buddhism, with an emphasis on understanding satori and zen. In the Near East, learn about the Egyptian religions and cult of the dead, Mesopotamian religions, Persian Zoroastrianism, and conclude with Greek and Roman religions and their gods.

Time & Dates: 11:30 a.m.–1:30 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLRFE.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *The Enduring Quest*, by Francis W. Vanderwall

Instructor: Francis Vanderwall

Coordinator: TBD

The Rise & Fall of the Third Reich

Adolf Hitler's Nazi regime assumed control over Germany as a one-party state in 1933 promising economic renewal and the fulfillment of a glorious destiny as the saviors of an exclusive, racially "Aryan" western civilization. Twelve years later, 40 million people had lost their lives and Germany, along with much of Europe, lay in ruins. What are the origins of the nefarious, destructive ideology of National Socialism and why did Germans consent to Hitler's "new order"? Why did European powers permit the unchecked expansion of German control for so long? How did the Second World War begin and why did the perpetrators of the Holocaust willingly participate in Nazi war crimes? Explore these questions and more as we delve into one of the world's most destructive dictatorships.

Time & Dates: 2:00 p.m.–4:00 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLRAFJ.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Greg Tomlinson

Coordinator: Janice Wise, 225-766-5265

Semester at a Glance

Come hear several of our instructors give a preview of their courses for the spring session before you register. Note: This free event will be presented at three locations on the dates and times indicated below.

St. James Place

Time & Dates: 1:30 p.m.–3:30 p.m., Tues., Jan. 9

Course Code: OLSAGJ.(12)

Instructor: Spring 2018 Instructors

Coordinator: Kathy Bosworth, 225-766-2349

First Christian Church

Time & Dates: 1:00 p.m.–2:30 p.m., Wed., Jan. 10

Course Code: OLSAGB.(12)

Instructor: Spring 2018 Instructors

Coordinator: Kathy Bosworth, 225-766-2349

Williamsburg Senior Living Community

Time & Dates: 1:30 p.m.–3:30 p.m., Fri., Jan. 12

Course Code: OLSAGW.(4)

Instructor: Spring 2018 Instructors

Coordinator: Kathy Bosworth, 225-766-2349

Shakespeare & Renaissance Medicine

We all know Hamlet delivers one of his most famous speeches to a skull, and this is a popular depiction of the character. But what did Shakespeare know about the skull in Hamlet's hand? Explore medieval and Renaissance medical knowledge and practices, focusing on both anatomy and physiology in Shakespeare's plays. Look closely at the doctrine of the humors, the pneuma or spirits, and the effects of the physical state on behaviors and emotions. As we read passages referencing the body in Shakespeare, we can also learn a great deal about Renaissance attitudes toward man's place in the universe.

Time & Dates: 1:45 p.m.–3:45 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLSHAKS.(8)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Erica Daigle

Coordinator: Karen Egedy, 225-937-7089

Spanish for Beginners: Part 1

Learn oral skills such as pronunciation and simple questions and answers. Also learn beginning grammar intermingled with the interesting cultures. The same text will be used for more advanced courses. All of us can learn a new language!

Time & Dates: 1:45 p.m.–3:45 p.m., Thurs., Feb. 22, Mar. 1, 8, 15, 22, 29

Course Code: OLSFB.(4)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *Spanish Now, Level One*, 7th or 8th Ed., by Ruth Silverstein

Instructor: Merrie Lee Logan

Coordinator: TBD

Spanish for Beginners: Part 3

Continue your study of Spanish. Review and reinforce your pronunciation and oral/written skills with further emphasis on questions and answers. Continue to learn more about grammar, especially the use of regular and irregular verbs. Expand your vocabulary as well as your knowledge of the interesting cultures.

Time & Dates: 1:45 p.m.–3:45 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLSPBE.(3)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *Spanish Now, Level One*, 7th or 8th Ed., by Ruth Silverstein

Instructor: Merrie Lee Logan

Coordinator: Carol Pierpont, 225-803-6851

Spanish for Beginners: Advanced

This course follows Spanish for Beginners (Part 4), using the same book. Review and reinforce your pronunciation and oral/written skills. Continue to learn more about grammar with more emphasis on the past tense. Expand your vocabulary and knowledge of Spanish-speaking cultures.

