Leisure Courses
WINTER 2017

LIVE, LEARN, LEISURE.

www.outreach.lsu.edu/leisure
Break out of the winter doldrums with a Leisure Course! We have lots of topics to get you out of the house, learning new things and meeting new people. Try your hand at Stained Glass, Pottery, or Soap Making in the Leisure Arts Studio. Learn to speak Italian, cook a new dish in one of our Cooking courses, or dance the night away in our Cajun Dance course. And don’t forget our popular Clay Date Night courses make a great night out!

Registration is easy! Register online at outreach.lsu.edu/leisure, or sign up in person at the Leisure Arts Studio on the ground floor of the LSU Student Union. Space is limited, so reserve your place today!
CONNECT
Languages

Italian: Beginning
Learn one of the world’s most beautiful romantic languages. Fara Mabrey, a native of Italy, introduces you to basic conversation, grammatical structure, and vocabulary. Whether you are planning a trip to Italy or just want to learn more about the language and culture, this course is your ticket there! 
Ages 18+
Fee: $118 P
• Fara Mabrey/LSU Tureaud Hall
• Mon, Wed, 6:00 p.m.–7:30 p.m./Jan 17–Feb 21
• No class on Feb 12

Italian: Beginning Plus
With Fara Mabrey, a native Italian speaker, work towards greater proficiency and confidence in the language. If you know a little Italian but want to learn more, this is the opportunity you’ve been waiting for! This course is suitable for those with a basic knowledge of grammar, sentence structure, and vocabulary. Ages 18+
Fee: $118 P
• Fara Mabrey/LSU Tureaud Hall
• Mon, Wed, 6:00 p.m.–8:00 p.m./Feb 26–Mar 21

Spanish: Beginning
Knowing Spanish opens doors to new conversations, cultural enrichment, and professional opportunities. If you have little or no experience with the Spanish language, gain a basic understanding of grammar and vocabulary. Ages 16+
Fee: $118 P
• Emma Caldwell/LSU Tureaud Hall
• Thu, 6:00 p.m.–8:00 p.m./Jan 11–Feb 22

CREATE
Arts

Acrylic Painting: Intermediate
Delve further into acrylic painting and learn about the traditional glazing methods of classical realism. Local artist Larry Downs guides you through the use of direct application techniques used in representational and abstract painting. Also, discover how to create textured surfaces used in landscape paintings. Ages 15+
Note: Classroom is on second floor, accessible only by stairs. Supply list provided.
Fee: $112
• Larry Downs/LSU Foster Hall
• Sun, 2:00 p.m.–4:30 p.m./Jan 21–Feb 25

Drawing: Beginning
Unlock your creative mind and express yourself artistically! Learn the fundamental skills of drawing lines, shapes, textures, values, and composition using graphite and charcoal. Local artist Larry Downs teaches you to create the illusion of three dimensions. Rediscover the world and yourself from the perspective of an artist! Ages 15+
Note: Supply list provided.
Fee: $112 P
• Purchase your own supplies: $50
• Larry Downs/TBA
• Thu, 6:00 p.m.–8:00 p.m./Jan 25–Mar 1

Stained Glass
Bring the beauty of stained glass into your home for a colorful and luminous effect! Local artist and stained glass shop owner Kristy Keller guides you from start to finish in creating a pattern, cutting the glass, leading, soldering, puttying, cleaning, and displaying your one-of-a-kind work of art for all of your friends to admire. Copper foil techniques are also discussed and demonstrated. Ages 18+
Note: Some designs require additional time spent outside of class. Supply list provided.
Fee: $120 P
• Purchase your own supplies: $85
• Kristy Keller/Leisure Arts Studio, 144 LSU Student Union
• Thu, 6:30 p.m.–8:30 p.m./Jan 25–Mar 1

CHECK OUT OUR ONLINE COURSE CALENDAR!
outreach.lsu.edu/leisure/calendar_winter2017

Acrylic Painting course

We’re restructuring and expanding our photography program to appeal to a wider range of expertise and interests. The winter and spring schedule of courses will be announced online and on social media. Stay tuned!
Ceramics: Wheel Throwing

Wheel Throwing
Get really muddy and sling some clay in this basic wheel throwing class. Learn to make functional pieces such as vases, cups, and bowls. Make your own unique tableware or handcrafted gifts, guaranteed to impress your friends! Fee includes 12 pounds of clay, glazes, cost of firings, and studio use for extra practice time. Ages 13+

