Leisure Courses
SUMMER 2017

LIVE, LEARN, LEISURE

www.outreach.lsu.edu/leisure
Looking for something fun this summer? Check out our Leisure Course offerings! Our Leisure Arts Studio in the Student Union Building boasts a well-equipped pottery studio. Learn to hand build with clay or work on the potter’s wheel. We offer one-night Clay Date Night courses and six-week pottery courses for those who want to delve deeper! Other popular courses include Watercolor, Acrylic, Stained Glass, Soap Making, Cajun Dance, Digital Photography and Golf. New courses for summer include Pastels, Nonfiction Essay Workshop: Writing the Flood, and cooking courses at Red Stick Spice Co.

Registration is easy! Register online at outreach.lsu.edu/leisure or sign up in outreach.lsu.edu/leisure. Registration is easy! Register online at outreach.lsu.edu/leisure or sign up in outreach.lsu.edu/leisure.

CONNECT

Literature
Nonfiction Essay Workshop: Writing the Flood

Hundreds of thousands of southern Louisiana residents were affected by the Great Flood. But where there are survivors, there are stories to be told. This four-week nonfiction writing workshop is designed for community members who were impacted by the flood and who are interested in capturing that experience on paper. Using the flood as the subject matter, explore narrative writing techniques, complete writing prompts, and workshop one another’s writing on the way to completing a finished, polished essay. No prior writing experience required, though an interest in writing is necessary. Ages 16+

Fee: $25 P
• Christie Collins/LSU Coates Hall
• Thu, 6:00 p.m.–8:00 p.m./Jun 15–Jul 6

Digital Photography: DSLR
Take your digital photography skills to the next level! Get out of auto mode and discover the extra capabilities that DSLR cameras have to offer. Topics include shooting modes and manual overrides, metering modes, tips to improve focus and sharpness, using built-in and external flashes, shooting in RAW, composition tips, and much more! Ages 18+

Fee: $122 P
• Ken Stiebel/LSU Business Education Complex
• Wed, 6:00 p.m.–8:00 p.m./Jul 5–26

Drawing: Beginning
Unlock your creative mind and express it artistically! Learn the fundamental skills of drawing lines, shapes, textures, values, and composition using graphite and charcoal. Local artist Larry Downs teaches you to create the illusion of three dimensions. Rediscover the world and yourself from the perspective of an artist! Ages 16+

Note: Classroom is on second floor, accessible only by stairs. Supply list provided.

Fee: $122 P
• Purchase your own supplies: $50
• Nancy Harris/Leisure Arts Studio
• Mon, 6:00 p.m.–8:00 p.m./Jul 3–24

Watercolor Painting: Beginning
Explore the materials and techniques used in watercolor painting. Roberts Loffin leads you through a series of structured exercises designed to develop manual, perceptual and expressive skills, all while exploring the unique qualities of watercolor paints. Discover the effects of different brush strokes, study color theory and learn to paint beautiful compositions using still life items or your own photography. Ages 14+

Note: Supply list provided.

Fee: $112 P
• Purchase your own supplies: $100
• Nancy Harris/Leisure Arts Studio
• Mon, 6:00 p.m.–8:00 p.m./Jul 3–24

CREATE

Arts
Acrylic Painting: Beginning

Local artist and winner of numerous local and regional art shows, Larry Downs, introduces you to acrylic painting methods and materials, and the fundamentals of drawing. Learn the characteristics and handling techniques of acrylic colors, media, and painting surfaces. Find out how to accomplish textural effects using a knife and brush. Ages 15+

Note: Classroom is on second floor, accessible only by stairs. Supply list provided.

Fee: $112 P
• Purchase your own supplies: $100
• Larry Downs/LSU Foster Hall
• Sun, 2:00 p.m.–4:30 p.m./Jul 9–Aug 12

Stained Glass
Bring the beauty of stained glass into your home for a colorful and luminous effect! Local artist and stained glass shop owner, Kristy Keller, guides you from start to finish in creating a pattern, cutting the glass, leading, soldering, putting, cleaning, and displaying your one-of-a-kind work of art for all of your friends to admire. Copper foil techniques are also discussed and demonstrated. Ages 18+

Note: Some designs require additional time spent outside of class. Supply list provided.