Time & Dates: 1:45 p.m.–3:45 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLSFBA.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *Spanish Now, Level One*, 7th or 8th Ed., by Ruth Silverstein

Instructor: Merrie Lee Logan

Coordinator: Linda Hadley, 225-753-7009

Special Topics in Marine Biology

Discuss pertinent current topics in marine biology including climate change, disease and phenology, keystone species and competition, rocky intertidal temperature and desiccation stress, ocean acidification, and distressed coral reef systems. All of these topics are of current interest to an informed society. Compare the tropics, temperate and polar regions of the oceans.

Time & Dates: 1:45 p.m.–3:45 p.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLMARBIO.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: William Stickle, Jr.

Coordinator: TBD

Tai Chi for Beginners

Tai chi originated in China as a mind-body practice derived from martial arts. It requires you to slowly move your body and constantly regulate your breath. This low-impact exercise lowers stress and improves physical well-being, especially for seniors. Learn some tai chi movements and exercises designed to increase core muscle strength, and improve balance and flexibility. Wear comfortable clothes and non-skid shoes.

Note: This course is being held at two locations.

Wesley Foundation

Time & Dates: 10:00 a.m.–11:00 a.m., Mon. & Thurs., Feb. 19, 22, 26, Mar. 1, 5, 8, 12, 15, 19, 22, 26, 29

Course Code: OLTCB.(5)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: John Howe

Coordinator: Cathy Hansen, 225-603-5357

Williamsburg Senior Living Community

Time & Dates: 9:00 a.m.–10:00 a.m., Wed. & Fri., Feb. 21, 23, 28, Mar. 2, 7, 9, 14, 16, 21, 23, 28, 30

Course Code: OLTBW.(2)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: John Howe

Coordinator: TBD

Ted Talks IV

TED Talks are more powerful than anything in written form. Learn by listening and viewing how a carefully crafted short talk can be the key to unlocking empathy, stirring excitement, spreading knowledge, and promoting a shared dream. Done right, a talk can electrify a room and transform an audience's worldview. Join us as we enter into the worlds of science, technology, electronics, mathematics, and just fun areas.

Note: This course is being held at two locations.

Broadmoor United Methodist Church

Time & Dates: 11:30 a.m.–1:30 p.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLTEDT.(3)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Tom Moore

Coordinator: Karen Egedy, 225-937-7089

St. James Place

Time & Dates: 2:00 p.m.–4:00 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLTEDTJ.(3)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Tom Moore

Coordinator: Jenny Hastings, 225-205-2455

A Thirty-Third Opera Season

Enjoy and learn about a single opera each week. The instructor selects two operas and participants choose from a list of eight. Andreas Giger, LSU professor of musicology, presents an opera of his choice. Dugg McDonough, Michael Borowitz, and LSU singers discuss and present selections from their major spring production.

Time & Dates: 1:45 p.m.–3:45 p.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLOPERA.(4)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Thomas Beard

Coordinator: Ken Nelson, 225-769-7842

Tushkalusa Apalachee

History & Culture

Examine ways the Apalachees (Louisiana tribe) use herbs for everyday health problems (joint pain, swellings, tiredness, etc.). Join us on herb walks to study lawn-dwelling plants, as well as images and slide presentations in the classroom. Explore the role of tribal mineral baths and elements (fire, smoke, etc.). Understanding the Apalachee culture helps interpret the tribe's medicine choices. Examine traditional dress, courtship and marriage, language, and trade (hunting, fishing, farming).

Time & Dates: 11:30 a.m.–1:30 p.m., Mon., Feb. 19, 26, Mar. 5, 12, 19, 26

Course Code: OLTAHC.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: John Vinson

Coordinator: TBD

Understanding Self-Government

Examine the evolution of political ideas, institutions, and practices relating to self-government. Topics to be explored include: types and forms of government, the experiment with representative government in the United States, critiques of self-government, and the historical and social forces posing challenges to self-government.

Time & Dates: 9:00 a.m.–11:00 a.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLUSG.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructor: Jim Bolner, Sr.

Coordinator: Dick Najolia, 225-757-1389

Vivre en Français

Use the knowledge of the French language that you have acquired from previous courses to reinforce your ability to converse in French. You should have a good grasp of past, future, subjunctive, and conditional tenses. Additionally, you should have solid base knowledge of grammar usage skills.

