It's time to spring into Leisure Courses with new watercolor painting, soap making, and cooking courses, along with all the favorites that Leisure Courses is known for! New soaps include Southern Citrus Kitchen Soap, Lavender Honey Oatmeal, and Brewsky Bubbles. Our delicious cooking courses for spring are Spring Simple Suppers and Sea of Pasta. We have lots to offer! Join us for an enriching leisurely time.

Registration is easy! Register online at outreach.lsu.edu/leisure, or sign up in person at the Leisure Arts Studio on the ground floor of the LSU Student Union. Space is limited, so reserve your place today!

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COURSE FEATURES KEY:
P • Class requires parking on campus
ß • Participants should bring immersion blender and soap mold to classes
¡ • Brand new and returning courses

**STAFF**
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CONNECT

Languages

Italian: Beginning
Learn one of the world’s most beautiful romantic languages. Fara Mabrey, a native of Italy, introduces you to basic conversation, grammatical structure, and vocabulary. Whether you are planning a trip to Italy or just want to learn more about the language and culture, this course is your ticket there! Ages 18+
Fee: $118 P
- Fara Mabrey/LSU Tureaud Hall
- Mon, Wed, 6:00 p.m.–8:00 p.m./Apr 2-25

CREATE

Arts

Acrylic Painting: Beginning
Local artist and winner of numerous local and regional art shows, Larry Downs introduces you to acrylic painting methods and materials, and the fundamentals of drawing. Learn the characteristics and handling techniques of acrylic colors, media, and painting surfaces. Find out how to accomplish textural effects using a knife and brush. Ages 15+
Note: Classroom is on second floor, accessible only by stairs. Supply list provided.
Fee: $112
- Purchase your own supplies: $100
- Larry Downs/LSU Foster Hall
- Sun, 2:00 p.m.–4:30 p.m./Apr 8-May 20
- No class on Apr 29

Digital Photography: Beginning
Whether you have a smart phone, point-and-shoot, or DSLR, you can take great photos when you understand the basics of photography. Learn about different types of cameras, how and when to change settings, elements of composition, and types of lenses with professional photographer Ken Stewart. Learn about the “contemplative approach” to photography and get an overview of post processing. Optional weekend field trip to take pictures: TBA. Please bring a digital camera (smart phone, point-and-shoot or DSLR) and manual to class. Ages 18+
Fee: $122 P
- Ken Stewart/LSU Campus
- Wed, 6:00 p.m.–8:00 p.m./Mar 14-Apr 4
- No class on Mar 28

Drawing: Beginning
Unlock your creative mind and express it artistically! Learn the fundamental skills of drawing lines, shapes, textures, values, and composition using graphite and charcoal. Local artist Larry Downs teaches you to create the illusion of three dimensions. Rediscover the world and yourself from the perspective of an artist! Ages 15+
Note: Supply list provided.
Fee: $112 P
- Purchase your own supplies: $50
- Larry Downs/LSU Campus
- Thu, 6:00 p.m.–8:00 p.m./Apr 12-May 24
- No class on May 3

Pastels: Basic Techniques
Learn to draw still-life compositions with chalk pastels. Explore other media including chalk, charcoal and Conté crayon as well as oil pastel techniques. Ages 16+
Note: Supply list provided.
Fee: $74
- Nancy Harris/Leisure Arts Studio, 144 LSU Student Union
- Tue, 6:00 p.m.–8:00 p.m./Apr 10-May 1

Stained Glass
Bring the beauty of stained glass into your home for a colorful and luminous effect! Local artist and stained glass shop owner, Kristy Keller guides you from start to finish in creating a pattern, cutting the glass, leading, soldering, puttying, cleaning, and displaying your one-of-a-kind work of art for all of your friends to admire. Copper foil techniques are also discussed and demonstrated. Ages 18+
Note: Some designs require additional time spent outside of class. Supply list provided.
Fee: $120 P
- Purchase your own supplies: $85
- Kristy Keller/Leisure Arts Studio, 144 LSU Student Union
- Thu, 6:30 p.m.–8:30 p.m./Mar 15-Apr 20
- No class on Mar 29

Watercolor Painting: Beginning
Explore the materials and techniques used in watercolor painting with visiting scholar Liqun (Grace) Wang. Learn about color mixing and composition as you progress through a series of structured exercises designed to develop manual, perceptual, and expressive skills. Discover the effects of different brush

CHECK OUT OUR ONLINE COURSE CALENDAR!
outreach.lsu.edu/leisure/calendar_spring2018
Ceramics