Fee: $120 P
• Purchase your own supplies: $85
• Kristy Keller/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Jun 8–Jul 13

STAFF

Susan Marshall
Assistant Director, Leisure & Arts Program

Jessica Zhao
Studio Assistant, Leisure & Arts Program
**Watercolor Paintings: Animal Portraits**

Animal fur, feathers and scales all have different textures and appearances. Work from photos of your favorite animal as you work on painting techniques and color choices to get the furry, smooth, or feathery feel of your subject. Ages 14+

Note: Supply list provided.

Fee: $172 P
• Purchase your own supplies: $100
• Roberta LoFlin/LSU Tumaad Hall
• Sun, 10:00 a.m.–1:30 p.m./Jul 14–Aug 27

**Ceramics**

Hand Building

Pinch, coil, and roll. Learn basic techniques of coil, pinch, and slab work, which are the foundations of working with clay. Make functional items such as trays, planters, or vases, or decorative items such as small-scale sculpture. Handmade pots add charm to gardens and make wonderful gifts. Fee includes 12 pounds of clay, glasses, cost of firings, and studio use for extra practice time. Ages 13+

Note: Bring basic pottery tool kit to course (approximate cost $20)

Fee: $193 P
• Melissa Bayas/Leisure Arts Studio, 144 LSU Student Union

Choose a section:
• Mon, 6:00 p.m.–8:00 p.m./Jun 5–Jul 10
• Mon, 6:00 p.m.–8:00 p.m./Jul 17–Aug 21

Wheel Throwing

Get ready muddy and sling some clay in this basic wheel throwing class. Learn to make functional pieces such as vases, cups, and bowls. Make your own unique tableware or handcrafted gifts, guaranteed to impress your friends! Fee includes 32 pounds of clay, glasses, cost of firings, and studio use for extra practice time. Ages 13+

Note: Bring basic pottery tool kit to course (approximate cost $20)

Fee: $175 P/day
• Staff, Leisure Arts Studio/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Aug 17

**Craft Date Night: Mandala Rocks & Chalkboard Flower Pots**

Feeling crafty? Bring a date and paint a mandala (radial design) on a rock, and decorate two small flowerpots with chalkboard paint. Use the chalkboard pots to distinguish between similar herbs, or personalize for a gardening gift. Registration includes two seats in the course, two rocks, and four flowerpots. You only need to register under one name to hold both seats. Ages 10+. Minors must be accompanied by a registered adult.

Fee: $75 P/day
• Staff, Leisure Arts Studio/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Aug 17

**Soap Date Night: Purple & Gold Soap**

Bring a date and make a batch of purple & gold soap. You will each mix one color, then swirl them together to make four large bars of soap using an empty tissue box as a mold. Fee includes two seats in the class. You only need to register under one name to hold both seats. Ages 18+

Note: Bring one empty facial tissue box (cube style) to class.

Fee: $50 P/day
• Donna Hincks/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Aug 17

**Clay Date Night: Pottery Wheel**

Looking for a unique date night activity that is sure to impress? Clay Date Night is an experience that can bring people closer through shared creativity (and a little mess!). Instructors guide you through methods of centering and shaping clay on the potter’s wheel. Learn the secrets of throwing on the wheel in a fun and relaxed environment. Registration includes two seats in the class, two hours of instruction, 6 pounds of clay, and use of studio tools during the session. Each pair shares one pottery wheel. You only need to register under one name to hold both seats. Wear clothes that you don’t mind getting dirty. The Leisure Studio can even glaze and fire up to three pieces for an additional $10 (firing fees are collected in class). Please allow two weeks for drying and firing. Ages 16+