Note: Bring basic pottery tool kit to course (approximate cost $20)

Fee: $189

Choose a section:
- Mon, 6:00 p.m.–8:30 p.m./Jan 8–Feb 26
- No class on Jan 15 and Feb 12
- Tue, 6:00 p.m.–8:30 p.m./Jan 9–Feb 20
- No class on Feb 13

Date Night
Clay Date Night: Pottery Wheel
Looking for a unique date night activity that is sure to impress? Clay Date Night is an experience that can bring people closer through shared creativity (and a little mess!). Instructors guide you through methods of centering and shaping clay on the potter’s wheel. Learn the secrets of throwing on the wheel in a fun and relaxed environment. Registration includes two seats in the class, two hours of instruction, 6 pounds of clay, and use of studio tools during the session. Each pair shares one pottery wheel. Register under one name to hold both seats. Wear clothes that you don’t mind getting dirty. The Leisure Studio can even clear glaze your pots for an additional $5 per pot (firing fees are collected in class and payment must be made in cash). Please allow two weeks for drying and firing. Ages 16+

Fee: $55

Note: Bring one empty facial tissue box (cube style) to class.

Choose a section:
- Thu, 6:00 p.m.–8:00 p.m./Jan 11
- Thu, 6:00 p.m.–8:00 p.m./Jan 25
- Thu, 6:00 p.m.–8:00 p.m./Feb 8
- Thu, 6:00 p.m.–8:00 p.m./Feb 22

Date Night:
Purple & Gold Soap
Bring a friend and make a batch of purple and gold soap together. Each of you mix one color, then swirl them together to make four large bars of soap, using an empty tissue box as a mold. One registration fee includes two seats in the class, so register under one name. Ages 18+

Note: Bring one empty facial tissue box (cube style) to class.

Fee: $50

Choose a section:
- Dona Hincks/Leisure Arts Studio, 144 LSU Student Union
- Mon, 6:00 p.m.–8:00 p.m./Feb 5

Date Night:
Itajime Bandanas
Looking for a new date night idea? This course is for you! Each person hand dyes one large cotton bandana using the Japanese technique of Itajime Shibori and fiber reactive dye. After folding, clamping and dyeing your bandana, you’ll have a truly unique creation. The dye color used for this class is a deep purple. Fee includes two seats in the class. You only need to register under one name to hold both seats. Ages 16+

Fee: $55

Choose a section:
- Jodie Masterman/Leisure Arts Studio, 144 LSU Student Union
- Thu, 6:00 p.m.–8:00 p.m./Jan 18

Décor
Deco Mesh Wreaths: Mardi Gras
Throw me somethin’ Mister! Bring any size wire wreath form and deco mesh ribbon in your choice of colors, plus select feathers, picks and ornaments and let local decorator Rick Hamilton show you how to pull it all together. Large wreath form takes two rolls of 21” wide deco mesh. Smaller wreath form takes one 21” wide roll and one or more 4”-6” wide rolls. Purchase your own supplies: Approximately $40. Ages 12+

Fee: $23

Choose a section:
- Rick Hamilton/Leisure Arts Studio, 144 LSU Student Union
- Tue, 6:30 p.m.–8:30 p.m./Jan 9
- Tue, 6:30 p.m.–8:30 p.m./Jan 16

CHECK OUT OUR ONLINE COURSE CALENDAR!
outreach.lsu.edu/leisure/calendar_winter2017
Deco Mesh Wreaths: Spring/Easter
Welcome the spring and the Easter Bunny with a one-of-a-kind wreath, made in this fun, one-night course. Bring any size wire wreath form and one (or more) rolls of 21” deco mesh ribbon in your choice of colors, plus flowers, bunnies and chicks, items from nature or anything you would like on your wreath. Local decorator Rick Hamilton will show you how to make a beautiful creation. Large wreath form takes two rolls of 21” decos. Smaller wreath form takes one 21” wide roll and one or more 4”-6” wide rolls.