Time & Dates: 9:15 a.m.–11:15 a.m., Tues., Feb. 20, 27, Mar. 6, 13, 20, 27

Course Code: OLFREN.(4)

Course Fee: \$35 (Early Bird Fee: \$30)

Text: *The French Subjunctive Up Close*, by Annie Heminway

Instructor: Denise Magnat

Coordinator: Claire Fontenot, 225-753-1100

Weight Control & Sugar Addiction

Examine the dietary drivers of weight control problems, especially the role of glucose and fructose, the two components of table sugar. Compare popular diets and their recommendations on glucose and fructose-laden foods. A central goal is to provide guidance on how to find the hidden sugar in the foods you eat. The rich source of information found on the Internet is an integral part of the course. Learn how sugar addiction undermines weight loss attempts, and what you can do about it.

Note: This is a four-week course.

Time & Dates: 2:00 p.m.–4:00 p.m., Thurs., Feb. 22, Mar. 1, 8, 15

Course Code: OLWCSA.(1)

Course Fee: \$25 (Early Bird Fee: \$20)

Instructor: Lawrence (Sal) Guidry

Coordinator: Virginia Gleason, 225-262-5229

Why Are You Laughing?

Explore what makes us laugh and enjoy examples from books, radio and TV shows, and movies of things that make us chuckle, chortle, guffaw, and giggle. The course is taught by two gentlemen who dabble in humor: David Grouchy, who taught a humor course at LSU and is well known in Baton Rouge as a talented actor and Mark Twain impersonator, and Smiley Anders, longtime daily items

columnist for *The Advocate* and author of two books, *Best of Smiley* and *Smiley! A Laughing Matter*. To enliven the course, Dave and Smiley are joined by guests from politics, entertainment, and mass communications. Come prepared to laugh, and check your troubles at the door.

Note: Two instructors teach this course, but on separate dates.

Time & Dates: 2:00 p.m.–4:00 p.m., Wed., Feb. 21, 28, Mar. 7, 14, 21, 28

Course Code: OLWAYL.(1)

Course Fee: \$35 (Early Bird Fee: \$30)

Instructors: Smiley Anders & David Grouchy

Coordinator: TBD

Instructor Biographies

Smiley Anders is a columnist with *The Advocate* who has been writing a daily items column since 1979. Holding an MA in journalism from LSU, he is a five-time winner of the Herb Caen Award from the National Society of Newspaper Columnists and a member of the Hall of Fame of the LSU Manship School of Mass Communication.

Donald Beale has an MALA from LSU in general humanities with an emphasis on film studies. He has done additional graduate coursework in English, with a concentration in American literature and film. He has taught composition and technical writing for the LSU English department and a course on Russian cinema for the Department of Foreign Languages & Literatures. He is the director of Distance Learning Programs at LSU Continuing Education.

Thomas Beard has a PhD from Duke University and is an alumni professor emeritus of economics at LSU. He received both his bachelor's and master's degrees from LSU. Beard is an opera enthusiast and collector of opera recordings.

Agnes Bickham attended Shambhava School of Yoga in Kona, Hawaii, after practicing yoga for many years. She earned her RYT 200 in Hatha-based tradition. After certification, she has been employed as a yoga instructor at the Women's Wellness Center in Baton Rouge for seven-plus years, and is still employed there. She has taught at various other studios. Agnes believes yoga is a stabilizing practice that grounds students, promoting a sense of well-being, strength, and confidence.

Frances Billeaud was an associate professor of the Department of Communicative Disorders at the University of Louisiana-Lafayette for 36 years and has written two books on communication disorders in infants and toddlers. She was director of the Speech, Language and Hearing Clinic

at ULL and has a special interest in early intervention and autism spectrum disorder. Frances has a BA in speech pathology from ULL and an MA in speech from LSU. She holds a CCC-SLP and is a Fellow of the American Speech-Language, Hearing Association (ret.).

Jim Bolner, Sr., professor emeritus of political science (LSU), received his PhD in political science from the University of Virginia. His area of expertise is American constitutional law and history. He has taught at LSU and several universities in the United States and France. Since his retirement from LSU in 1999, he has taught courses in the OLLI program on American politics and digital photography.

Henry Bradsher has, in his not-exactly "retirement," lectured on cruise ships all over the world. Multiple trips stimulated a variety of lecture subjects based on his career as a foreign correspondent and, later, intelligence analyst, on every continent except Antarctica. Other subjects were researched out of curiosity arising from extensive reading.

Molly Buchmann is artistic director of the Baton Rouge Ballet Theatre and retired head of dance and founder of the dance minor program in the LSU School of Theatre. She is co-owner of The Dancers' Workshop, which for over 40 years has trained Baton Rouge dancers—many of whom have gone on to professional careers in dance. She is an American Ballet Theatre Certified Teacher and cocreator of Baton Rouge's popular *The Nutcracker: A Tale from the Bayou*. As the choreographer of over 60 musicals, she has worked with people of all ages, dancers and non-dancers alike, and believes that ballet can be fun and beneficial for everyone!