Fee: $55 P/day
• Quaja Bell/Leisure Arts Studio, 144 LSU Student Union

Choose a section:
• Thu, 6:00 p.m.–8:00 p.m./Jun 1
• Thu, 6:00 p.m.–8:00 p.m./Jun 15
• Thu, 6:00 p.m.–8:00 p.m./Jun 29
• Thu, 6:00 p.m.–8:00 p.m./Jul 13
• Thu, 6:00 p.m.–8:00 p.m./Jul 27
• Thu, 6:00 p.m.–8:00 p.m./Aug 10

**Paper Craft**

**Bookbinding: Accordion Style**

Learn the fundamentals of bookbinding! Create a gorgeous handmade sketchbook, journal using the accordion-style binding technique in this one-day class. Make your own personalized books or wonderful gifts for others. Make one 8” x 9” journal with choice of decorative paper covers. Ages 18+

Fee: $45 P/day
• Veronica Hallock/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Jun 1

**Bookbinding: Japanese Stab Style**

Learn the fundamentals of bookbinding! Create a gorgeous handmade sketchbook or journal using the Japanese stab binding technique in this one-day class. Make your own personalized books or wonderful gifts for others. Make one 8” x 9” journal with choice of colored covers. Ages 18+

Fee: $45 P/day
• Veronica Hallock/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Jul 1

**Origami: 3D**

Learn to make complex figures by making simple folds and combining the separate components to form a 3D sculpture. Peggy Salzon will guide you in your creations. Ages 12+

Fee: $31 P/day
• All materials included
• Peggy Salzon/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Jul 20–27

**Sculpture: Mixed Media**

Local sculptor Celin Atias leads you in constructing a three-dimensional sculpture. Learn to implement the elements of balance and symmetry with a variety of materials including wire, reed, paper, and plaster cloth. Materials provided. Ages: 16+

Fee: $112 P
• Celin Atias/LSU Student Union
• Wed, 6:00 p.m.–8:00 p.m./Jul 10–Aug 16

**Soaps, Etc.**

**ONE-DAY SOAP SERIES**

**Soap Date Night: Purple & Gold Soap project**

The results are spectacular! Learn basic swirling and pouring techniques in this one-day cold-process class. Use micas as colorants and additives for texture. Ages 18+

Note: Bring an immersion blender and 42 oz. soap mold to class.

Fee: $45 P/day 8
• Donna Hincks/Leisure Arts Studio, 144 LSU Student Union
• Tue, 6:00 p.m.–8:00 p.m./Jun 13

**Kaleidoscope Soap**

Be a part of a kaleidoscope! Make your own batch of solid-color cold-process soap and swirl it together with your classmates’ soaps in a giant kaleidoscope. After setting up for a week, the soap is unmolded and divided. The results are spectacular! Ages 18+

Fee: $31 P/day
• Peggy Salzon/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:00 p.m.–8:00 p.m./Jul 20–27

**Call: (225) 578-2500 // Register Online: www.outreach.lsu.edu/leisurecalendar**
**Textiles**

**Crochet: Beginning**
Get ready to learn the basics of crochet! This course is for the true beginner and focuses on how to hold the yarn and crochet hook, how to chain stitch, bring plain #5 weight, bulk yarn, a metal hook size J or K, yarn darning needle, small ruler or tape measure, and a decorative button, brooch or pin. No home spun, variegated (multi-colored), black or extra dark yarn colors. Ages 12+ Minors must be accompanied by a registered adult.

**Fee:** $70 P

- Purchase your own supplies: $15
- Stacie Pizzolato/LSU Tureaud Hall
- Thu, 6:30 p.m.-8:00 p.m./Jul 8-29

**Crochet: Beginning Plus**
Take your beginning skills to the next level. Learn single, half-double, double and treble stitches, and create a warm scarf. Techniques and skills focus on pattern reading, gauge and pattern repeats. Learn the shell, popcorn, puff and moss stitch. Stitch a ganny square times two and make a simple market bag! Bring plain, #4 weight, regular size yarn and metal hook size H, yarn darning needle, scissors, and a small ruler or measuring tape. No home spun, variegated (multi-colored), black or extra dark yarn colors. Ages 12+ Minors must be accompanied by a registered adult.