Wheel Throwing

Get really muddy and sling some clay in this basic wheel throwing class. Learn to make functional pieces such as vases, cups, and bowls. Make your own unique tableware or handcrafted gifts, guaranteed to impress your friends! Fee includes 12 pounds of clay, glazes, cost of firings, and studio use for extra practice time. Ages 13+

Note: Bring basic pottery tool kit to course (approximate cost $20)

Fee: $189 P
- Ian Park/Leisure Arts Studio, 144 LSU Student Union
- Mon, 6:00 p.m.–8:30 p.m./Mar 5-Apr 23
- No class on Mar 12 and 26

Hand Building

Pinch, coil, and roll! Learn basic techniques of coil, pinch, and slab work, which are the foundations of working with clay. Make functional items such as trays, planters, or vases, or decorative items such as small-scale sculpture. Handmade pots add charm to gardens and make wonderful gifts. Fee includes 12 pounds of clay, glazes, cost of firings and studio use for extra practice time. No previous experience is necessary. Ages 13+

Note: Bring basic pottery tool kit to course (approximate cost $20)

Fee: $189 P
- Ian Park/Leisure Arts Studio, 144 LSU Student Union
- Wed, 6:30 p.m.–8:30 p.m./Mar 7-Apr 25
- No class on Mar 14 and 28

Clay Date Night: Pottery Wheel

Looking for a unique date night activity that is sure to impress? Clay Date Night is an experience that can bring people closer through shared creativity (and a little mess!). Instructors guide you through methods of centering and shaping clay on the potter’s wheel. Learn the secrets of throwing on the wheel in a fun and relaxed environment. Registration includes two seats in the class, two hours of instruction, 6 pounds of clay, and use of studio tools during the session. Each pair shares one pottery wheel. Register under one name to hold both seats. Wear clothes that you don’t mind getting dirty. The Leisure Studio can even clear glaze and fire your pots for an additional $5 per pot (firing fees are collected in class and must be made in cash). Please allow two weeks for drying and firing. Ages 16+

Fee: $55 P
- Ian Park/Leisure Arts Studio, 144 LSU Student Union
- Thu, 6:00 p.m.–8:00 p.m./Mar 8
- Thu, 6:00 p.m.–8:00 p.m./Mar 22
- Thu, 6:00 p.m.–8:00 p.m./Apr 5
- Thu, 6:00 p.m.–8:00 p.m./Apr 19

Date Night: Specialty Coffee Espresso Tasting

Calling all coffee lovers! Local barista Melissa Dixon shows you how to pull the perfect espresso shot using a La Marzocco espresso machine. Learn about milk steaming and latte art. Sample different coffee blends and learn to identify the different flavors using a tasting wheel. Learn about the third wave of coffee and where you can enjoy artisanal coffee in the Baton Rouge area. Fee includes two seats in the class. Register under one name to hold both seats.

Fee: $55 P
- Ian Park/Leisure Arts Studio, 144 LSU Student Union
- Thu, 6:00 p.m.–8:00 p.m./Apr 12

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Call: (225) 578-2500 /// Register Online: www.outreach.lsu.edu/leisure /// 5

**Soap Making**

**Southern Citrus Kitchen Soap**
Citrus essential oils and dried citrus zest will be used in this cold processed batch to create hard-working, yet mild on the skin, bars of kitchen soap. **Ages 12+**

**Fee:** $23
- Purchase your own supplies: Approximately $40
- Rick Hamilton/Leisure Arts Studio, 144 LSU Student Union

**Choose a section:**
- Fri, 6:00 p.m.–9:00 p.m./TBA
- Fri, 6:00 p.m.–9:00 p.m./TBA

**Date Night:**

**Purple & Gold Soap**
Bring a date and make a batch of purple and gold soap. After you each mix one color, swirl them together to make four large bars of soap using an empty tissue box as a mold. Fee includes two seats in the class. Register under one name to hold both seats. **Ages 18+**

**Note:** Bring one empty facial tissue box (cube style) to class.

**Fee:** $55
- Melissa Dixon/Leisure Arts Studio, 144 LSU Student Union

**Choose a section:**
- Tue, 6:30 p.m.–8:30 p.m./Mar 14
- Wed, 6:30 p.m.–8:30 p.m./Apr 3

**Décor**

**Deco Mesh Wreaths: Spring**
Bring any size wire wreath form and deco mesh ribbon in your choice of colors, plus select feathers, picks and ornaments and let local decorator Rick Hamilton show you how to pull it all together. Large wreath form takes two rolls of 21” wide deco mesh. Smaller wreath form takes one 21” wide roll and one or more 4”-6” wide rolls. **Ages 12+**