**Ages 12+**

**Fee:** $23 P
- Purchase your own supplies: Approximately $40
- Rick Hamilton/Leisure Arts Studio, 144 LSU Student Union
- Tue, 6:30 p.m.–8:30 p.m./Feb 6

**Card Making: Marbleized Cards**
Marbleizing paper is an ancient art involving floating paint on the surface of another liquid. While the paint is floating it can be manipulated with combs or tools to create very unique patterns. Let bookbinder and paper maker Veronica Hallock show you how to marbleize beautiful greeting cards. Whether you use them as miniature works of art or send them to friends is up to you! A variety of paper and cards are provided to make a set of 6 marbleized cards. **Ages 12+**

**Fee:** $45 P
- Veronica Hallock/Leisure Arts Studio, 144 LSU Student Union
- Thu, 6:00 p.m.–8:00 p.m./Jan 23

**Soap Making**

**Coconut Milk Soap**
Cleanse your skin without stripping away natural oils. Coconut Milk is used in this hot-processed all-vegetable formula to create a treat for the senses. **Ages 18+**

**Note:** Bring an immersion (stick) blender and a large (42 oz.) soap mold or two empty potato chip cans to class.

**Fee:** $45 & P
- Donna Hincks/Leisure Arts Studio, 144 LSU Student Union
- Mon, 6:00 p.m.–8:00 p.m./Feb 19

**Oatmeal Honey Soap**
A soothing bath staple made the hot-process way! The natural smell of this soap is amazing. The skin benefits are numerous. We use local raw honey to make this batch extra special. **Ages 18+**

**Note:** Bring an immersion (stick) blender and a large (42-oz) soap mold or two empty potato chip cans to class.

**Fee:** $45 & P
- Donna Hincks/Leisure Arts Studio, 144 LSU Student Union
- Mon, 6:00 p.m.–8:00 p.m./Feb 26

**Paper Craft**

**Bookbinding: Accordion Style**
Learn the fundamentals of bookbinding! Create a gorgeous handmade sketchbook or journal using the accordion-style binding technique in this one-day course. Make your own personalized books or wonderful gifts for others. Make one 8” x 9” journal with choice of colored paper covers. **Ages 18+**

**Fee:** $45 P
- Veronica Hallock/Leisure Arts Studio, 144 LSU Student Union
- Tue, 6:00 p.m.–8:00 p.m./Jan 30
Textiles

Crochet: Beginning
Get ready to learn the basics of crochet! This course is for the true beginner and focuses on how to hold the yarn and crochet hook, and how to chain stitch. Bring plain #5 weight, bulk size yarn, a metal hook size J or K, yarn darning needle, small ruler or tape measure, and a decorative button, brooch or pin. No homespun, variegated (multi-colored), black or extra-dark yarn colors. Ages 12+ Minors must be accompanied by a registered adult.

Fee: $79 P
• Purchase your own supplies: $15
• TBA/LSU Tureaud Hall
• Thu, 6:30 p.m.–8:00 p.m./Jan 11–Feb 1

Crochet: Beginning Plus
Take your beginning skills to the next level. Learn single, half-double, double and treble stitches, and create a warm scarf. Techniques and skills focus on pattern reading, gauge and pattern repeats. Learn the shell, popcorn, puff and moss stitch. Stitch a granny square times two and make a simple market bag! Bring plain, #4 weight, regular size yarn and metal hook size H, yarn darning needle, scissors, and a small ruler or a measuring tape. No homespun, variegated (multicolor), black, or extra dark yarn colors. Ages 12+ Minors must be accompanied by a registered adult.

Fee: $79 P
• Purchase your own supplies: $15
• TBA/LSU Tureaud Hall
• Thu, 6:30 p.m.–8:00 p.m./Feb 8–Mar 1

Itajime Scarves
Learn to hand dye one silk and one cotton scarf using the Japanese technique of Itajime Shibori. Fold, block, clamp, and dye two scarves using various geometric shapes to create unique designs that will be to "dye" for! Dyes include an assortment of fall colors. Ages 16+

Fee: $70 P
• Jodie Masterman/Leisure Arts Studio, 144 LSU Student Union
• Tue, 6:00 p.m.–8:30 p.m./Feb 27

Knitting: Beginning
Knit one, purl two. Learn the basic stitches and techniques of this versatile craft in a relaxed atmosphere. Share ideas with other class members and find inspiration for your next creation. Bring one set of size 8 straight (not circular) needles and one skein worsted weight, solid light or medium color wool or wool-blend yarn. No homespun, variegated (multicolor), black, or extra-dark yarn colors. Ages 16+

Fee: $79 P
• Cindy Decker/Leisure Arts Studio
• Wed, 6:30 p.m.–8:00 p.m./Jan 10–Jan 31

Sewing: Aprons
Sew your own apron from cotton fabrics in this beginner-level course. Charlotte Gibeson shows you how to design and construct a comfortable, adjustable chef’s apron that will be the envy of your friends. No sewing experience required. Bring a portable sewing machine in good working order, 6–10 bobbins of thread that fit your machine, 2–3 new standard or heavy duty machine needles, straight pins, seam ripper, tape measure, and fabric scissors. Fabric is provided.