**Fee:** $70 P

- Purchase your own supplies: $15
- Stacie Pizzolato/LSU Tureaud Hall
- Thu, 6:30 p.m.-8:00 p.m./Jun 27

**Knitting: Beginning**
Knit one, purl two. Learn the basic stitches and techniques of this versatile craft in a relaxed atmosphere. Share ideas with other class members and find inspiration for your next creation. Bring one set of size 8 straight (not circular) needles and one lean worsted weight, solid light or medium color wool or wool-blend yarn. No home spun, variegated (multicolor), black or extra dark yarn colors. Ages 12+ Minors must be accompanied by a registered adult.

**Fee:** $70 P

- Purchase your own supplies: $15
- Cindy Decker/Leisure Arts Studio, 144 LSU Student Union
- Wed, 6:30 p.m.-8:00 p.m./Jun 7-28

**Sewing: Book Totes**
Make your own book tote bag from upholstery and cotton fabrics in this beginner level class. Charlotte Giberson shows you how to design and construct a beautiful and functional bag that will be the envy of your friends. No sewing experience required. Bring a portable sewing machine in good working order, 6-10 buttons of thread that fit your machine, 2-3 new standard or heavy duty machine needles, straight pins, seam ripper, tape measure, and fabric scissors. Fabric provided.

**Fee:** $30 P

-Charlotte Giberson/Leisure Arts Studio, 144 LSU Student Union
- Mon, 6:00 p.m.-8:00 p.m./Jul 31-Aug 7

**Woodworking**

**Woodworking: Beginning**
Starting at square one? Get ready to learn fundamental hand tool skills with Terry Landry, a full-time furniture maker. Learn the use of hand tools and the basics of power tools, including the table saw and band saw. Construct a simple project and be well on your way to building more complex pieces. Ages 16+

**Note:** Location is approximately a one-hour drive from Baton Rouge. Map is provided.

**Fee:** $155

- Terry Landry/Landry’s Furniture, Clinton
- Sat, 2:00 p.m.-5:00 p.m./Jun 4-5

**Garden**

**Bonsai Appreciation**
Bonsai is a Japanese term meaning “to plant a tree in a tray.” The art of growing miniature trees stretches back many centuries. Learn about the history of bonsai, bonsai styles, and acquiring, showing, and caring for bonsai in this lecture course. Find out about local clubs and organizations.

**Ages 12+**

**Fee:** $25 P

- Lowell Tiley/Tureaud Hall
- Thu, 6:00-8:00 p.m./Jan 8

**Bonsai Workshop: Getting Started**
Cultivate a living work of art! Get hands-on training and start your own bonsai plant. Lowell Tiley, local bonsai buff, shows you how to prepare the soil and guides you in watering, fertilizing, pruning, and styling your bonsai. You don’t want to miss this information-packed workshop! Materials provided.

**Ages 12+**

**Fee:** $76 P

- Lowell Tiley/Tureaud Hall
- Thu, 6:00-8:00 p.m./Jun 15-29

**Food**

**Cooking Courses**
Join local culinary instructor Lili Courtney at Red Stick Spice Co. for a fun and delicious experience! This is primarily a demo course with limited participation. Relax and learn while you watch Lili stir up delectable dishes. Sample the dishes and take home recipes to try on your own.

**Ages 18+**

**Note:** Listed fee is for a single section. See website for full menus.

**Fee:** $55 I

- Lili Courtney/Red Stick Spice Co, 660 Jefferson Hwy

**Choose a section:**
- Main Course Summer Salads: Salmon Nicoise Salad; Green Bean, Farro and Feta Salad with Basil Mint Vinaigrette; Tomato Succotash Salad
  - Thu, 6:00 p.m.-8:00 p.m./Jun 9

- Summer Fruit Tarts: Summer Berry Tarts with Vanilla Pastry Cream; Lemon Cream Tarts; Peach Almond Cream Tarts
  - Sat, 11:00 a.m.-2:00 p.m./Jul 15

- What to Cook in August: Spanish Tomato Toast; Melon Caprese; Greek Wedge Salads; Berry Cobbler
  - Fri, 6:00 p.m.-8:00 p.m./Aug 24

**Wellness**

**T’ai Chi Ch’uan**
In our stressful lives, sometimes meditation is difficult to achieve. Learn the ancient Oriental art of moving meditation. The gentle, slow, and energizing movements of T’ai Chi Ch’uan have been shown to increase concentration and awareness, improve balance and flexibility, and provide greater vitality and overall health.