**Fee:** $23
- Donna Hincks/Leisure Arts Studio, 144 LSU Student Union

**Choose a section:**
- Mon, 6:00 p.m.–8:00 p.m./Mar 5
- Mon, 6:00 p.m.–8:00 p.m./Apr 16

**Brewsky Beer Soap**
Use your favorite beer to make a luxurious soap with silky bubbles. **Ages 18+**

**Note:** Bring an immersion (stick) blender and a large (42-oz) soap mold or two empty potato chip cans to class.

**Fee:** $45
- Donna Hincks/LSU Student Union
- Mon, 6:00 p.m.–8:00 p.m./Apr 2

**Sea Salt Soap Bars**
Made with the best quality sea salts, these hard bars are always a hit and bound to leave your houseguests impressed! Sea salt bars use the hot process of soap making. **Ages 18+**

**Note:** Bring an immersion (stick) blender and a large (42-oz) soap mold or two empty potato chip cans to class.

**Fee:** $45
- Donna Hincks/Leisure Arts Studio, 144 LSU Student Union
- Mon, 6:00 p.m.–8:00 p.m./Apr 9

**Oatmeal Honey Soap**
A soothing bath staple made the hot-process way! The natural smell of this soap is amazing. The skin benefits are numerous. We use local raw honey to make this batch extra special. **Ages 18+**

**Note:** Bring an immersion (stick) blender and a large (42-oz) soap mold or two empty potato chip cans to class.

**Fee:** $45
- Donna Hincks/Leisure Arts Studio, 144 LSU Student Union
- Mon, 6:00 p.m.–8:00 p.m./Apr 16
Textiles

Crochet: Beginning
Get ready to learn the basics of crochet! This course is for the true beginner and focuses on how to hold the yarn and crochet hook, and how to chain stitch. Bring plain #5 weight, bulk size yarn, a metal hook size J or K, yarn darning needle, small ruler or tape measure, and a decorative button, broach or pin. No homespun, variegated (multi-colored), black or extra dark yarn colors. Ages 12+ Minors must be accompanied by a registered adult.

Fee: $79
- Purchase your own supplies: $15
- Stacie Pizzolato/LSU Tureaud Hall
- Thu, 6:30 p.m.–8:00 p.m./Apr 5-26

Woodworking

Woodworking: Using Hand Tools
Using all types of measuring tools, saws, chisels, bench planes, molding planes, rabbit planes, plow planes, and more, assist the instructor in building a small cupboard. Watch demonstrations and get hands-on practice cutting dovetail and mortise-and-tenon joints, making a frame-and-panel door, making molding, and forming rabbets, dados, and grooves. This is a hands-on course where everyone takes part in building the cupboard. Improve your measuring and hand tool skills and learn how things were done before power tools! Ages 16+

Fee: $97
- Terry Landry/Landry’s Furniture, Clinton
- Sun, 2:00 p.m.—5:00 p.m./Mar 11-25

Woodworking: Intermediate
Ready to take your woodworking skills to the next level? Terry Landry, full-time furniture maker and owner of Landry’s Furniture Workshop, expands on the topics covered in the beginning course and concentrates on the use of power tools including the router, the table saw, the jointer, and the band saw. Ages 16+

Fee: $107
- Terry Landry/Landry’s Furniture, Clinton
- Sun, 2:00 p.m.—5:00 p.m./May 6-27

Cooking Course

Beer Making
Ever wanted to brew your own beer? Join the crew at LA Homebrew for this two-day course and discover how easy and affordable home brewing can be. The first night, participate in a step-by-step demonstration of the brewing process while tasting and learning about a variety of different beer styles. The course concludes after two weeks with a bottling session and a review of home brewing best practices. Decide with the class on which beer style to brew and take home four bottles. You’ll be ready to brew your own beer for tailgating! Ages 21+

Fee: $50
- Staff/LA Homebrew, 7987 Pecue Lane, Suite 7G
- Fri, 6:00 p.m.—8:00 p.m./Mar 23 & Apr 6
Cooking Courses
Join local culinary instructor Lili Courtney at Red Stick Spice Co. for a fun and delicious experience! This is primarily a demo course with limited participation. Relax and learn while you watch Lili stir up delectable dishes. Sample the dishes and take home recipes to try on your own. Ages 18+
Fee: $55
Note: Listed fee is for a single section.
- Lili Courtney/Red Stick Spice Co., 660 Jefferson Hwy
Choose a section:
Spring Simple Suppers: Lemony Greek Pasta Salad, Roasted Chicken, Carrots with Feta and Pine Nuts, Beef Tips with Polenta and Blue Cheese
  • Tue, 6:00 p.m.–8:00 p.m./Mar 20
Sea of Pasta: Seared Sea Scallops in Angel Hair Pasta with Lemon Sauce, Shrimp Fettuccine in a Brown Butter Sauce, Zabaglione with Strawberries
  • Wed, 6:00 p.m.–8:00 p.m./May 16