Peter Callery is a Jesuit priest with a BA in philosophy and an MDiv in theology. He taught in high schools for 36 years. He is currently a retreat director at Manresa House of Retreats in Convent, Louisiana. He has long had an interest in

how the stories that we experience affect our own life stories.

Garrett Condon is an attorney licensed in Louisiana, New Jersey, and New York. He is president of the Baton Rouge law firm of Condon, Wood & Burkhart. His practice areas include wills and successions, real estate, criminal law, military law, Veterans' Affairs benefits appeals, and personal injury. Garrett was an active duty Air Force JAG for over 11 years and is currently a Lieutenant Colonel in the reserves.

Erica Daigle, PhD, University of Iowa, is a native of Louisiana and received her BS and MA from LSU. Her primary research interest is English Renaissance literature and medicine, especially Shakespeare. She also has special interest in ancient literature and cultures.

Claire Fontenot has been a master gardener for 15 years. She presently coordinates the volunteers at BREC Independence Park Botanic Garden, where she has developed an American Daylily Society display garden, and the Louisiana iris and ginger displays. She continues to provide information about home gardens to OLLI members and interested members of the public.

Charles Fryling, Jr., FASLA, earned his BS in landscape architecture from Syracuse University and his MS from the Graduate School of Design at Harvard University. His special expertise as a landscape architect is the field of design esthetics. He joined the LSU School of Landscape Architecture faculty in 1967 and has taught courses in plant materials, regional planning and ecology. He created Views of the American Landscape, a core humanities course, using his photographs extensively to illustrate his lectures, and showing the impact of the land on artists, writers, photographers, poets, and others. His special interest since childhood has been the natural world, whether it's the desert southwest, the Rocky Mountains

of the northwest, or the swamp of the Atchafalaya Basin. Every place is special to him.

Jerisse Grantham owns the Jeffie Jean Dance Studio, which her mother started more than 75 years ago. Grantham teaches all forms of dance at the studio, and at public and private schools in the Baton Rouge area. She is a 12-year adjunct faculty member of Tulane University in the theater and dance department. She is also certified to teach by Dance Masters of America. She earned her BS from LSU, and has enjoyed the art of teaching and sharing the passion of dance for more than 30 years.

David Grouchy has been teaching people how to find the humor in daily life since 1981. He has taught "Humor, the Sixth Sense" through LSU Leisure Courses; "How to Act Comedy," for Theatre Baton Rouge; and "That's Hilarious," for the Louisiana State High School Thespian conferences. He is an award-winning newspaper columnist, author, actor, director, and nationally acclaimed public speaker who generates energy and enthusiasm wherever he appears.

Lawrence (Sal) Guidry, PhD, a licensed psychologist for over 40 years, was a staff psychologist at VA Medical Center, New Orleans, working in addiction treatment. He was a clinical associate professor in psychology in the Department of Psychiatry at Tulane Medical School and clinical assistant professor in psychology in the Department of Psychiatry at LSU Medical School. A hypertensive crisis that sent him to the emergency room six years ago made him determined to lose weight and improve his dietary and lifestyle habits, and to learn everything he could about diet and weight control.

Pat Heurtin holds a MEd +30 hours. She is a retired teacher, having taught and coached health, physical education, and English 23 years at the high school level,

and educational teaching methods two years at the university level. Following her teaching retirement, she served seven years as the physical director for the Lake Charles YMCA. After retiring from the YMCA, she served as the public information officer for the Calcasieu Parish Library System. She now stays very busy serving as an ambassador for pickleball in the West Feliciana area.

John Howe is retired from the LSU School of Medicine, where he was director of the LSU Family Practice Residency Program and family medicine department head for 23 years. He graduated from Tulane Medical School. He has studied tai chi for eight years under John Langlois. He enjoys introducing others to this ancient Chinese practice of movement meditation, which has proven health benefits.

Trenton L. James, MD, FAAFP, is a retired, board-certified family physician who still serves as a preceptor for residents in family medicine and medical students from Tulane and LSU. James serves as an associate medical director of the Quality Innovation Network/Quality Improvement Organization for Medicare in Louisiana, which improves the quality of healthcare and patient safety in hospitals, nursing homes, home health and hospice agencies, and in provider offices across the state.