**Ages 10+** Minors must be accompanied by a registered adult.

**Fee:** $76

- Roland Doucet/ BREC Park, 2546 Douville Lane
- Thu, 7:00 p.m.-9:00 p.m./Sep 12-Oct 10

**Sports**

**Golf: Beginning**
Is your golf game on par? Join Ryan McGeyver, Louisiana’s only Certified Plane Truth Golf School, for a putting green! Learn the fundamentals of golf, including grip, posture, alignment, chipping, putting, and even some on-the-course instruction! **Ages 18+**

**Fee:** $303

- Pay $30 range fee to LSU Golf Course
- Ryan McGeyver/LSU Golf Course

**Choose a section:**
- Thu, 7:00 p.m.-9:00 p.m./Jun 8-Jul 13
- Thu, 7:00 p.m.-9:00 p.m./Jul 27-Aug 31

**Grocery Store Soap**
Create a soft pink soap that is mild to the skin with natural additive rose kaolin clay in this cold-process class. Ages 18+

**Note:** Bring an immersion blender and 42 oz. soap mold or two potato chip cans to class.

**Fee:** $45 P

- Donna Hincks/Leisure Arts Studio, 144 LSU Student Union
- Tue, 6:00 p.m.-8:00 p.m./Jul 26
GENERAL INFORMATION

WHO MAY ENROLL
Leisure courses are open to everyone age 18 years and older unless otherwise noted. Parents or guardians wishing to register students under 18 years of age should call us at (225) 578-2500.

COMMUNICATION
E-mail is our preferred method of communication. Please add us to your address book today—leisure@outreach.lsu.edu!

ADDITIONAL COSTS
If you will purchase your own supplies, a supply list will be provided prior to the start date of the course.

COURSE LOCATIONS
Most of our courses meet on the LSU campus. (See map of campus course locations below.) If your course is scheduled at another location, you’ll find directions on your course confirmation and at www.outreach.lsu.edu/leisure.

WAITING LIST
If a course is full, join the waiting list provided during the online registration process at www.outreach.lsu.edu/leisure, or call (225) 578-2500. If space becomes available, participants on the waiting list will be contacted.

TEACHING
Talented people in the community propose some of our best courses. Check out the “teach for us” section of our website—www.outreach.lsu.edu/leisure—and submit a proposal today!

EMERGENCIES, CANCELLATIONS
If LSU closes due to an emergency situation, all leisure courses are suspended until the campus reopens. We make every effort to reschedule course sessions that have been canceled due to inclement weather or other circumstances beyond our control. Please check www.lsu.edu for information regarding university closures.

REFUND/TRANSFER POLICY
Cancellations and transfer requests must be received in writing at 12:00 p. m. (noon) 7 days prior to start of class and are subject to a 10% administrative charge. Any requests received after this deadline will not be considered. Written requests should be sent to: leisure@outreach.lsu.edu

PARKING
Parking permits are required for all vehicles on campus Monday–Friday from 7 a.m. to 10 p.m. Leisure course participants have two options for parking:
1. You may park in any metered space and pay at the nearest pay station for a per-hour fee.
2. You may purchase a parking permit, valid for the days of your course, at the Visitor’s Center (Dalrymple Drive at Highland Road.) This permit allows you to park in campus commuter lots during weekdays. After 4:30 p.m., the permit allows you to park in any LSU lot except metered spaces. To purchase this type of permit, you must show your registration confirmation, which will be emailed 3 days before the start of class.

Note: The Visitor’s Center is open Monday–Friday, 7 a.m.–4:30 p.m. Parking for Saturday and Sunday courses does not require a permit.