Fee: $59 P
• Charlotte Gibeson/Leisure Arts Studio, 144 LSU Student Union
• Wed, 6:00 p.m.–9:00 p.m./Feb 21–28

Woodworking

Woodworking: Beginning
Starting at square one? Get ready to learn fundamental hand tool skills with a full-time furniture maker. Learn the use of hand tools and the basics of power tools, including the table saw and band saw. Construct a simple project and be well on your way to building more complex pieces. Ages 16+

Note: Location is approximately a one-hour drive from Baton Rouge. Map is provided.

Fee: $123 P
• Terry Landry/Landry's Furniture, Clinton
• Sun, 2:00 p.m.–5:00 p.m./Jan 7–28

Woodworking: Intermediate
Ready to take your woodworking skills to the next level? Terry Landry, full-time furniture maker and owner of Landry’s Furniture Workshop, expands on the topics covered in the beginning course and concentrates on the use of power tools including the router, the table saw, the jointer, and the band saw. Ages 16+

Beer Making
Using Hand Tools
Using all types of measuring tools, saws, chisels, bench planes, molding planes, rabbot planes, plow planes, and more, assist the instructor in building a small cupboard. Watch demonstrations and get hands-on practice cutting dovetail and mortise-and-tenon joints, making a frame-and-panel door, making molding, and forming rabbit, dadoes, and grooves. Everyone takes part in building the cupboard. Improve your measuring and hand tool skills and learn how things were done before power tools! Ages 16+
Note: Location is approximately a one-hour drive from Baton Rouge. Map is provided.
Fee: $97
• Terry Landry/Landry’s Furniture, Clinton
• Sun, 2:00 p.m.—5:00 p.m./Mar 11–25

Woodworking: Using Hand Tools
Perfect espresso shot using a La Marzocco espresso machine. Learn about milk steaming and latte art. Sample different coffee blends and learn to identify the different flavors using a tasting wheel. Learn about the third wave of coffee and where you can enjoy artisanal coffee in the Baton Rouge area. Fee includes two seats in the class. You only need to register under one name to hold both seats.
Fee: $55
• Melissa Dixon/Leisure Arts Studio, 144 LSU Student Union
Choose a section:
• Fri, 6:00 p.m.—8:00 p.m./Jan 26
• Fri, 6:00 p.m.—8:00 p.m./Feb 23

Cooking Courses
Join local culinary instructor Lili Courtney at Red Stick Spice Co. for a fun and delicious experience! Relax and learn while you watch Lili demonstrate techniques, share professional tips, and stir up delectable dishes. Sample the dishes and take home recipes to try on your own. Ages 18+
Note: Listed fee is for a single section.
Fee: $50
• Lili Courtney/Red Stick Spice Co, 660 Jefferson Hwy
Choose a section:
Comfort Food: Double Crusted Chicken Pot Pie, Mushroom and Burrata Lasagnette, Brown Butter and Toffee Chocolate Chip Cookies
• Mon, 6:00 p.m.—8:00 p.m./Jan 22
Valentine Desserts: Vanilla Pot de Crème, Classic Jammie Cookies, Lemon Mayer Raspberry Tarts
• Sat, 11:00 a.m.—1:00 p.m./Feb 10

ESCAPE

Outdoors

Backpacking 101
Join an experienced hiker and former president of the Louisiana Hiking Club for this fun, informational, and interactive course. Discuss the “Leave No Trace” philosophy, get an extensive overview of backpacking equipment, and learn about land navigation and outdoor meal preparation. Test your skills on a Saturday hike in Clark Creek, MS and a backpacking weekend at Louisiana’s Kisatchie National Forest. Ages 12+ Minors must be accompanied by registered adult.
Fee: $196
• Katherine Gividen/LSU Tureaud Hall
• Wed, 7:00 p.m.—9:00 p.m./Jan 24–Feb 28
• Feb 10, Day Hike, Clark Creek Natural Area, MS
• Mar 10–11, Overnight Trip, Kisatchie National Forest, Louisiana