Marvin (Bud) Johnson is frequently called by members of the sports media to check facts on LSU football. A 2001 recipient of the LSWA Lifetime Achievement Award and former LSU sports information director, Bud is the author of *The Perfect Season: LSU's Magic Year—1958*. As a public relations professional, Bud has represented a major airline and a professional basketball team.

Sally Jones retired from the East Baton Rouge School System after teaching French and English at both middle and high school levels over the course of 20 years. She graduated from LSU's College of Education with a major in French education and a minor in English education. Jones began her teaching career at Central Middle School, and then moved on to Central and Zachary High Schools before finishing her teaching years at Northeast High in Pride.

Owen Kemp has been a yoga instructor for several years, and received her yoga training through the Loving Yoga program at the Barsana Dham Ashram in Austin, Texas. She attended training sessions at the Omega Institute in Rhinebeck, N.Y., and various venues around the country and internationally. Owen's yoga style is best described as flow.

Rita Kemp has a BS in French from LSU (1980) and a BA from École Normale de Bastogne (1974) in Belgium. She taught two years with the CODOFIL program in Louisiana and 31 years at Episcopal High in Baton Rouge. She taught mostly beginning French.

Noelle LeBlanc has been playing bridge since she was 14 years old (more than half a century!). She played bridge almost thirty years in the New Orleans officially sanctioned duplicate bridge game at the Bridge Center of New Orleans. Noelle has great expertise in both bidding and playing of the hand as evidenced by the accumulation of numerous master points over the years. Presently, she plays both duplicate and rubber bridge in the St. Francisville area.

Josette Lester is the president of the West Feliciana Animal Humane society and helps run the James L. "Bo" Bryant Animal Shelter. She works closely with several local veterinarians in the Felicianas.

Sarah Liberta, MA in English, Texas Christian University, is a retired English professor whose favorite hobby, growing and cooking with fresh herbs, led to a new career as culinary herbalist and food writer. She has written herb columns for *Louisiana Cookin'* and *The Essential Herbal* magazines and created culinary garden seminars for Chef John Folse's White Oak Plantation and Red Stick Spice Company. For her outstanding work with herbs over the last 25 years, she received The Herb Society of America's highest award, the Helen De Conway Medal of Honor, for 2017.

Linda Lightfoot, BA journalism and political science, University of Mississippi, is retired from *The Advocate* where she worked 42 years, the last 15 as executive editor. She has put together several OLLI courses with guest lecturers on Louisiana institutions and issues facing the state.

Merrie Lee Logan and her husband moved to Louisiana from the Midwest. She attended the University of Iowa before graduating from LSU with a degree in French, Spanish, and English. Merrie Lee taught languages in public and private schools for 20 years and is excited to be part of OLLI.

Edwin Lyon retired from a career as an archaeologist and historian for the U.S. Army Corps of Engineers in New Orleans. He received his PhD in history from LSU, as well as his MA in anthropology. He taught evening Mississippi River courses at Tulane University for 10 years. He is a cruise speaker for seven-night Mississippi River cruises.

Fara Mabrey is a native of Italy who has taught Italian and French in schools in both Italy and France. She has a bachelor's degree in foreign languages from the Università Di Bari and has lived in Switzerland and France for extended periods of time. She has taught Italian for LSU Leisure Courses since January 2001.

Denise Magnat has a BA in education from the University of Algiers, North Africa. She has taught French as a foreign language to all age groups for 40 years in several countries in Africa, Europe, and the South Pacific, a few states in the US,

and for twelve years with the OLLI at LSU program.

Marchita Mauck has a PhD from Tulane University, and is retired from the LSU College of Art & Design.

William McClendon, III, is a retired lawyer and mediator who practiced for almost 50 years and who has been teaching college-level courses and seminars in negotiation and communication for over 35 years. He was educated at Newman in New Orleans, Westminster in Simsbury, Connecticut, The Leys in Cambridge, England, and at Tulane University in New Orleans, where he earned a BA in history and an LLB in law. He has won many awards and is listed in Who's Who in the World. He is the author of *Deal Makers: Negotiating More Effectively Using Timeless Values*. His course at Western North Carolina University was made a requirement for all graduate engineers. Through a business exchange to San José, Costa Rica, he learned conversational Spanish.

Ellen McDowell passionately helps the non-tech savvy to feel more confident with technology and social media. She founded Ellen McDowell-Your Social Butterfly five years ago, and has taught for OLLI and Continuing Education at LSU.

Alison McFarland is an associate professor of musicology at LSU, and received her PhD from University of California, Santa Barbara, in 1999. McFarland won a Fulbright Fellowship to Rome and several other research grants in Italy and England. Her work has been published in national and international journals.