MOVE
Dance
Cajun Dance: Intermediate
Take it a step beyond the beginning level in this class. Roland Doucet reviews the basics and then helps you master a classic dance with a variety of turns and spins. Come pass a good time, cher! Ages 13+ Minors must be accompanied by registered adult. Fee is per-person.
Fee: $76
- Roland Doucet/BREC Park, 2546 Drusilla Lane
  • Tue, 7:00 p.m.–9:00 p.m./Mar 19-Apr 17

Gentle Yoga and Meditation
Connect your breath and body while you make changes in your mind and body. The asana (poses) presented are easily accessible to every body type and help increase flexibility and circulation as well as reducing stress. Wear loose, comfortable clothing. Please bring your own mat and a regular bath towel.
Fee: $76
- Donna Hincks/BREC Park, 2546 Drusilla Lane
  • Thu, 6:30 p.m.–8:00 p.m./Mar 15-Apr 19

ESCAPE
Outdoors
Backpacking 101
Join experienced hiker and former president of Louisiana Hiking Club, Katherine Gividen, for this fun, informational, and interactive course. Discuss the “Leave No Trace” philosophy, get an extensive overview of backpacking equipment, and learn about land navigation and outdoor meal preparation. Test your skills on a Sunday hike in Clark Creek, MS and a backpacking weekend at Louisiana’s Kisatchie National Forest. Ages 12+ Minors must be accompanied by registered adult.
Fee: $196
- Katherine Gividen/LSU Tureaud Hall
  • Wed, 7:00 p.m.–9:00 p.m./Mar 7-Apr 18
  • No class on Mar 28
  • Sun, Apr 15, Day Hike, Clark Creek Natural Area, MS
  • Sat, Sun, May 19-20, Overnight Trip, Kisatchie National Forest, Louisiana

Bonsai Workshop: Getting Started
Cultivate a living work of art! Get hands-on training and start your own bonsai. Lowell Tilley, local bonsai buff, shows you how to prepare the soil, and water, fertilize, prune, and style your bonsai. Take home your own bonsai to grow! Tree, pot, and soil provided. Ages 12+
Fee: $76
- Lowell Tilley/LSU Tureaud Hall
  • Thu, 6:30 p.m.–8:30 p.m./Mar 1–22
  • No class on Mar 8

Check out our online course calendar!
outreach.lsu.edu/leisure/calendar_spring2018

Call: (225) 578-2500 /// Register Online: www.outreach.lsu.edu/leisure /// 7
GENERAL INFORMATION

WHO MAY ENROLL
Leisure courses are open to everyone age 18 years and older unless otherwise noted. Parents or guardians wishing to register students under 18 years of age should call us at (225) 578-2500.

COMMUNICATION
E-mail is our preferred method of communication. Please add leisure@outreach.lsu.edu to your address book today.

ADDITIONAL COSTS
If you will purchase your own supplies, a supply list will be provided prior to the start date of the course.

COURSE LOCATIONS
Most of our courses meet on the LSU campus. (See map of campus course locations below.) If your course is scheduled at another location, you’ll find directions on your course confirmation and at www.outreach.lsu.edu/leisure.

WAITING LIST
If a course is full, join the waiting list provided during the online registration process at www.outreach.lsu.edu/leisure, or call (225) 578-2500. If space becomes available, participants on the waiting list will be contacted.

TEACHING
Talented people in the community propose some of our best courses. Check out the “teach for us” section of our website—www.outreach.lsu.edu/leisure—and submit a proposal today!

EMERGENCIES, CANCELLATIONS
If LSU closes due to an emergency situation, all leisure courses are suspended until the campus reopens. We make every effort to reschedule course sessions that have been canceled due to inclement weather or other circumstances beyond our control. Please check www.lsu.edu for information regarding university closures.

REFUND/TRANSFER POLICY
Cancellations and transfer requests must be received in writing by 12:00 p.m. (noon) 7 days prior to start of class and are subject to a 10% administrative charge. Any requests received after this deadline will not be considered. Written requests should be sent to: leisure@outreach.lsu.edu

Leisure & Arts makes every effort to ensure that information in this brochure is accurate at the time of publication. If changes are made, the Leisure & Arts office will notify registered participants by e-mail or telephone. The views presented in leisure courses are those of the individual instructors.