Birding Basics
Learn the basics of identifying the different types of birds that you might encounter here in Louisiana. Understand how to use binoculars and field guides, and discover simple tips for bird identification. Field trips are highly recommended to put theory into practice, and will be scheduled at a time to be determined. Ages 9+ Minors must be accompanied by registered adult.
Fee: $70
• Jane Patterson/TBA
• Mon, 6:00 p.m.—8:00 p.m./Feb 19–Mar 12

Dwell

Food

Beer Making
Ever wanted to brew your own beer? Join the crew at LA Homebrew for this two-day course and discover how easy and affordable home brewing can be. The first night, participate in a step-by-step demonstration of the brewing process while tasting and learning about a variety of different beer styles. The course concludes after two weeks with a bottling session and a review of home brewing best practices. Decide with the class on which beer style to brew and take home four bottles. You’ll be ready to brew your own beer for spring and summer cookouts!
Ages 21+
Fee: $50
• Staff/LA Homebrew, 7987 Pecue Lane, Suite 7G
• Fri, 6:00 p.m.—9:00 p.m./Feb 9, 23

Date Night: Specialty Coffee Espresso Tasting
Calling all coffee lovers! Local barista Melissa Dixon will show you how to pull the perfect espresso shot using a La Marzocco espresso machine. Learn about milk steaming and latte art. Sample different coffee blends and learn to identify the different flavors using a tasting wheel. Learn about the third wave of coffee and where you can enjoy artisanal coffee in the Baton Rouge area.
Fee includes two seats in the class. You only need to register under one name to hold both seats.
Fee: $55
• Melissa Dixon/Leisure Arts Studio, 144 LSU Student Union
Choose a section:
• Fri, 6:00 p.m.—8:00 p.m./Jan 26
• Fri, 6:00 p.m.—8:00 p.m./Feb 23

Move

Dance

Cajun Dance: Beginning
Dance the night away, cher! Have fun learning the traditional Cajun waltz, two-step, and jitterbug, and listen as Roland Doucet shares his love and knowledge of Cajun culture. Mais, there’s no better way to get in touch with Louisiana culture than dancing and passing a good time! Ages 13+ Minors must be accompanied by registered adult.
Fee: $76 per person
• Roland Doucet/ BREC Park, 2546 Drusilla Lane
Choose a section:
• Tue, 7:00 p.m.—9:00 p.m./Jan 9–Feb 6
• Tue, 7:00 p.m.—9:00 p.m./Feb 20–Mar 20

Call: (225) 578-2500 /// Register Online: www.outreach.lsu.edu/leisure /// 7
GENERAL INFORMATION

WHO MAY ENROLL
Leisure courses are open to everyone age 18 years and older unless otherwise noted. Parents or guardians wishing to register students under 18 years of age should call us at (225) 578-2500.

COMMUNICATION
E-mail is our preferred method of communication. Please add leisure@outreach.lsu.edu to your address book today.

ADDITIONAL COSTS
If you will purchase your own supplies, a supply list will be provided prior to the start date of the course.

COURSE LOCATIONS
Most of our courses meet on the LSU campus. (See map of campus course locations below.) If your course is scheduled at another location, you’ll find directions on your course confirmation and at www.outreach.lsu.edu/leisure.

WAITING LIST
If a course is full, join the waiting list provided during the online registration process at www.outreach.lsu.edu/leisure, or call (225) 578-2500. If space becomes available, participants on the waiting list will be contacted.

TEACHING
Talented people in the community propose some of our best courses. Check out the “teach for us” section of our website—www.outreach.lsu.edu/leisure—and submit a proposal today!

EMERGENCIES, CANCELLATIONS
If LSU closes due to an emergency situation, all leisure courses are suspended until the campus reopens. We make every effort to reschedule course sessions that have been canceled due to inclement weather or other circumstances beyond our control. Please check www.lsu.edu for information regarding university closures.

REFUND/TRANSFER POLICY
Cancellations and transfer requests must be received in writing at by 12:00 p.m. (noon) 7 days prior to start of class and are subject to a 10% administrative charge. Any requests received after this deadline will not be considered. Written requests should be sent to: leisure@outreach.lsu.edu

Leisure & Arts makes every effort to ensure that information in this brochure is accurate at the time of publication. If changes are made, the Leisure & Arts office will notify registered participants by e-mail or telephone. The views presented in leisure courses are those of the individual instructors.