Tom Moore, PE, received a BS in mechanical engineering from University of Kansas, and completed post-graduate studies in management and engineering at UCLA and the University of Delaware. He graduated from the U.S. Army Command and General Staff College, at Fort Leavenworth, Kansas, and is a colonel, U.S. Army (retired). Through his engineering and military professions, and through serving with the Olympics as a judge and director in the sport of marksmanship, he has traveled to all seven continents and 106 countries and faraway places.

Olivia Pass has a PhD from the University of Louisiana at Lafayette and two master's degrees from LSU, in English and journalism. She enjoys both taking and teaching OLLI classes.

Jane Patterson is an avid birder and gardener and greatly enjoys sharing both pursuits with others. She is the current president and education chair for the Baton Rouge chapter of the National Audubon Society, and has taught birding through LSU Leisure Courses for seven years.

Ronald Perritt has a BS in physics, and MS and PhD degrees in electrical engineering. Now retired, he previously

taught electrical engineering at LSU and Georgia Tech, and worked for many years at Dow Chemical Co. in computer-based process control. He has taught several OLLI courses on iPhones and iPads, and understanding iCloud.

Rick Pitcher is a retired Presbyterian minister who grew up in New Orleans and developed a lifelong interest in the city's history and culture, particularly its music.

Brian Pope, MA, University of Texas at Austin, is well known in the Baton Rouge arts community. He is the host of "Center Stage," a weekly one-hour radio show on WRKF that examines a topic or theme dealing with musical theater, now in its fourteenth season on the air. He has served on the boards of the Theatre Baton Rouge, the Baton Rouge Ballet Theatre, Friends of the Baton Rouge Zoo, and the Baton Rouge Gilbert and Sullivan Society. A retiree of the Dow Chemical Company, Brian has produced more than 30 musicals locally and has appeared in more than a dozen musical productions. He was inducted into the Theatre Baton Rouge Hall of Fame in June of 2012. He is an adjunct instructor at Northwestern State University, where he teaches a course in musical theater history and literature.

Darlene Reaves holds a MAST (Masters of Art in Science Teaching) degree, taught science for 31 years, and is now retired. She has taught OLLI courses on numerous science topics such as birds, fossils, and geology. She has also facilitated the following edX courses: "The Science of Happiness," "Making Sense of Climate Science Denial," "Chinese Thought," "First Nights: Beethoven's Ninth," and "Jazz: the Music, the Stories and the Players."

Patt Roberson earned a PhD in mass communication from University of Southern Mississippi. She is a retired journalism professor, former business manager of *The Southern Review*, bingo caller for a charity, ad rep for the Baton Rouge Ballet Theatre, and avid recycler. She grew up in the Panama Canal Zone and lives in a geodesic dome in Baker with two black cats and two stray dogs.

Karl Roider is alumni professor emeritus at LSU. In his 45 years of teaching there, he taught courses on Eastern Europe, the Balkans, World War I, the Ottoman Empire, European Military History, and various seminars on different topics dealing with Eastern and Southeastern Europe. He has taught many courses for OLLI, beginning in the 1990s and continuing until today.

Genedi Shamburger is a native of Baton Rouge and former teacher of middle and high school French. She holds a Master of Education from LSU, and BA degrees in French and English with an emphasis in creative writing from the University of Missouri-Kansas City. She has also studied in France and Belgium. Genedi has a background in painting and drawing, calligraphy, business and creative writing, and she is an avid history enthusiast.

Nancy Sidener earned her AB at University of California, Berkeley, and her PhD at UC, Davis. Before retiring, she taught economics at the University of Colorado, Colorado Springs, and part-time at LSU, while directing the Louisiana Council for Economic Education.

Jane Simmons has been a yoga instructor for several years, and received her yoga training through the Living Yoga program at the Barsana Dham Ashram in Austin, Texas. She attended training sessions at the Omega Institute in Rhinebeck, N.Y., and various venues around the country and internationally. Janie's yoga style is best described as flow. Through her yoga practice and teaching, she has studied other aspects and influences on health and incorporated the use of essential oils associated with healing and stress relief into her yoga classes. She also has studied the health claims of using herbs, and avoiding toxins in household cleaners.

Patti Lee Smith is a native of Ohio and longtime resident of Louisiana, currently residing at Lake Rosemound in West Feliciana Parish. She is a local artist, retired nurse, full-time homemaker, mother, and grandmother. She is a lifelong artist who has studied numerous artists, developing her own style, and sharing her talents with friends and relatives. From tender children's portraits to beautiful landscapes, her works not only celebrate the joy of her inner child, but also impress the viewer with her artistic insight.

Dianne Soileau started doing mosaics after taking a mosaics class through OLLI several years ago. She was making her own hand-built pottery and loved the idea of incorporating her pottery pieces into mosaics. She currently operates a mosaics studio inside Vintage Soul Antiques in Baton Rouge.

William Stickle received his PhD from the University of Saskatchewan, Regina, in biology with a minor in oceanography. He worked in zoology & physiology and then biological sciences at LSU from 1972-2015 where he taught "Marine Communities," "Environmental Physiology," and "Human Physiology." He also developed the LSU Marine Biology in Southeast Alaska Program, which has included 249 LSU students in the last 10 years. Stickle has published 97 research papers and graduated 15 MS students and 11 PhD students.

Greg Tomlinson is currently pursuing a PhD in German history with the LSU Department of History. He received both his BA and MA from San Jose State University. His doctoral research concerns land value, capital, and republican politics in early nineteenth-century Bavaria.

Lana Bernard Toniolo taught watercolor for over 30 years to students from ages 3 to 83. Her work has shown in juried shows and won awards. Venues include LSU Union, LSU MOA Store, Brush With Burden, BRAL, LWS, River Road National Art Show, WBRP Library, Treasures of Pointe Coupee, along with New York City and New Jersey societies/galleries. She holds a BS from LSU in math and English, and studied for eight years of watercolor/art classes at Parson's School of Design and the School of Visual Arts in New York City. She studied with watercolorist Edgar Whitney and designer/author Carol Joyce.

Emily Toth reads and writes about women's lives. Her eleven published books include biographies of Kate Chopin and Grace Metalious, and advice for academic women. Her "Ms. Mentor" academic advice column appears monthly on the website of the *Chronicle of Higher Education*. She has a PhD from Johns Hopkins University and taught for many years in the LSU English

department. She also writes about food, cats, and women's humor in "Nothing But the Toth," her column in the online magazine *talkingwriting.com*.

Francis Vanderwall is professor emeritus of theology at Our Lady of the Lake College, taught for the RSI program, and teaches for the diaconate programs for the Catholic Diocese of Baton Rouge. He is a spiritual director and pastoral counselor who presented retreats at the Jesuit Retreat House in Grand Coteau, and Manresa in Louisiana, as well as retreat houses and spirituality centers in Arizona, California, Missouri, New York, and elsewhere, for many years. The author of five books on prayer, spirituality, and psychology, he belonged to the Jesuit order for almost 30 years.

John Vinson is trained in Tushkalusa Apalachee tribal medicine (herbals, water therapy, health foods, etc.), health and nutrition classes at Arizona State and Mesa Community College. He is a Certified Nurse Assistant (National Nurse Aide Assessment Program, NNAAP). Vinson has served as Apalachee Daktari (Tribal Health Advisor) for 20-plus years.

Barry Weinstein earned his Doctor of Hebrew Letters, Master of Arts in Hebrew Letters, and his rabbinic ordination from Hebrew Union College-Jewish Institute of Religion (HUC-JIR), in Cincinnati, Ohio. While at HUC-JIR, he spent a year at the College-Institute in Jerusalem, Israel. He earned his bachelor's degree, cum laude, from Union College, Schenectady, New York, and spent his junior year studying at the University of Madrid, Spain. Upon his rabbinic ordination, Weinstein served Temple Israel in Omaha, from 1971-1983. From 1983 to 2008 he served as rabbi of Congregation B'nai Israel in Baton Rouge, where he is now rabbi emeritus. He is in his ninth year as rabbi to Temple Sinai in Lake Charles.

Michelle Weller is a cake decorator and former business owner. She has been a member of I.C.E.S. (International Cake Exploration Society) since 1994 and studied from numerous master decorators through the years, including Nicholas Lodge. She has made special-occasion cakes and pastries out of her commercial kitchen for St. Francisville-area residents for over 24 years. Michelle is recently retired from the business world and ready to share her artistry and expertise with others.

Vernon Wright retired in 2004 after 26 years at LSU and seven years in wildlife and fisheries in Iowa and Illinois, specializing in the use of statistics to monitor and manage wildlife species. He received degrees from Iowa State University (BS), Purdue University (MS), and Washington State University (PhD in zoology). After completing a postdoctoral program at Cornell University (biometrics), he worked as an experimental statistician at LSU. He then switched to the LSU Department of Forestry, Wildlife & Fisheries as a professor of wildlife where he worked on alligators, water fowl, egrets, eagles, and other birds.

Sandra Zaid is a native of Guatemala and has been teaching art several years, most recently in Pennsylvania. She earned a bachelor's degree in fine arts with a concentration in painting, and a minor in art history from Kutztown University, in Pennsylvania. Her passion is to teach intuitive art and help students build their own confidence in their own artistic journey. She was recognized as a certified urban artist by Eastern University, Philadelphia, where she did public art. Philadelphia was her hometown for 17 years until she recently moved to Baton Rouge.

EARLY BIRD SPECIAL FOR FELICIANAS & LAGNIAPPE CHAPTERS

Register early to qualify for the Early Bird Special! Register by Monday, February 5 and pay the early bird fee, printed with the course description. *On February 6, each course fee will increase by \$5.* If you usually mail your registration, please allow time for postal delivery to meet the February 5 deadline. Courses with low enrollment as of February 5 may be canceled. If you register by February 5 and your course is canceled, you may either receive a refund or credit the course fee to another course (with no additional fees).

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If your plans change, please let us know five business days prior to the course start date and we will begin the refund process. If you attend the first meeting of the course and decide you would like

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If you paid for a course that is canceled using a credit card, a full refund can be credited to your credit card account within five working days if you request us to do so. If you paid using a check, a full refund can take up to 8 weeks to receive. (LSU's policy on a check refund requires a 30-day delay

to ensure the check has been deposited by the bank. At that point your name will be submitted as an applicant for a University ID number, as the University no longer uses social security numbers for auditing purposes. Once your ID number is received by the Continuing Education office, the refund request will be processed.)

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To enjoy OLLI at LSU, you must have an active membership before you can register for courses and other fun activities. Membership for July 1, 2017 - June 30, 2018, entitles you to the many OLLI benefits listed on page 2. Your yearly membership fee is \$50. This is a non-refundable, tax-deductible donation. Membership may be paid by credit card or check. Check your membership status by calling LSU Enrollment Services at 225-578-2500. See Payment Options on the back page. **Please check your chapter:** Cajun Prairie Felicianas Lagniappe

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FEES LISTED BELOW ARE EARLY BIRD PRICES. AFTER FEBRUARY 5, ALL COURSE FEES ARE \$5 MORE THAN THE PRICE LISTED BELOW.

Cajun Prairie Chapter

- Le Café Cajun*..... \$0

Felicianas Chapter

Session 1

- Basic Mosaics Using Stained Glass \$45
- Basic Yoga \$50
- Beginning Yoga..... \$30
- Bridge: Play of the Hand \$40
- Creative Confections:
Decorating Cakes & Other Edibles..... \$35
- Estate & Disability Planning..... \$10
- French Intermediate..... \$30
- Great Decisions 2018 \$40
- Happy Feet: Tap Your Cares Away! \$30
- Healthful Influences..... \$20
- Keeping Minou & Fido Healthy,
Happy, & Safe \$30
- Louisiana Stories \$30
- Lunch 'n Learn:
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- Navigating the Internet \$20
- Painting with Patti: Using Mixed Media..... \$30
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- Understanding Self-Government \$30
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- Are You Still Over 50?
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- At Work in BR: Six Community Organizations \$30
- Azaleas & Crape Myrtles Plus..... \$30
- Ballet & More for Fun & Fitness \$30
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- Campaign Finance
from the Founders Forward..... \$30
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- Enjoy a Laugh with Jewish Humor..... \$25
- The Exciting Historical Fiction
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- Film Stories \$40
- Flicks & Food: Mysteries..... \$110
- French for Beginners \$30
- French Intermediate..... \$30
- Great Decisions 2018 – *BUMC* \$40
- Great Decisions 2018 – *SJP*..... \$40
- Herbs for Use & for Delight..... \$30
- The History of Medicine in Louisiana \$30
- A History Smorgasbord – *BUMC* \$30
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- Introduction to Bird Watching \$20
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Jainism, Hinduism & Buddhism \$30
- Jazz/Tap \$30
- Kate Chopin & Her Bayou Folk Stories..... \$30
- Let's Laugh (Again!)..... \$30
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- Line Dance..... \$30
- Louisiana Stories \$30
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- The Mississippi River \$30

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- Semester at a Glance – *FCC*..... \$0
- Semester at a Glance – *Williamsburg* \$0
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